



# YOUR GUIDE TO CIGNA MEDICAL GROUP

Virtual Care | 21 Health Centers | 4 Urgent Cares



September 2020

# CARE COORDINATED AROUND YOU

**When you walk through our doors, you'll see our total approach to health. We'll look at all parts of your well-being: Physical, emotional, social and financial. It's health care for the whole you.**

Our doctors and care teams take the time to care for all of your health needs in one visit, rather than just diagnosing, prescribing and recommending treatment for a symptom.

Together, we'll get to know your whole health – and where you'd like to take it. Then, we'll coordinate and build a personalized care plan designed to help you get there.

## **One-stop health care services.**

With many services under one roof, you can visit your doctor, get lab draws and fill a prescription. Plus – digital imaging, vision and hearing services are available, if needed.

## **Virtual care**

Speak with a Cigna Medical Group doctor by video or phone from the comfort and safety of your home or on the go for your well care needs or if you're experiencing a health issue.

## **Keeping you safe.**

When you visit us, rest assured that we are committed to making our health care centers a safe place for care. To keep our patients and clinical care team safe, we have put several safety measures in place, including:



**Cigna Medical Group is one provider group available in Cigna's network. Visit <https://providersearch.hsconnectonline.com/OnlineDirectory> to search Cigna's network of providers.**

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# BE PART OF SOMETHING SPECIAL

Cigna Medical Group (CMG) is dedicated to delivering personalized, affordable, quality health care to our patients.

When you choose CMG as your medical home, we can help you prevent health risks and stay healthy by:

- › Providing clinical excellence, education and resources to help control chronic conditions
- › Reminding you of preventive care appointments and follow-up appointments to close gaps in care
- › Complimentary comprehensive medication reviews by a Clinical Pharmacist to reduce medication duplication, avoid drug interactions and consolidate utilization, when appropriate
- › Providing virtual care visits by video or phone while at home or on the go
- › Helping navigate the health care system by coordinating care between your doctors and specialists



## 21 Healthcare center locations

With **18** onsite pharmacies, **3** with SpotRx kiosks, labs services at all locations, advanced imaging and other diagnostic services



## 6 Multi-Specialty centers

From primary care offices to 90,000 sq. foot facilities with urgent care



## 4 Urgent care centers

Open 365 days a year




## One-stop care



One visit, keeping all our patients' health care needs coordinated in real time

**From preventive care to chronic care, pharmacy to specialty care, we put you at the center of care.**

### Primary care

- › Family Practice
- › Internal Medicine
- › Pediatrics
- › Pharmacy 
  - Clinical Pharmacy
  - Medication Review
  - Pharmacy Delivery
- › Lab
- › Virtual Care

### Specialty care

- › Vision Care (Ophthalmology, Optometry, Vision Centers) 
- › Hearing Care (Audiology)
- › Outpatient and General Surgery
- › Podiatry 
- › Behavioral Health

### Other services

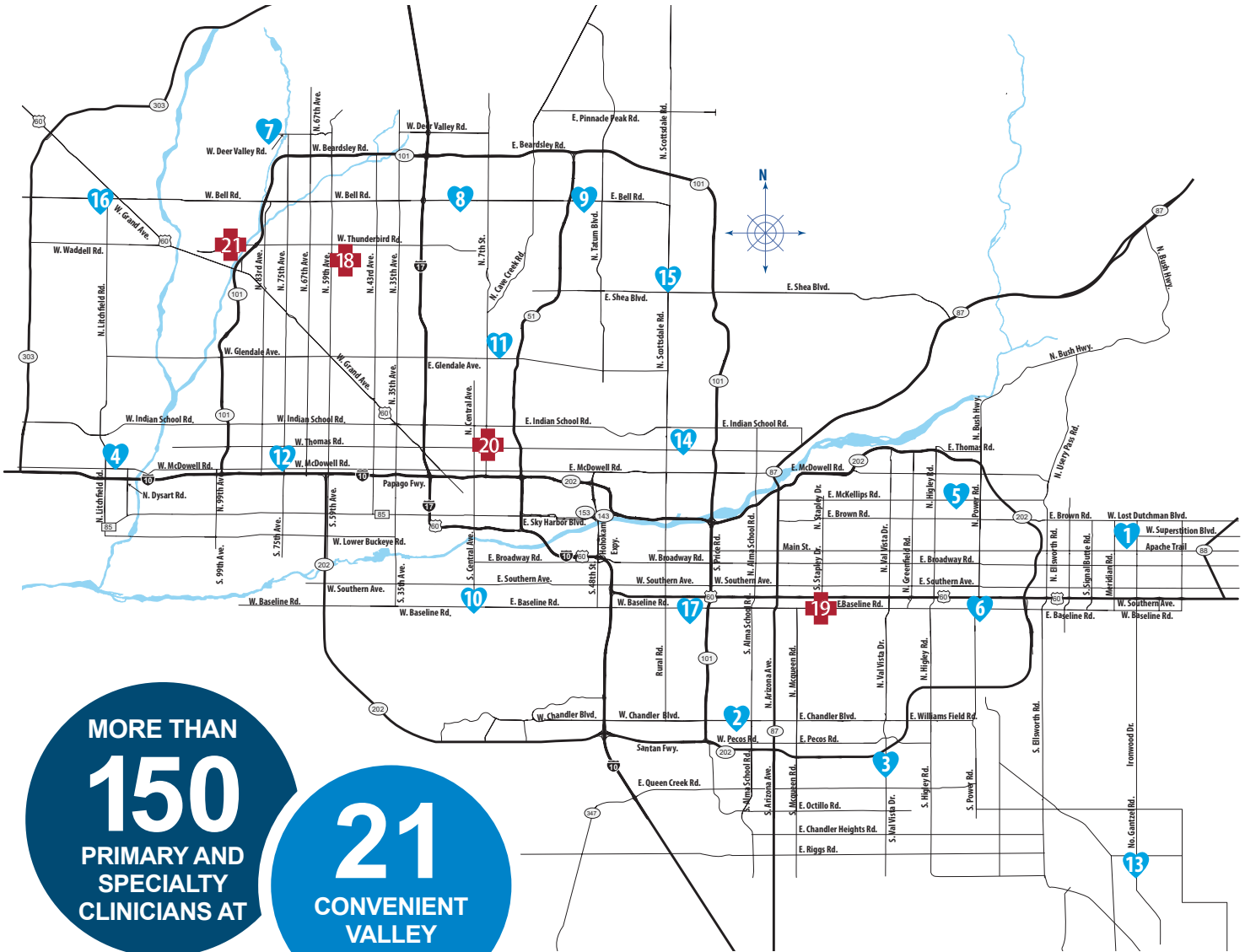
- › Urgent Care
- › Digital Imaging
- › Care Coordination
- › Anticoagulation Clinic
- › Flu Shots
- › COVID-19 Testing
- › MyChart® Patient Portal

# CONVENIENT LOCATIONS NEAR YOU



♥ 17 Health Care Centers

✚ 4 Urgent Care with Health Care Centers



MORE THAN  
**150**  
PRIMARY AND  
SPECIALTY  
CLINICIANS AT

**21**  
CONVENIENT  
VALLEY  
LOCATIONS



Cigna Medical Group is recognized by the National Committee for Quality Assurance (NCQA) as a **Patient-Centered Medical Home™**. The standards for this recognition emphasize the use of systematic, patient-centered, coordinated care that supports access, communication and patient involvement.

NCQA is a private, nonprofit organization dedicated to improving health care quality. NCQA accredits and certifies a wide range of health care organizations. It also recognizes clinicians and practices in key areas of performance. NCQA is committed to providing health care quality information for consumers, purchasers, health care providers and researchers. For more information, visit the NCQA website at [www.NCQA.org](http://www.NCQA.org).




