# SCOTTSDALE'S COMMUNITY SERVICES

# JAN | FEB | MAR

read

SCOTTSDALE COMMUNITY SERVICES

explore

Parks & Recreation Activities pg. 5 Library Programs & Info pg. 32 Senior Centers & Services pg. 43

P

seniors

Human Services & Resources pg. 50

serve

CITY OF SCOTTSDALE

View this guide online!

Visit ScottsdaleAZ.gov and search "Activity Guide."

McDowell Sonoran Preserve pg. 54

# **CITY INFORMATION**

#### **MAYOR AND COUNCIL**

ScottsdaleAZ.gov/council

#### MAYOR

David D. Ortega

#### **CITY COUNCIL**

VICE MAYOR Solange Whitehead

COUNCILMEMBER Tom Durham

COUNCILWOMAN Betty Janik COUNCILWOMAN Tammy Caputi

COUNCILMEMBER Barry Graham

COUNCILWOMAN Kathy Littlefield



A new online community will connect residents to discuss city issues and gather feedback on programs, services, and projects.

If you are ready to engage in discussions about Scottsdale, join Speak Up Scottsdale.

Visit ScottsdaleAZ.gov, and search "get involved."



These volunteer citizen advisory committees advise City Council on Community Services activities.

#### PARKS & RECREATION COMMISSION MEMBERS:

Kristen Parrish – Chair Teresa Kim Quale – Vice Chair Eric Kurland Eric Maschhaupt Maryann McAllen Susan McGarry Michael Vreeland

#### LIBRARY BOARD MEMBERS:

Janet Smigielski – Chair Freda Hartman – Vice Chair Sam Campana Natalee Esposito George Hartz Enid Seiden Leslie Totten

#### HUMAN SERVICES COMMISSION MEMBERS:

Neal Shearer – Chair Mary Jung – Vice Chair Patrick Dodds Jeff Jameson Roger Lurie Tricia Serlin Stuart Turgel

#### MCDOWELL SONORAN PRESERVE COMMISSION MEMBERS:

Laurie LaPat-Polasko – Chair Marsha Lipps – Vice Chair Stephen Coluccio Savannah Engelking Mark Hackbarth Kerry Olsson Jeffrey Smith

#### SCOTTSDALE HOUSING AGENCY GOVERNING BOARD:

Neal Shearer – Chair Mary Jung – Vice Chair Leslie Brownell Patrick Dodds Jeff Jameson Roger Lurie Tricia Serlin Stuart Turgel

#### SCOTTSDALE PLAYS - PARKS & RECREATION...... 5

REGISTRATION INFORMATION	6
TOT CLASSES [0-6 YRS]	7
YOUTH CLASSES [5-17 YRS]	9
YOUTH CAMPS & PROGRAMS	
ADULT CLASSES [14 YRS+]	12
AQUATICS	
ADULT SPORTS (18 YRS+)	27
ADAPTIVE SERVICES	
TENNIS	
FITNESS CENTERS	

#### 

YOUTH PROGRAMS (0-12 YRS)	. 33
TWEEN & TEEN PROGRAMS (10-18 YRS)	. 35
ADULT PROGRAMS (18 YRS+)	. 37

#### 

COMMUNITY RESOURCES
---------------------

#### SCOTTSDALE SERVES - HUMAN SERVICES

CAREER SERVICES	50
FAMILY & SOCIAL SERVICES	51
NEIGHBORHOOD CENTERS	52
HOUSING & COMMUNITY DEVELOPMENT	53

#### SCOTTSDALE EXPLORES - PRESERVE

PRESERVE INFORMATION
----------------------

# SCOTTSDALE **life**

Whether it's exploring the McDowell Sonoran Preserve, spending a day at the park, discovering a new book at the library, spending time with others at a senior center, taking a bike ride on the green belt or volunteering your time to help neighbors in need - it's all a part of Scottsdale LIFE. Our city is bustling with activity, and this magazine is your guide to it all.

Scottsdale Community Services (consisting of Parks and Recreation, Libraries, Human Services, the Preserve and WestWorld) created **Scottsdale LIFE** to share what's happening in your community, collaboratively.

You're invited to browse and discover something that interests you.



# HELPUS Shapescottsdaleparks.com





Scan the QR code to provide feedback!



# SCOTTS DAL WINTER 2024 - JAN | FEB | MAR

SCOTTSDALE PARKS & RECREATION

JAN | FEB | MAR 2024

Activity Guide

WINTER REGISTRATION: RESIDENTS, NOV. 27-29 AT 8 A.M. / NON-RESIDENTS NOV. 30 AT 8 A.M.