# CONVENIENT LOCATIONS NEAR YOU


## Health Care Center

Make an appointment for routine, preventive or sick care. Take care of medical needs such as lab work and get your prescriptions filled. Imaging and specialty care are also available at select locations.


### Apache Junction

-  **Apache Junction**  
2870 W. Apache Trail  
Phone number to be assigned  
*SpotRx Kiosk available*

### Chandler

-  **Chandler**  
1717 W. Chandler Blvd.  
480.821.7565

### Gilbert

-  **San Tan**  
3530 S. Val Vista Dr., #101  
480.722.2340


### Goodyear

-  **Palm Valley**  
14445 W. McDowell Rd., #A104  
623.536.3720


### Mesa

-  **Red Mountain**  
5735 E. McKellips Rd., #101  
480.718.6444
-  **Superstition Springs<sup>2</sup>**  
6811 E. Superstition Springs Blvd.  
480.641.4000


### Peoria


-  **Arrowhead Ranch**  
21731 N. 77th Ave., #1300  
623.561.3300


### Phoenix

-  **North Valley**  
710 W. Bell Rd.  
602.588.3800


-  **Paradise Valley Multi-Specialty**  
3805 E. Bell Rd., #2100  
602.404.5200

-  **South Mountain**  
7236 S. Central Ave.  
602.276.5565



-  **The Pointe**  
7000 N. 16th St., #130  
602.567.1901  
*SpotRx Kiosk available*

-  **Westridge<sup>2</sup>**  
2302 N. 75th Ave.  
623.849.7500

### San Tan Valley

-  **Queen Creek**  
36305 N. Gantzel Rd., #102  
480.987.6900

### Scottsdale

-  **Scottsdale**  
7287 E. Earll Dr., Bldg. D  
480.840.0800
-  **Scottsdale Norte**  
10900 N. Scottsdale Rd., #606  
480.368.2500  
*SpotRx Kiosk coming Fall 2020*

### Surprise

-  **Sun City West**  
13991 W. Grand Ave., #105  
623.455.7800

### Tempe

-  **C.J. Harris Multi-Specialty<sup>2</sup>**  
1920 E. Baseline Rd.  
480.345.5000

## Multi-Specialty Center and Urgent Care

When the unexpected happens and you need urgent medical attention, but it's not a life-threatening emergency, you can get care quickly without an appointment at one of our Urgent Care locations. You can also make an appointment for routine or specialty care at these Multi-Specialty centers.

### Glendale

#### **18 Paseo Multi-Specialty Center and Urgent Care<sup>2</sup>**

5891 W. Eugie Ave.  
602.588.6600 – Health Care  
602.588.6725 – Urgent Care

#### **Urgent Care hours**

Weekdays, Saturday and Sunday:  
8:00 am – 8:00 pm  
Holidays: 8:00 am – 6:00 pm

### Mesa

#### **19 Stapley Multi-Specialty Center and Urgent Care<sup>2</sup>**

1840 S. Stapley Dr., #101  
480.464.8500 – Health Care  
480.464.6969 – Urgent Care

#### **Urgent Care hours**

Weekdays, Saturday and Sunday:  
8:00 am – 8:00 pm  
Holidays: 8:00 am – 6:00 pm  
*Urgent Care parking is behind the building*

### Phoenix

#### **20 Phoenix Central Multi-Specialty Center and Urgent Care<sup>2</sup>**

3003 N. 3rd St.  
602.282.9800 – Health Care  
602.282.9848 – Urgent Care

#### **Urgent Care hours**

M–F: 8:00 am – 8:00 pm  
Weekends and holidays:  
8:00 am – 6:00 pm  
*SpotRx Kiosk available*

### Peoria

#### **21 Sun City Multi-Specialty Center and Urgent Care<sup>2</sup>**

9069 W. Thunderbird Rd.  
623.977.7201 – Health Care  
623.876.2800 – Urgent Care

#### **Urgent Care hours**

M–F: 8:00 am – 6:00 pm  
Weekends and holidays:  
8:00 am – 6:00 pm  
*Urgent Care parking is located on the south side of the building*



# OPENING DECEMBER 2020

## APACHE JUNCTION HEALTH CARE CENTER

2870 W. Apache Trail • Apache Junction, AZ 85120

*On Apache Trail east of Meridian*



### Hours of operation

#### Office & Lab

480.821.7565

M-F 8:00 am-5:00 pm

#### Services

- › Family Practice
- › Lab
- › SpotRx Kiosk
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com)  
or schedule an appointment with our Chandler  
Health Care Center today.



**WE ARE PART OF EVERY CIGNA NETWORK<sup>3</sup>**





# CHANDLER HEALTH CARE CENTER

1717 W. Chandler Blvd. • Chandler, AZ 85224

*On the south side of Chandler Blvd., between S. Dobson Rd. and Alma School Rd.*



## Hours of operation

### Main Office

480.821.7565

M-F 8:00 am–5:00 pm

### Pharmacy

480.821.7646

M-F 8:00 am–5:30 pm

### Vision Center

480.821.7654

M-F 8:00 am–5:00 pm

## Services

- › Family Practice
- › Internal Medicine
- › Lab
- › Optometry
- › Pediatrics
- › Pharmacy
- › Pharmacy Delivery
- › Vision Center
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com) or schedule an appointment with our Chandler Health Care Center today.

**WE ARE PART OF EVERY CIGNA NETWORK<sup>3</sup>**

**FAMILY PRACTICE**



**Erlinda Rodriguez, MD**  
Provider ID: 1021872M  
Practicing since 1991  
Additional language: Spanish

**FAMILY PRACTICE**



**Sridivya Ramineni, MD**  
Provider ID: 1213572M  
Practicing since 2012

**PEDIATRICS**



**Deanna Haller, DO**  
Provider ID: 1386624302  
Practicing since 1995



**Joselyn Funches, MD**  
Provider ID: 1134172M  
Practicing since 2011

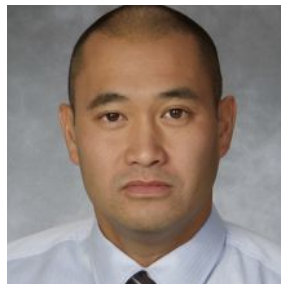


**Amy Swanholm, NP**  
Practicing since 2015

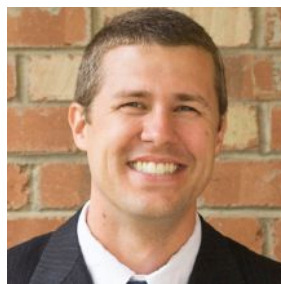


**David Kipp, MD**  
Provider ID: 152804828  
Practicing since 1983

**CLINICAL PHARMACY**



**Richard Suan, MD**  
Provider ID: 1210972M  
Practicing since 2005



**Darren Clonts, PharmD**  
Practicing since 2009

**OPTOMETRY**



**Shane Theobald, OD**



# SAN TAN HEALTH CARE CENTER

3530 S. Val Vista Dr., Ste 101 • Gilbert, AZ 85297

*Located on the southwest corner of S. Val Vista Dr. and the San Tan Fwy.*



## Hours of operation

### Main Office

480.722.2340

M-F 8:00 am-5:00 pm

### Pharmacy

480.722.2345

M-F 8:00 am-5:00 pm

## Services

- › Family Practice
- › Lab
- › Pharmacy
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com) or schedule an appointment with our San Tan Health Care Center today.



FAMILY PRACTICE



**M. Angeli Del Mundo, MD**  
Provider ID: 1199778M  
Practicing since 1996  
Additional language: Tagalog

CLINICAL PHARMACY



**Darren Clonts, PharmD**  
Practicing since 2009



**Mitchell Gadow, MD**  
Provider ID: 1199678M  
Practicing since 2008



# PALM VALLEY HEALTH CARE CENTER

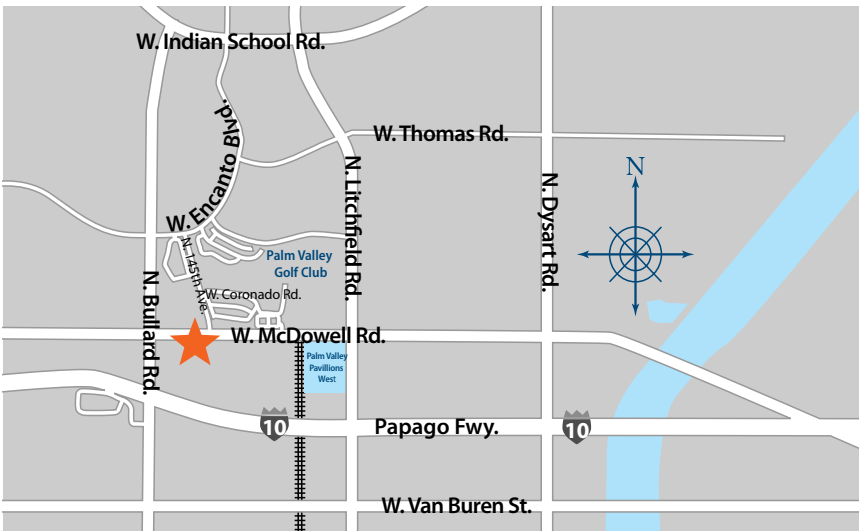
14445 W. McDowell Rd., Ste. A-104 • Goodyear, AZ 85395

*Located on the southeast corner of N. 145th Ave. and W. McDowell Rd.*

## RELOCATING ON NOVEMBER 1 TO:

13481 W. McDowell Rd. • Buckeye, AZ 85395

*Located on the southeast corner of N. 145th Ave. and W. McDowell Rd.*



### Hours of operation

#### Main Office

623.536.3720

M-F 8:00 am–5:00 pm

#### Lab

M-F 8:00 am–3:00 pm

#### Pharmacy

623.536.3730

M-F 8:00 am–5:00 pm

### Services

- › Family Practice
- › Lab
- › Pharmacy
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com) or schedule an appointment with our Palm Valley Health Care Center today.



FAMILY PRACTICE



**Reginald Baldonado, MD**

Provider ID: 1857562M

Practicing since 2009

Additional languages:

Spanish, Tagalog

CLINICAL PHARMACY



**Zachary Lanchaster, PharmD**



**Giuseppe Byron Torres, MD**

Provider ID: 1210462M

Practicing since 2011

Additional language: Filipino



# RED MOUNTAIN HEALTH CARE CENTER

5735 E. McKellips Rd., #101 • Mesa, AZ 85215

*Located between N. Higley Rd. and N. Recker Rd.*



## Hours of operation

### Main Office

480.718.6444

M-F 8:00 am-5:00 pm

### Pharmacy

480.718.6454

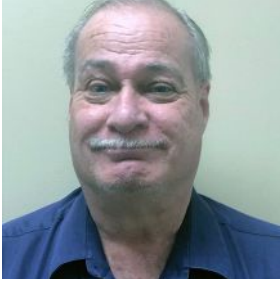
M-F 8:00 am-5:00 pm

## Services

- › Internal Medicine
- › Lab
- › Pharmacy
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com) or schedule an appointment with our Red Mountain Health Care Center today.

INTERNAL MEDICINE



**Emil Slovak, MD**  
Provider ID: 14555754M  
Practicing since 1986

CLINICAL PHARMACY



**Tracy Lin, PharmD**  
Practicing since 2009



**Charles Stauffer, MD**  
Provider ID: 1243870M  
Practicing since 2013  
Additional languages:  
Spanish, Portuguese.



# SUPERSTITION SPRINGS HEALTH CARE CENTER

6811 E. Superstition Springs Blvd. • Mesa, AZ 85209

*Located on the southeast corner of E. Superstition Springs Blvd. and S. Power Rd.*



## Hours of operation

### Main Office

480.641.4000

M-F 8:00 am-5:00 pm

### Lab

M-F 8:00 am-4:30 pm

### Pharmacy

480.641.4050

M-F 8:00 am-5:00 pm

Saturdays 7:00 am-11:00 am

## Services

- › Anticoagulation Clinic
- › Digital Imaging
- › Family Practice
- › General Surgery
- › Internal Medicine
- › Lab
- › 3D Mammography
- › Pharmacy
- › Pharmacy Delivery
- › Ultrasound
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](http://CignaMedicalGroup.com) or schedule an appointment with our Superstition Springs Health Care Center today.

FAMILY PRACTICE



**Mohammad Ali Khezrian, MD**  
Provider ID: 1331070M  
Practicing since 2003

INTERNAL MEDICINE



**Pooja Bhardwaja, MD**  
Provider ID: 1246870M  
Practicing since 2002  
Additional languages:  
Hindi, Punjabi, Urdu

CLINICAL PHARMACY



**Tracy Lin, PharmD**  
Practicing since 2009



**Laura Skrocki, DO**  
Provider ID: 1427970M  
Practicing since 2008



**Sujit Magiyawala, MD**  
Provider ID: 1199370M  
Practicing since 2004

GENERAL SURGERY



**Victoria A. Lee, MD**  
Provider ID: 1679540074  
Practicing since 1982



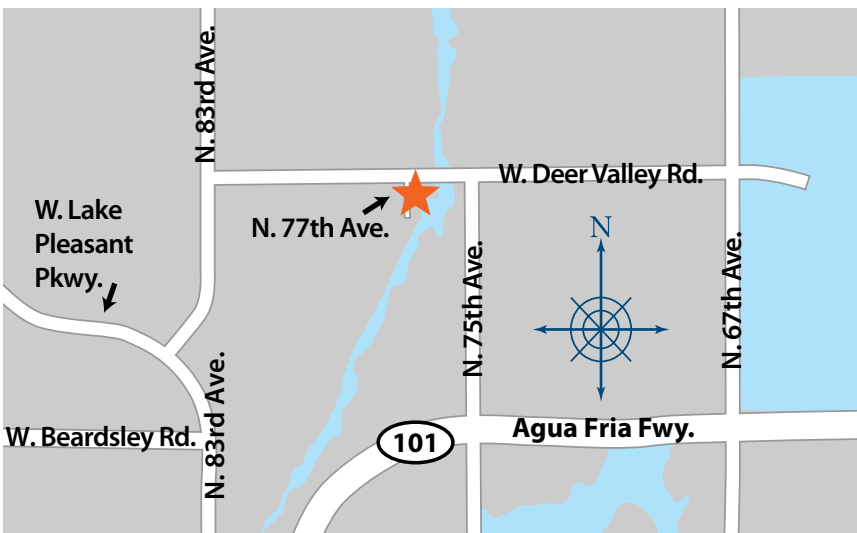
**Laura Edwards, MSN,  
RN, FNP-C**  
Practicing since 2013



# 7 ARROWHEAD RANCH HEALTH CARE CENTER

21731 N. 77th Ave. #1300 • Peoria, AZ 85382

*Located on the corner of N. 77th Ave. and W. Deer Valley Rd.*



## Hours of operation

### Main Office

623.561.3300

M-F 8:00 am-5:00 pm

### Pharmacy

623.561.3310

M-F 8:00 am-5:00 pm

## Services

- › Family Practice
- › Lab
- › Pharmacy
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com)  
or schedule an appointment with our  
Arrowhead Ranch Health Care Center today.