Don't miss our NEW Adult fitness, yoga, language, art classes and more!

See pg. 12 for details



#### PARKS AND RECREATION MASTER PLAN

Go to ShapeScottsdaleParks.com to share your input and ideas.



1:1			NTS

REGISTRATION	pg 6
тот	pg 7
YOUTH	pg 9
YOUTH CAMPS	pg 11
ADULT	pg 12
AQUATICS	pg 24
ADULT SPORTS	pg 27
ADAPTIVE SERVICES	<b>pg 28</b>
TENNIS	pg 30
FITNESS CENTERS	pg 31

# REGISTRATION

# SCOTTSDALE PLAYS

#### **REGISTRATION INFORMATION**

#### **REGISTRATION STARTS AT 8 A.M.**

#### REGISTER ONLINE Recreation.ScottsdaleAZ.gov

(Quickest way to register)



#### **REGISTER BY PHONE 480-312-7957**

(Expect delays on registration days)



WE ACCEPT American Express, Visa, MasterCard and Discover

#### **GENERAL INFORMATION**

**Refund Policy** – Unless otherwise stated, all program refunds shall be prorated, less a \$10 processing fee, up to and including the 2<sup>nd</sup> class. No refunds after the 2<sup>nd</sup> class date. Classes priced at \$10 or less are nonrefundable.

**Corrections & Updates** – Staff makes every effort to ensure each issue of the Scottsdale LIFE is free from errors, there are times when errors or revisions in dates, times, fees, or instructors do occur. Check the city's website for up-to-date information.

Fee Assistance Program – Community Services offers a fee assistance program to aid economically disadvantaged individuals and families residing within the city of Scottsdale's corporate boundaries. Qualified applicants have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost. Visit ScottsdaleAZ.gov/parks/fee-assistance or call 480-312-7957.

**Resident?** – Residents are citizens who live in or own property within the city of Scottsdale's Corporate City Boundaries, and pay taxes to the city of Scottsdale.

#### **REGISTRATION QUESTIONS?**

Call us before Nov. 24 so we can guide you through the process, making registration a breeze! **480-312-7957** 

AMERICANS WITH DISABILITIES ACT – The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services and public facilities so that full participation may be enjoyed by all. Persons with a disability may request a reasonable accommodation to participate with the City of Scottsdale by contacting the Adaptive Services Center at 480-312-2234. All requests must be made a minimum of 14 days prior to the starting date of the program/service.

#### **FACILITY CODES**

CODE	FACILITY NAME	ADDRESS
ADSC	Adaptive Services Center	8102 E. Jackrabbit Road
BGPB	Boys & Girls Club of Greater Scottsdale – Piper Branch	10515 E. Lakeview Drive
BGTB	Boys & Girls Club of Greater Scottsdale – Thunderbirds Branch	20199 N. 78th Place
CACT	Cactus Park & Aquatic Center	7202 E. Cactus Road
CCLB	Civic Center Library	3939 N. Drinkwater Blvd.
CHAA	Chaparral Aquatic Center	5401 N. Hayden Road
CHAP	Chaparral Park & Community Ctr.	5401 N. Hayden Road
CHES	Chesnutt Park	4565 N. Granite Reef Road
CHPS	Chaparral High School	6935 E. Gold Dust Road
CPRG	Copper Ridge School	10101 E. Thompson Peak Pkwy.
CSAR	Club SAR	8055 E. Camelback Road
ELDO	Eldorado Park & Community Ctr.	2311 N. Miller Road
ELDA	Eldorado Aquatic Center	2301 N. Miller Road
ELS0	Eldorado South Building	1909 N. Miller Road
FENP	Florence Ely Nelson Desert Park	8950 E. Pinnacle Peak
GPCK	George "DOC" Cavallier Park	27775 N. Alma School Pkwy.
GRSC	Granite Reef Senior Center	1700 N. Granite Reef Road
HRZN	Horizon Community Center	15444 N. 100th St.
ISPK	Indian School Park	4289 N. Hayden Road
MCRR	McCormick Stillman Railroad Park	7301 E. Indian Bend Road
MMRA	McDowell Mtn Ranch Aquatics	15525 N. Thompson Peak Pkwy.
MSP	McDowell Sonoran Preserve	18333 N. Thompson Peak Pkwy.
MTNV	Mountain View Park	8625 E. Mountain View Road
MUST	Mustang Library	10101 N. 90th St.
NYCD	North Corp Yard	9191 E. San Salvador Drive
PNCC	Paiute Neighborhood Center	6535 E. Osborn Road
PPEC	Pinnacle Peak Equestrian Center	3701 E. Pinnacle Peak Road
РМРК	Pima Park	8600 E. Thomas Road
РРРК	Pinnacle Peak Park	26802 N. 102nd Way
RIMO	Rio Montaña Park	11180 N. 132nd St.
SPFD	Scottsdale Police/Fire Dept.	8401 E. Indian School Road
SRPK	Scottsdale Ranch Park	10400 E. Via Linda
SSCX	Scottsdale Sports Complex	8081 E. Princess Drive
STAD	Scottsdale Stadium	7408 E. Osborn Road
SWTS	Solid Waste Transfer Station	8417 E. Union Hills Drive
VCCC	Vista Del Camino Community Center	7700 E. Roosevelt
VLSC	Via Linda Senior Center	10440 E. Via Linda
VSTA	Vista Del Camino Park	7700 E. Roosevelt