FAMILY PRACTICE



**Eric Limkemann, DO**  
Provider ID: 1133635M  
Practicing since 2007

CLINICAL PHARMACY



**Brandon Ladd, PharmD**  
Practicing since 2016



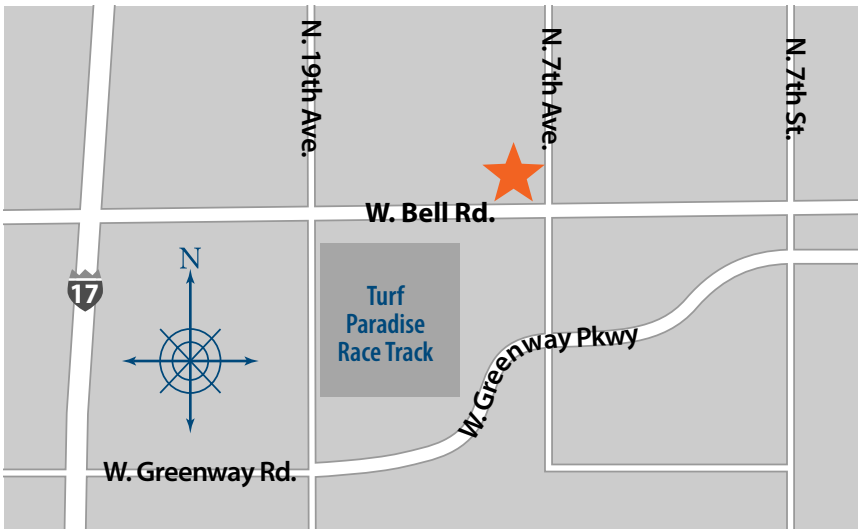
**Tina Duddy, PA**  
Practicing since 2015



# NORTH VALLEY HEALTH CARE CENTER

710 W. Bell Rd. • Phoenix, AZ 85023

*Located on the north side of W. Bell Rd., west of N. 7th Ave.*



## Hours of operation

### Main Office

602.588.3800

M-F 7:30 am-5:00 pm

### Pharmacy

602.588.3710

M-F 7:30 am-5:00 pm

## Services

- › Family Practice
- › Internal Medicine
- › Lab
- › Pharmacy
- › Pharmacy Delivery
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com) or schedule an appointment with our North Valley Health Care Center today.

FAMILY PRACTICE



**Kalpana Jones, MD**  
Provider ID: 1499871M  
Practicing since 2008

INTERNAL MEDICINE



**Manisha Nerkar, MD**  
Provider ID: 1499771M  
Practicing since 2011

CLINICAL PHARMACY



**Brandon Ladd, PharmD**  
Practicing since 2016



**Heather Casey, FNP**  
Practicing since 2017



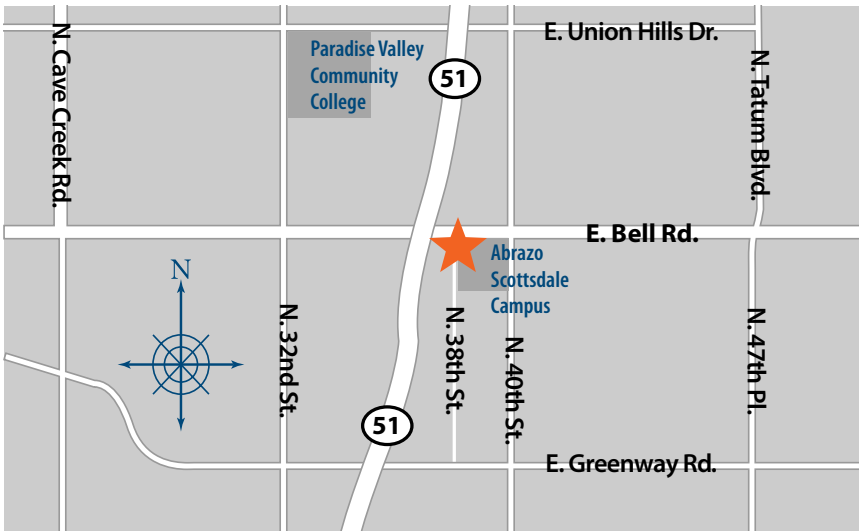
**Caren Pfeiffer, NP**  
Practicing since 2013



# PARADISE VALLEY MULTI-SPECIALTY CENTER

3805 E. Bell Rd., Suite #2100 • Phoenix, AZ 85032

*Located across the street from Paradise Valley High School.*



## Hours of operation

### Main Office

602.404.5200

M-F 8:00 am-5:00 pm

### Pharmacy

602.404.5220

M-F 8:00 am-5:00 pm

### Optometry

602.404.5250

M-F 7:30 am-4:00 pm

### Audiology

602.404.5250

M-F 7:30 am-4:00 pm

### Vision Center

602.404.5250

M-F 8:00 am-4:30 pm

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com) or schedule an appointment with our Paradise Valley Multi-Specialty Center today.

## Services

- › Audiology (Hearing)
- › Family Practice
- › General Surgery
- › Lab
- › Optometry
- › Pediatrics
- › Pharmacy
- › Vision Center
- › Virtual Care

FAMILY PRACTICE



**Laura Adler, MD**  
Provider ID: 1176860M  
Practicing since 1986

FAMILY PRACTICE



**Daron Ruckman, FNP-C**  
Practicing since 2018

PEDIATRICS



**Ayesha Najib, MD**  
Practicing since 1984  
Additional languages:  
Punjabi, Urdu



**Richard Dobrusin, DO**  
Provider ID: 3905860M  
Practicing since 1986



**Anupama Doppalapudi, MD**  
Provider ID: 1680460M  
Practicing since 2011  
Additional languages:  
Hindi, Konkani, Telugu,  
Marathi

AUDIOLOGY



**Linda McCoy, AuD,  
CCC-A, FAAA**  
Practicing since 1987

CLINICAL PHARMACY



**Pamela Griffin, PharmD**

OPTOMETRY



**Kendra Eck, OD**





# SOUTH MOUNTAIN HEALTH CARE CENTER

7236 S. Central Ave. • Phoenix, AZ 85042

*Located north of Baseline Rd., on the west side of S. Central Ave.*



Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com) or schedule an appointment with our South Mountain Health Care Center today.

## Hours of operation

### Main Office

602.276.5565

M-F 8:00 am–5:00 pm

### Pharmacy

602.243.7266

M-F 8:00 am–5:00 pm

## Services

- › Family Practice
- › Internal Medicine
- › Lab
- › Pediatrics
- › Pharmacy
- › Virtual Care



**WE ARE PART OF EVERY CIGNA® NETWORK<sup>3</sup>**

**FAMILY PRACTICE**



**Douglas S. Ray, MD**  
Provider ID: 1047456M  
Practicing since 1990

**INTERNAL MEDICINE**



**Susan M. Hallman, MD**  
Provider ID: 1051456M  
Practicing since 1993

**PEDIATRICS**



**Mark Morales, MD**  
Practicing since 1984  
Additional language: Spanish



**Spencer Ruben, DO**  
Provider ID: 1457156M  
Practicing since 2017  
Addition language: Spanish

**CLINICAL PHARMACY**



**Yasmine Knight, PharmD**



**Akosua Mensah, FNP**  
Practicing since 2018



# THE POINTE HEALTH CARE CENTER

7000 N. 16th St. #130 • Phoenix, AZ 85020

*Located on the northwest corner of N. 16th St. and E. Glendale Ave.*



## Hours of operation

### Main Office

602.567.1901

M-F 8:00 am-5:00 pm

### Services

- › Family Practice
- › Lab
- › SpotRx Kiosk
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com)  
or schedule an appointment with our The Pointe  
Health Care Center today.

**WE ARE PART OF EVERY CIGNA® NETWORK<sup>3</sup>**

**FAMILY PRACTICE**



**Chad Hays, MD**  
Provider ID: 1518655M  
Practicing since 2007

**CLINICAL PHARMACY**



**Marcia Wroblewski, PharmD**



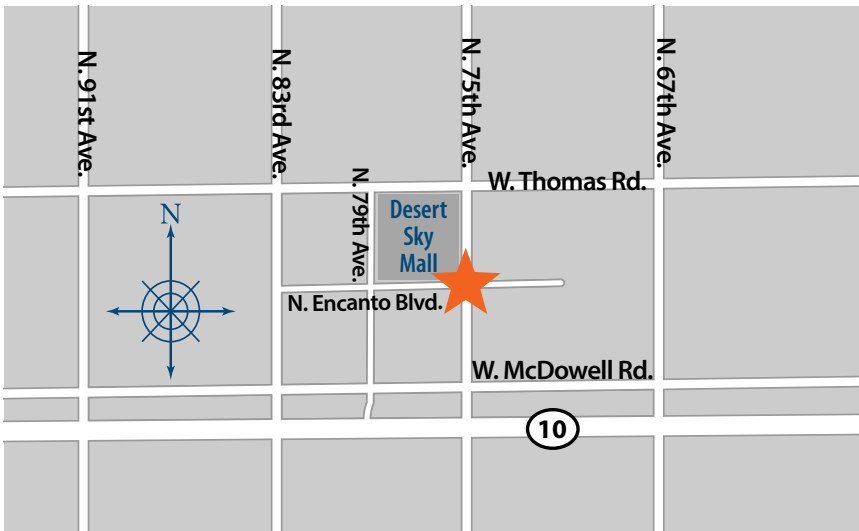
**Erin Cody, FNP**  
Practicing since 2017



# WESTRIDGE HEALTH CARE CENTER

2302 N. 75th Ave. • Phoenix, AZ 85035

Located north of I-10 and south of W. Thomas Rd., on the west side of N. 75th Ave.



## Hours of operation

### Main Office

623.849.7500  
M-F 7:00 am-5:00 pm

### Pediatric, Radiology, Lab

8:00 am-5:00 pm

### Pharmacy

623.849.7552  
M-F 8:00 am-5:30 pm

### Optometry

623.849.7520  
8:00 am-5:00 pm

### Vision Center

623.849.7521  
8:00 am-5:00 pm

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com) or schedule an appointment with our Westridge Health Care Center today.

## Services

- › Behavioral Health
- › Digital Imaging
- › Family Practice
- › Internal Medicine
- › Lab
- › Optometry
- › Pediatrics
- › Pharmacy
- › Pharmacy Delivery
- › Vision Center
- › Virtual Care



**FAMILY PRACTICE**



**Stanley Bennett, MD**  
Provider ID: 1175966M  
Practicing since 1986



**Eduardo Morales, MD**  
Provider ID: 1129566M  
Practicing since 2013  
Additional language: Spanish



**Ying Li, NP**  
Practicing since 2015  
Additional language:  
Chinese

**FAMILY PRACTICE**



**Patrick Tafoya, MD**  
Provider ID: 1513566M  
Practicing since 2011  
Additional language: Spanish

**INTERNAL MEDICINE**



**Holger Kranich, MD**  
Provider ID: 1203266M  
Practicing since 2000  
Additional language: German

**CLINICAL PHARMACY**



**Zachary Lancaster, PharmD**

**OPTOMETRY**

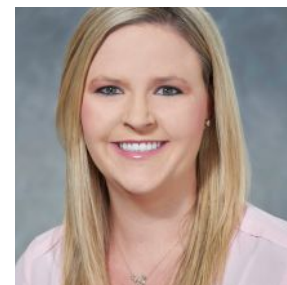


**Susie Gill, OD**  
Practicing since 2007

**PEDIATRICS**



**Mary Tocyap-Aquino, MD**  
Provider ID: 1336347400  
Practicing since 2007  
Additional languages:  
Spanish, Tagalog



**Joelle Wysoski, NP**  
Practicing since 2015

**BEHAVIORAL HEALTH**



**Melynda Bosch, LCSW**





# QUEEN CREEK HEALTH CARE CENTER

36305 N. Gantzel Rd. #102 • San Tan Valley, AZ 85140

*Located 1/2 mile south of the hospital on N. Gantzel Rd.*



## Hours of operation

### Main Office

480.987.6900

M-F 8:00 am-5:00 pm

### Pharmacy

480.987.6910

M-F 8:00 am-5:00 pm

## Services

- › Family Practice
- › Lab
- › Pharmacy
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com)  
or schedule an appointment with our Queen Creek  
Health Care Center today.

FAMILY PRACTICE



**James Anderson, MD**  
Provider ID: 1204536M  
Practicing since 1990

CLINICAL PHARMACY



**Tracy Lin, PharmD**  
Practicing since 2009



**Carol Bradford, FNP-C**



# SCOTTSDALE HEALTH CARE CENTER

7287 East Earll Dr. Bldg. D • Scottsdale, AZ 85251

Located on the southwest corner of E. Earll Dr. and N. 73rd St.



## Hours of operation

### Main Office

480.840.0800  
M-F 8:00 am-5:00 pm

### Pharmacy

480.840.0840  
M-F 8:00 am-5:30 pm

## Services

- › Family Practice
- › Internal Medicine
- › Lab
- › Pharmacy
- › Pharmacy Delivery
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.cignamedicalgroup.com) or schedule an appointment with our Scottsdale Health Care Center today.

**FAMILY PRACTICE**



**Ronaldo Luanzon, MD**  
Provider ID: 1292258M  
Practicing since 2008  
Additional languages:  
Spanish, Filipino

**INTERNAL MEDICINE**



**Paul R. Ingraham, MD, FACP**  
Provider ID: 1073958M  
Practicing since 1988

**CLINICAL PHARMACY**



**Pamela Griffin, PharmD**



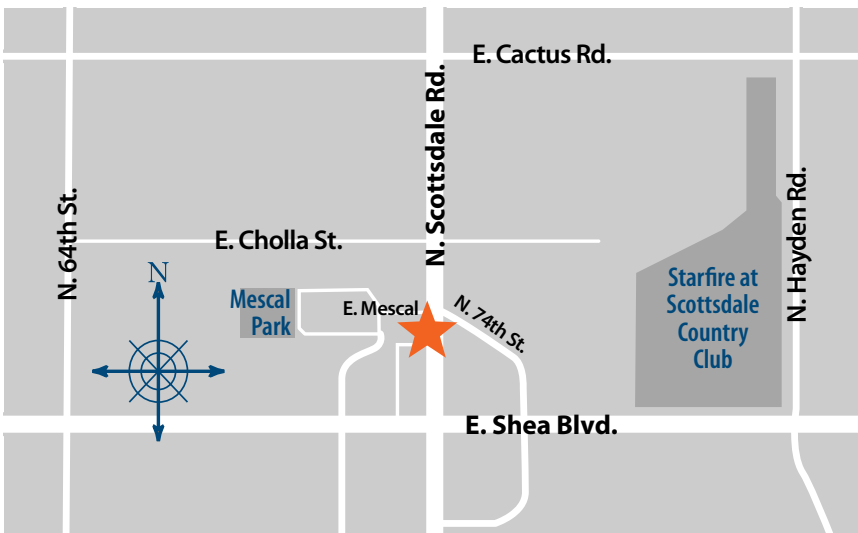
**Donna Callicutt, NP**  
Practicing since 2014



# SCOTTSDALE NORTE HEALTH CARE CENTER

10900 N. Scottsdale Rd. #606 • Scottsdale, AZ 85254

Located at the intersection of E. Mescal and N. Scottsdale Rd.