# TOT (0-6 YEARS)

#### **TOT CLASS GUIDELINES**

- For your child's safety, accompany them to and from the classroom.
- Classes are designed for the ages listed. Children must meet the age requirement by the first class date.
- Children must be able to participate independently except in specified parent/child classes.

#### ART

#### **YOUNG REMBRANDTS - CARTOON WORKSHOP**

(5-7yrs) 7-Day New Art Drawing workshop - Join Young Rembrandts this Winter as we develop fine motor skills, language, and have a lot of fun. Young artists will be using pencils, crayons, and markers to develop their art skills.

Sa 10:30-11:30 am 1/13(7classes) HRZN \$75(R)/\$113(N) Young Rembrandts 40687



#### YOUNG REMBRANDTS - CARTOON WORKSHOP

(5-7yrs) 5-Day New Art Drawing Workshop - Spring is a great season for artistic talent to blossom. In a Young Rembrandts drawing class, we'll explore many fun subjects like flowerpots and bird baths to reflect the spring season.

Sa 10:30-11:30 am 3/2(5classes) HRZN \$56(R)/\$84(N) Young Rembrandts 40686

#### DANCE

#### **CREATIVE MOVEMENT**

(1-3yrs and parent/caregiver) Students will be dancing to their favorite nursery rhymes using basic dance concepts. This program develops motor skills, sociability and gives kids a fun hands on introduction to the world of dance.

Th 9:15-10 am 1/11(8classes) MTNV \$97(R)/\$146(N) Dance Sequins Studio 40610

#### **DANCE COMBO**

Designed to introuduce music and movement through interactive and creative activities. On the last day of class, they will perfrom a special dance routine and skills they have learned throughout the session.

#### (3-5yrs)

Tu	4:30-5:15 pm	1/9(8classes)	CACT	\$97(R)/\$146(N)	Dance Sequins Studio	40615
Th	10:05-10:50 am	1/11(8classes)	MTNV	\$97(R)/\$146(N)	Dance Sequins Studio	40616
(3-6	ôyrs)					

- Observers and non-registered individuals, including siblings, are not permitted in classes. Only children that are registered are permitted in class.
- Parents or guardians must participate in parent/child classes if required.

#### BALLET

(4-6yrs) Classes incorporate basic ballet steps with games and songs to ensure your child learns while having fun. This nurturing environment and instruction will help build coordination and promote self-esteem. At the end of the session you will be invited to see the children's progress and new skills.

Tu 3:55-4:40 pm	1/9(5classes)	MMRA	\$41(R)/\$62(N)	Martin	40756
Tu 3:55-4:40 pm	2/13(6classes)	MMRA	\$47(R)/\$71(N)	Martin	40856

#### DANCE STARS

(2-5yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise.

Tu 9:30-10:15 am	1/9(5classes)	HRZN	\$50(R)/\$75(N)	Stretch-n-Grow	40758
Th 3:30-4:15 pm	1/11(5classes)	MMRA	\$50(R)/\$75(N)	Stretch-n-Grow	40757
Tu 9:30-10:15 am	2/13(5classes)	HRZN	\$50(R)/\$75(N)	Stretch-n-Grow	40760
Th 3:30-4:15 pm	2/15(6classes)	MMRA	\$58(R)/\$87(N)	Stretch-n-Grow	40759

#### **SPORTS**

#### **3-SPORT MULTI-SPORT**

(3-5yrs) We will teach your player how to kick and control a soccer ball, how to hit, catch, throw, and run the bases and shoot and dribble a basketball. Each participant will need to bring their own, age-appropriate soccer ball for the first week of class, as well as their own tee/bat, and basketball for later in the session.