## Hours of operation

### Main Office

480.368.2500

M-F 8:00 am-5:00 pm

## Services

- › Family Practice
- › Internal Medicine
- › Lab
- › SpotRx Kiosk  
*coming Fall 2020*
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.cigna.com)  
or schedule an appointment with our Scottsdale Norte  
Health Care Center today.



**FAMILY PRACTICE**



**Carly Pravong, FNP-C**  
Practicing since 2018

**INTERNAL MEDICINE**



**Bernadette Arnecke, MD**  
Provider ID: 1213157M  
Practicing since 1985

**CLINICAL PHARMACY**



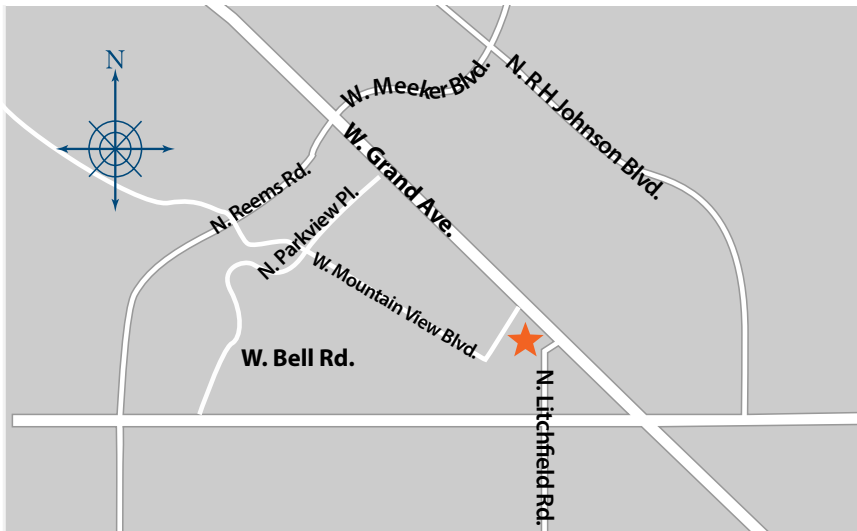
**Pamela Griffin, PharmD**



# SUN CITY WEST HEALTH CARE CENTER

13991 W. Grand Ave. #105 • Surprise, AZ 85374

*Located on the southwest corner of W. Mountain View Blvd. and W. Grand Ave.*



## Hours of operation

### Main Office

623.455.7800  
M-F 7:00 am-4:00 pm

### Lab

M-F 7:00 am-3:00 pm

### Pharmacy

623.455.7815  
M-F 7:00 am-4:00 pm

## Services

- › Family Practice
- › Internal Medicine
- › Lab
- › Pharmacy
- › Pharmacy Delivery
- › Virtual Care

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com) or schedule an appointment with our Sun City West Health Care Center today.

FAMILY PRACTICE



**Enrique Ona, MD**  
Provider ID: 1689474M  
Practicing since 2009

INTERNAL MEDICINE



**Martine Le Bourhis-Hannallah, MD**  
Provider ID: 1212774M  
Practicing since 1984  
Additional language: French

CLINICAL PHARMACY



**Kari Ehm, PharmD**



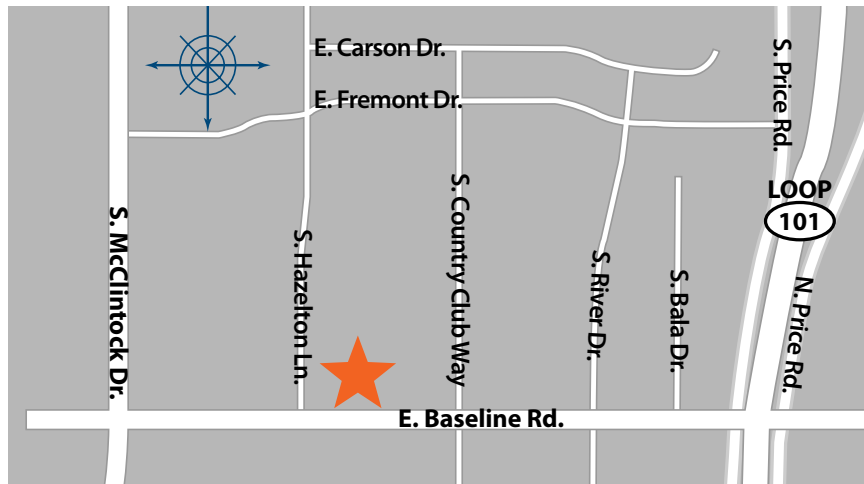
**Daniel Manzanares, MD**  
Provider ID: 1123174M  
Practicing since 1999  
Additional language: Spanish



# C.J. HARRIS MULTI-SPECIALTY CENTER

1920 E. Baseline Rd. • Tempe, AZ 85283

*Located on the north side of E. Baseline Rd, between S. McClintock Dr. and Price Rd.*



## Hours of operation

### Main Office

480.345.5000  
M-F 8:00 am-5:00 pm

### Pharmacy

480.345.5319  
M-F 8:00 am-5:30 pm

### Imaging

M-F 8:00 am-5:30 pm

### Lab

M-F 7:00 am-5:00 pm

### Optometry

480.345.5164  
M-F 7:30 am-4:30 pm

### Vision Center

489.345.5090  
8:00 am-5:00 pm

Find your doctor at [CignaMedicalGroup.com](http://CignaMedicalGroup.com) or schedule an appointment with our C.J. Harris Multi-Specialty Center today.

## Services

- › Digital Imaging
- › Family Practice
- › General Surgery
- › Internal Medicine
- › Lab
- › 3D Mammography
- › Ophthalmology
- › Optometry
- › Pediatrics
- › Podiatry
- › Pharmacy
- › Vision Center
- › Virtual Care



**FAMILY PRACTICE**



**Saquib Hamid, MD**  
 Provider ID: 1189268M  
 Practicing since 2003  
 Additional languages:  
 Spanish, Urdu, Punjabi



**Cathy Guinan, NP**  
 Practicing since 2009



**Brian D. Peterson, MD**  
 Provider ID: 1858668M  
 Practicing since 1981



**Bonnie Rouzaud, NP**

**INTERNAL MEDICINE**

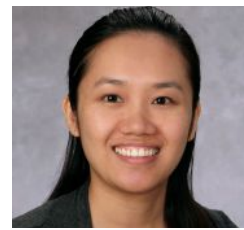


**Swapna Chalasani, MD**  
 Provider ID: 1336468M  
 Practicing since 2007

**INTERNAL MEDICINE**



**Shel-don Legarreta, MD**  
 Provider ID: 1223968M  
 Practicing since 1994  
 Additional language:  
 Spanish



**Vanessa Tang, MD**  
 Provider ID: 1144468M  
 Practicing since 2014  
 Additional languages:  
 Mandarin, Chinese

**CLINICAL PHARMACY**



**Darren Clonts, PharmD**  
 Practicing since 2009

**GENERAL SURGERY**



**Kurt Hoffman, MD**  
 Provider ID:  
 1962662676  
 Practicing since 2013

**GENERAL SURGERY OPTOMETRY**



**Victoria A. Lee, MD**  
 Provider ID:  
 1679540074  
 Practicing since 1982



**Alex Smith, OD**  
 Practicing since 2006

**PEDIATRICS**



**Coleen Marias, MD**  
 Provider ID:  
 1215917638  
 Practicing since 1995  
 Additional language:  
 Spanish

**OPHTHALMOLOGY**



**Carol Lee-Faust, MD**  
 Practicing since 1996



**Renee McCoy, MD**  
 Practicing since 1993

**PODIATRY**



**Mary Chris Maselli, DPM**  
 Practicing since 1991



**Victor Rosen, OD**  
 Practicing since 1983  
 Additional language:  
 Hebrew



**Susan Young, DPM**  
 Practicing since 1994



# 18 PASEO MULTI-SPECIALTY CENTER AND URGENT CARE

5891 W. Eugie Ave. • Glendale, AZ 85304

*Located one block south of W. Thunderbird Rd., on the southeast corner of W. Eugie Ave. and N. 59th Ave.*



Find your doctor at [CignaMedicalGroup.com](http://CignaMedicalGroup.com) or schedule an appointment with our Paseo Multi-Specialty Center today.