F	3:45-4:30 pm	1/12(5classes)	CACT	\$79(R)/\$119(N)	B.E.S.T. Sports	40662
F	3:45-4:30 pm	2/16(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	41398

#### **BASKETBALL SKILLS & DRILLS**

(3-5yrs) Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position.

F	4:35-5:20 pm	1/12(5classes)	CACT	\$79(R)/\$119(N)	B.E.S.T. Sports	40665
F	4:35-5:20 pm	2/16(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	41400

#### **GYMNASTICS**

(4-5yrs) Gymnastics develops strength, flexibility, confidence, selfdiscipline and body control. The gymnastics class includes front and back rolls, cartwheels, handstands and walk-overs. Also included is the tuck, straddle and pike jumps.

	Sa 1-1:45 pm 1/2	13(8classes) CACT	\$52(R)/\$78(N)	Schaffer	40637
--	------------------	-------------------	-----------------	----------	-------

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

#### **MULTI-SPORT & FITNESS FUN**

Childre will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardi dance and much more.

#### (1-2yrs and parent/caregiver)

		-			
9:15-9:55 am	1/8(5classes)	MTNV	\$97(R)/\$146(N)	JumpBunch	40869
10-10:40 am	1/8(5classes)	MTNV	\$97(R)/\$146(N)	JumpBunch	40734
9:15-9:55 am	2/12(5classes)	MTNV	\$97(R)/\$146(N)	JumpBunch	41885
10-10:40 am	2/12(5classes)	MTNV	\$97(R)/\$146(N)	JumpBunch	41888
-6yrs)					
6:05-6:50 pm	1/11(5classes)	CHAP	\$97(R)/\$146(N)	JumpBunch	40657
6:05-6:50 pm	2/15(5classes)	CHAP	\$97(R)/\$146(N)	JumpBunch	41884
	10-10:40 am 9:15-9:55 am 10-10:40 am -6yrs) 6:05-6:50 pm	10-10:40 am         1/8(5classes)           9:15-9:55 am         2/12(5classes)           10-10:40 am         2/12(5classes)           6:05-6:50 pm         1/11(5classes)	10-10:40 am         1/8(5classes)         MTNV           9:15-9:55 am         2/12(5classes)         MTNV           10-10:40 am         2/12(5classes)         MTNV           6:05-6:50 pm         1/11(5classes)         CHAP	10-10:40 am         1/8(5classes)         MTNV         \$97(R)/\$146(N)           9:15-9:55 am         2/12(5classes)         MTNV         \$97(R)/\$146(N)           10-10:40 am         2/12(5classes)         MTNV         \$97(R)/\$146(N)           10-10:40 am         2/12(5classes)         MTNV         \$97(R)/\$146(N)           6:05-6:50 pm         1/11(5classes)         CHAP         \$97(R)/\$146(N)	10-10:40 am         1/8(5classes)         MTNV         \$97(R)/\$146(N)         JumpBunch           9:15-9:55 am         2/12(5classes)         MTNV         \$97(R)/\$146(N)         JumpBunch           10-10:40 am         2/12(5classes)         MTNV         \$97(R)/\$146(N)         JumpBunch           10-10:40 am         2/12(5classes)         MTNV         \$97(R)/\$146(N)         JumpBunch           6:05-6:50 pm         1/11(5classes)         CHAP         \$97(R)/\$146(N)         JumpBunch



#### **OUTDOOR SOCCER FOR KIDS**

Taught by a former professional soccer player, this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children play non-competitive games.

#### (2-3yrs)

(	e j : e,					
Tu	4:15-5 pm	1/9(6classes)	CPRG	\$82(R)/\$123(N)	Hatfield	40701
F	9-9:45 am	1/12(6classes)	MTNV	\$82(R)/\$123(N)	Hatfield	40700
Tu	4:15-5 pm	2/20(6classes)	CPRG	\$82(R)/\$123(N)	Hatfield	40702
F	9-9:45 am	2/23(5classes)	MTNV	\$70(R)/\$105(N)	Hatfield	41859
(3-	4yrs)					
Tu	ı 10-10:45 am	1/9(6classes)	HRZN	\$82(R)/\$123(N)	Hatfield	40695
Tł	1 4:15-5 pm	1/11(6classes)	CPRG	\$82(R)/\$123(N)	Hatfield	40698
Tu	ı 10-10:45 am	2/20(6classes)	HRZN	\$82(R)/\$123(N)	Hatfield	40699
(3-	5yrs)					
М	3-3:45 pm	1/8(5classes)	CACT	\$70(R)/\$105(N)	Hatfield	40693
М	3-3:45 pm	2/26(5classes)	CACT	\$70(R)/\$105(N)	Hatfield	41857
(4-6yrs)						
W	4:15-5 pm	1/10(6classes)	CPRG	\$82(R)/\$123(N)	Hatfield	40696
W	4:15-5 pm	2/21(6classes)	CPRG	\$82(R)/\$123(N)	Hatfield	40697
(5-7yrs)						
М	4-4:45 pm	1/8(5classes)	CACT	\$70(R)/\$105(N)	Hatfield	40694
М	4-4:45 pm	2/26(5classes)	CACT	\$70(R)/\$105(N)	Hatfield	41858

#### PRESCHOOL SUPER SOCCER STARS

(3-5yrs) Each week we will teach the fundamentals of soccer including shooting, dribbling, ball control, passing and throw-ins. Classes are taught in an age-appropriate, and positive manner.

Tu 5:15-6 pm	1/9(5classes)	ELDO	\$97(R)/\$146(N)	JumpBunch	41882
Tu 5:15-6 pm	2/13(5classes)	ELDO	\$97(R)/\$146(N)	JumpBunch	41886

#### SUPERHERO TRAINING

(3-6yrs) We focus on learning special superhero training skills through fun games and activities such as jumping over hot lava, dodging fireballs, light saber training, scooter flying, ghostbuster tag and so much more!

W 5-5:40 pm	1/10(5classes)	MMRA	\$97(R)/\$146(N)	JumpBunch	41891
W 5:45-6:25 pm	1/10(5classes)	MMRA	\$97(R)/\$146(N)	JumpBunch	41892
Th 5:15-6 pm	1/11(5classes)	CHAP	\$97(R)/\$146(N)	JumpBunch	40735
W 5-5:40 pm	2/14(5classes)	MMRA	\$97(R)/\$146(N)	JumpBunch	41893
W 5:45-6:25 pm	2/14(5classes)	MMRA	\$97(R)/\$146(N)	JumpBunch	41894
Th 5:15-6 pm	2/15(5classes)	CHAP	\$97(R)/\$146(N)	JumpBunch	41889

#### **YOGA STARS**

Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength and breathing techniques. With our engaging weekly sessions, our stars explore simple yoga posses with songs, props, and stories.

#### (18mo-3yrs and parent/caregiver)

	F	9:30-10:15 am	1/12(5classes)	CACT	\$50(R)/\$75(N)	Stretch-n-Grow	40789
	F	9:30-10:15 am	2/23(5classes)	CACT	\$50(R)/\$75(N)	Stretch-n-Grow	40791
(	(4-6	ôyrs)					
	W	3:30-4:15 pm	1/10(6classes)	MMRA	\$58(R)/\$87(N)	Stretch-n-Grow	40865
	W	3:30-4:15 pm	2/21(5classes)	MMRA	\$50(R)/\$75(N)	Stretch-n-Grow	40867

#### **HOBBIES & INTERESTS**

#### CARS, TRUCKS AND THINGS THAT GO VROOOOM! TRIP

(2-5yrs and parent/caregiver) Is your child thrilled at the sight of trash trucks, police cars and fire trucks? Register to get an up close look at some of the city's most exciting and important vehicles. One child per parent permitted.

F	9-9:55 am	2/16(1class)	NCYD	\$15(R)/\$20(N)	Leisure Education	41393
F	10:30-11:25 am	2/16(1class)	NCYD	\$15(R)/\$20(N)	Leisure Education	41394
F	9-9:55 am	3/15(1class)	NCYD	\$15(R)/\$20(N)	Leisure Education	41395
F	10:30-11:25 am	3/15(1class)	NCYD	\$15(R)/\$20(N)	Leisure Education	41396

#### **TRAIN TRIP**

(2-5yrs old and parent/caregiver) Come behind the scenes at the Paradise & Pacific Railroad. You and your child will first learn about diesel engines and steam locomotives during a tour of the train shed at McCormick-Stillman Railroad Park. We will board the train for a ride over the trestles and around the park. One child per parent permitted.