## Services

- › Behavioral Health
- › Digital Imaging
- › Family Practice
- › Internal Medicine
- › Lab
- › Optometry
- › Pediatrics
- › Podiatry
- › Pharmacy
- › Urgent Care
- › Vision Center
- › Virtual Care

## Hours of operation

### Main Office

602.588.6600  
M-F 8:00 am–5:00 pm

### Pharmacy

602.588.6808  
M-F 8:00 am–8:00 pm  
Weekends and holidays  
9:00 am–5:00 pm

### Lab

M-F 7:00 am–5:00 pm

### Digital Imaging

M-F 7:30 am–8:00 pm  
Weekends 8:00 am–8:00 pm  
Holidays 8:00 am–6:00 pm

### Optometry

602.588.6690  
M-F 8:00 am–5:00 pm

### Urgent Care

602.588.6725  
Weekdays and weekends  
8:00 am–8:00 pm  
Holidays 8:00 am–6:00 pm

FAMILY PRACTICE INTERNAL MEDICINE PEDIATRICS



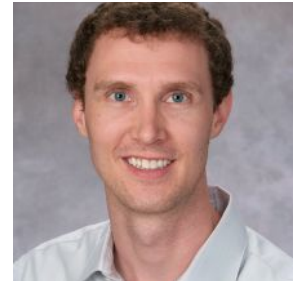
**Ravinder Dawke, MD**  
Provider ID: 1859161M  
Practicing since 2002  
Additional languages:  
Hindi, Telugu



**Nedda Alemi, MD**  
Provider ID: 1337061M  
Practicing since 2015



**Anushka Kinra, DO**  
Provider ID: 1811271950  
Practicing since 2013



**Kyle Ryff, OD**  
Practicing since 2014



**Katy Lockhart, DO**  
Provider ID: 1432561M  
Practicing since 2016



**Ed Kay, MD**  
Provider ID: 1097761M  
Practicing since 2001  
Additional language:  
Russian

BEHAVIORAL HEALTH



**Robin Rumble, LCSW**  
Practicing since 1997

PODIATRY



**Nicole Adams, DPM**  
Provider ID:  
1760770556  
Practicing since 2013



**Janet Tate-Brown, NP**



**Amjad Riaz-UI-Haq, MD**  
Provider ID: 1089261M  
Practicing since 1998  
Additional languages:  
Urdu, Punjabi

CLINICAL PHARMACY



**Brandon Ladd, PharmD**  
Practicing since 2016

# 19 STAPLEY MULTI-SPECIALTY CENTER AND URGENT CARE

1840 S. Stapley Dr., Ste. 101 • Mesa, AZ 85204

*Entrance is located west of S. Stapley Dr. on E. Inverness Ave. behind*



Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com) or schedule an appointment with our Stapley Multi-Specialty Center today.

## Services

- › Anticoagulation Clinic
- › Audiology (Hearing)
- › Digital Imaging
- › Family Practice
- › Internal Medicine
- › Lab
- › Optometry
- › Pharmacy
- › Urgent Care
- › Vision Center
- › Virtual Care

## Hours of operation

### Main Office

480.464.8500

M-F 7:00 am-5:00 pm

### Pharmacy

480.464.6844

M-F 8:00 am-8:00 pm

Weekends and holidays

9:00 am-5:00 pm

### Urgent Care

480.464.6969

Weekday and Weekends:

8:00 am-8:00 pm

Holidays: 8:00 am-6:00 pm

### Advanced Imaging

480.464.6887

M-F 8:00 am-8:00 pm

Weekends and holidays

8:00 am-6:00 pm

### Audiology

480.464.6870

M-F 8:00 am-4:30 pm

### Vision Center

480.464.6819

M-F 8:00 am-5:00 pm



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**FAMILY PRACTICE**

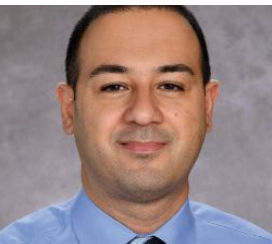


**Mara Baier, DO**  
Provider ID: 1646463M  
Practicing since 1998



**Melicia Sanchez, PA-C**  
Practicing since 2019

**INTERNAL MEDICINE**



**Bassam Hattab, MD**  
Provider ID: 1428063M  
Practicing since 2014  
Additional languages:  
Arabic (native)



**Sudha Kamineni, MD**  
Provider ID: 1045663M  
Practicing since 1998  
Additional languages: Telugu,  
Hindi

**INTERNAL MEDICINE**



**Jonathan Lazaro, MD**  
Provider ID: 1527563M  
Practicing since 2013

**CLINICAL PHARMACY**



**Mallory Farah, PharmD**



**Kayla Kloc, PharmD**

**AUDIOLOGY**



**Candice L. Grotzky,  
AuD, CCC-A**  
Practicing since 1998  
Additional  
languages: German, French

**AUDIOLOGY**



**Diana Warncke, AuD**  
Practicing since 2016

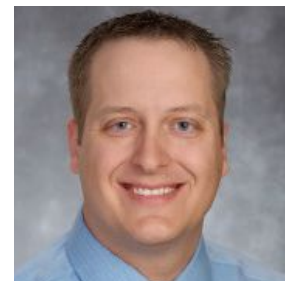
**OPTOMETRY**



**Neeka Najmi, OD**  
Practicing since 2004  
Additional languages:  
Persian, Farsi



**Alex Smith, OD**  
Practicing since 2006

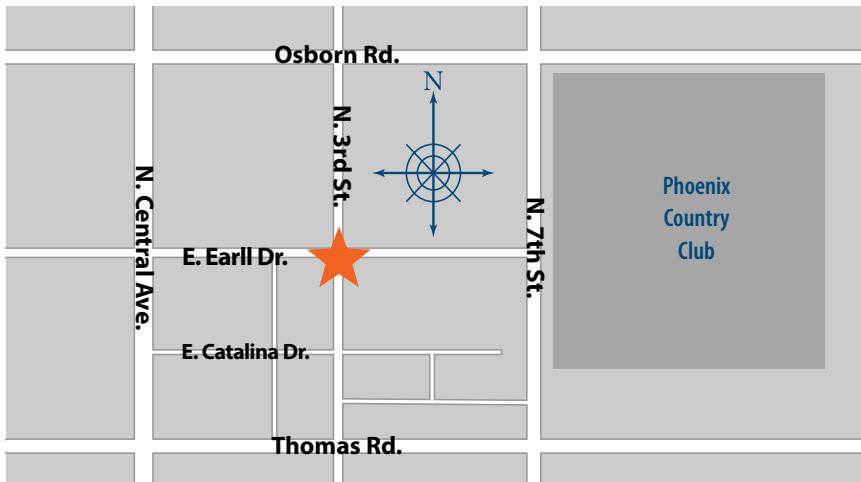


**Shane Theobald, OD**

# 20 PHOENIX CENTRAL MULTI-SPECIALTY CENTER AND URGENT CARE

3003 N. 3rd St. • Phoenix, AZ 85012

Located on the southeast corner of N. 3rd St. and E. Earll Dr.



## Hours of operation

### Main Office

602.282.9800  
M-F 8:00 am-5:00 pm

### Pharmacy

602.282.9880  
M-F 8:00 am-5:00 pm

### Vision Center

602.282.9868  
M-F 8:00 am-5:00 pm

### Urgent Care and SpotRx Kiosk

602.282.9848  
M-F 8:00 am-8:00 pm  
Weekends and holidays  
8:00 am-6:00 pm

### Optometry

602.282.9818  
M-F 8:00 am-5:00 pm

Find your doctor at [CignaMedicalGroup.com](https://www.CignaMedicalGroup.com) or schedule an appointment with our Phoenix Central Multi-Specialty Center today.

## Services

- › Anticoagulation Clinic
- › Digital Imaging
- › Family Practice
- › General Surgery
- › Internal Medicine
- › Lab
- › 3D Mammography
- › Ophthalmology
- › Optometry
- › Outpatient Surgery
- › Pediatrics
- › Pharmacy
- › Pharmacy Delivery
- › Podiatry
- › Urgent Care
- › SpotRx Kiosk
- › Vision Center
- › Women's Center
- › Virtual Care



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**FAMILY PRACTICE**



**Jason Angle, MD**  
Provider ID: 1858359M  
Practicing since 2003



**Jessica Holmes, MD**  
Provider ID: 1404259M  
Practicing since 2009  
Additional language:  
Spanish



**Marshall Newbern, DO**  
Provider ID: 1301459M  
Practicing since 1991



**Erin Cody, FNP**  
Practicing since 2017

**INTERNAL MEDICINE**



**Zeenat Ara, MD**  
Provider ID: 1184259M  
Practicing since 1999  
Additional language:  
Bengali



**Mary Ballard, MD**  
Provider ID: 1837759M  
Practicing since 1990

**CLINICAL PHARMACY**



**Kayla Kloc, PharmD**

**PODIATRY**



**John Ferguson, DPM**  
Provider ID:  
1265412738  
Practicing since 2000



**William Burke, DPM**  
Provider ID:  
1417903550  
Practicing since 1998  
Additional language:  
French

**OPTOMETRY**



**Tony Cohn, OD**  
Practicing since 2003



**Michael Johnson, OD**  
Practicing since 2005

**OPHTHALMOLOGY**

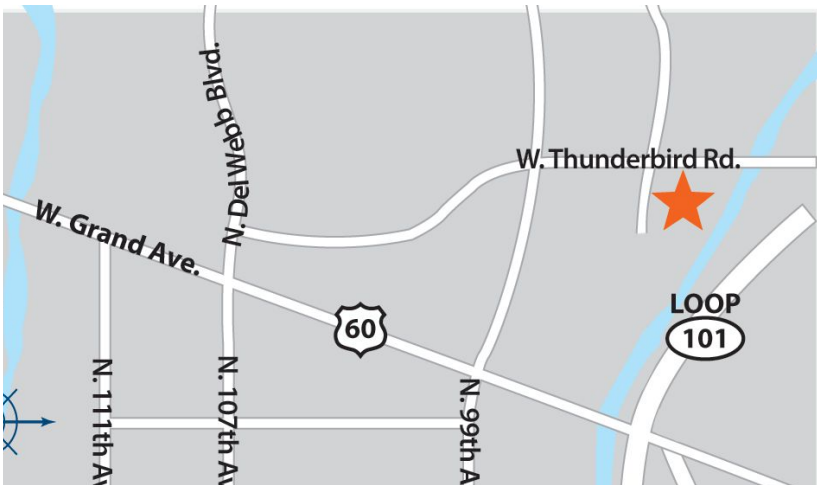


**Pamela H. Williams, MD**  
Practicing since 1979

# 21 SUN CITY MULTI-SPECIALTY CENTER AND URGENT CARE

9069 W. Thunderbird Rd., • Peoria, AZ 85381

*Located on the southeast corner of N. 91st Ave. and W. Thunderbird Rd.*



Find your doctor at [CignaMedicalGroup.com](https://www.cignamedicalgroup.com) or schedule an appointment with our Sun City Multi-Specialty Center today.

## Services

- › Anticoagulation Clinic
- › Audiology (Hearing)
- › Digital Imaging
- › Family Practice
- › Internal Medicine
- › Lab

## Hours of operation

### Main Office

623.977.7201  
M-F 7:00 am–5:00 pm

### Primary Care

623.876.2300  
M-F 7:00 am–5:00 pm

- › 3D Mammography
- › Ophthalmology
- › Optometry
- › Pharmacy
- › Podiatry
- › Vision Center
- › Urgent Care
- › Virtual Care

### Pharmacy

623.876.2165  
M-F 7:30 am–6:00 pm  
Weekends and holidays  
8:00 am–4:00 pm

### Lab

623.876.2304  
M-F 7:00 am–4:30 pm

### Podiatry

623.876.2312  
M-F 7:30 am–4:30 pm

### Digital Imaging

623.876.2304  
M-F 8:00 am–5:00 pm  
Call for Saturday appointment

### Audiology

623.876.2314  
M-F 7:30 am–4:30 pm

### Ophthalmology/Optometry

623.876.2314  
M-F 7:00 am–5:00 pm

### Vision Center

623.876.2200  
M-F 7:30 am–5:00 pm

### Urgent Care

623.876.2800  
7 days a week/365 days a year  
M-F 8:00 am–6:00 pm

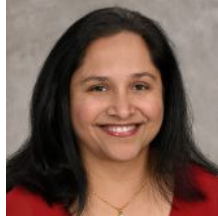
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**FAMILY PRACTICE**



**Eric Limkemann, DO**  
Provider ID: 3416353M  
Practicing since 2007

**FAMILY PRACTICE**

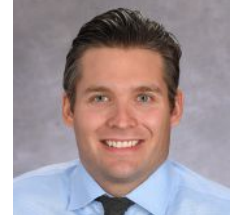


**Sathya Vemuri-Raavii, MD**  
Provider ID: 1876053M  
Practicing since 2002

**INTERNAL MEDICINE OPTOMETRY**



**Ellen Hand, MD**  
Provider ID: 1062953M  
Practicing since 1991



**Jeremy Hauptman, OD**  
Practicing since 2017



**Dreana Janssen, DO**  
Provider ID: 1197253M  
Practicing since 1993

**INTERNAL MEDICINE**

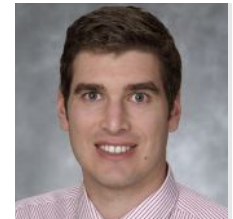


**Hala K. Abubakr, MD**  
Provider ID: 1103453M  
Practicing since 2001  
Additional language:  
Arabic

**OPHTHALMOLOGY**



**Anish Kadakia, MD**  
Practicing since 2008



**John Knochel, DPM**  
Practicing since 2010



**Nadia Applegate, FNP**  
Practicing since 2016



**Samuel Figueroa, MD**  
Provider ID: 1894153M  
Practicing since 1986



**Scott T. Harrison, MD**  
Practicing since 1981



**Nicole Adams, DPM**  
Practicing since 2013



**Brittany McArthur, MD**  
Provider ID: 1968753M  
Practicing since 2015



**David Franey, MD**  
Provider ID: 1135153M  
Practicing since 1978

**OPTOMETRY**



**William P. Curran, OD**  
Practicing since 1980



**Leilani Dennis, AuD, CCC-A**  
Practicing since 2013



**Marie Styles, PA-C**  
Practicing since 2000



**Navdeep Gill, OD**  
Practicing since 2005



**Karen Lasseigne, AuD, CCC-A**  
Practicing since 1992

**PODIATRY**

**AUDIOLOGY**





1. Art of Medicine/Customer Satisfaction surveys. 95% represents average, based on a nine-point scale, 2018.
2. Digital imaging services offered.
3. Some exclusions may apply. Review your plan's provider directory for the details of your specific plan.

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