Tu 9:30-10:30 am	1/30(1class)	MCRR	\$11(R)/\$17(N)	Leisure Education	40761
Tu 9:30-10:30 am	2/27(1class)	MCRR	\$11(R)/\$17(N)	Leisure Education	41367

#### XERISCAPE GARDEN TOUR AND NATURE DISCOVERY

(2-5yrs and parent/caregiver) Discover the beauty of saving water at the Scottsdale Xeriscape Garden at Chaparral Park. See amazing desert plants and learn how they survive in an arid desert. We will take a short tour of the garden and do a fun, nature discovery activity in one of our outdoor classrooms. One child per parent permitted.

F 9:30-10:30 am 3/22(1class) CHAP \$5(R)/\$8(N) Leisure Education 40769

# YOUTH (5-17 YEARS)

#### ART

#### NEW YOUNG REMBRANDTS - NEW CARTOON SESSION

(8-13yrs) 7-Day Drawing Workshop - Rejuvenate your child's spark and creativity this winter with a Young Rembrandts cartoon class. Your child will be on the quick road to cartoon mastery as they tackle our fun drawing lessons. Our lively cartoon class is packed with hilarious and silly characters and scenes your cartoonist won't want to miss.

Tu 5:15-6:15 pm 1/9(7classes) CHAP \$75(R)/\$113(N) Young Rembrandts 40685

#### **NEW YOUNG REMBRANDTS - NEW CARTOON SESSION**

(7-13yrs) 5-Day Drawing Workshop - Make this spring a memorable one for your child. Students enrolled in a Young Rembrandts cartoon class will learn the essential skills they need to illustrate exciting cartoon imagery that is filled with dynamic characters and expressive personalities.

Tu 5:15-6:15 pm 2/27(5classes) CHAP \$56(R)/\$84(N) Young Rembrandts 40688

#### DANCE

#### **DANCE AND CHEER**

(5-9yrs) Learn the fundamentals of dance and cheer, including cheer chant, basic stunts, cheer arm positions, dance technique and a dance routine. A special showcase will be held on the last day of class for family and friends.

Tu 5:20-6:05 pm 1/9(8classes) CACT \$97(R)/\$146(N) Dance Sequins Studio 40613

#### **DANCE FUSION**

(6-13yrs) Learn upbeat dances to warm up, dance along, perform, along with learning to count music, learning basic hip hop moves, and across the floor jazz technique. Students will dance to popular music they love while getting a full body workout that develops strength, musicality, coordination, and building confidence. A special showcase will be held on the last day of class for family and friends.

M 5:50-6:35 pm 1/8(6classes) CACT \$75(R)/\$113(N) Dance Sequins Studio 40617

#### **DANCE STARS**

(5-8yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise. By inspiring a passion for dance, our imaginative and engaging classes will create twirling, self-expressive machines!

Th 4:30-5:15 pm	1/11(5classes)	MMRA	\$50(R)/\$75(N)	Stretch-n-Grow	40793
Th 4:30-5:15 pm	2/15(6classes)	MMRA	\$58(R)/\$87(N)	Stretch-n-Grow	40795



#### **SPORTS**

#### **3-SPORT MULTI-SPORT**

(6-9yrs) Sports: Soccer, Baseball/Softball, and Basketball. Players learn how to kick and control a soccer ball, how to hit, catch, throw, and run the bases shoot and dribble a basketball and build strength + endurance. Each participant will need to bring their own, ageappropriate soccer ball for the first week, as well as their own tee/bat, and basketball for later in the session.

F	5:25-6:10 pm	1/12(5classes)	CACT	\$79(R)/\$119(N)	B.E.S.T. Sports	40663
F	5:25-6:10 pm	2/16(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	41399



#### **BASKETBALL SKILLS & DRILLS**

(6-9yrs) Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it.

F	6:15-7 pm	1/12(5classes)	CACT	\$79(R)/\$119(N)	B.E.S.T. Sports	40666
F	6:15-7 pm	2/16(4classes)	CACT	\$66(R)/\$99(N)	B.E.S.T. Sports	41401

#### **GYMNASTICS**

(6-9yrs) Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, and also included is bar strengthening, stretches and conditioning.

#### Sa 2-3 pm 1/13(8classes) CACT \$52(R)/\$78(N) Schaffer

#### KOKIKAI KIDS - MARTIAL ARTS

(8-13yrs) Introductory martial arts class. Students will engage in activities such as stretching, rolling, conditioning exercises, and movement for self-defense. Youth may come away from this class with increased confidence, mind-body awareness, and an appreciation for traditional martial arts.



40635

W 6-6:50 pm	1/10(5classes)	MTNV	\$34(R)/\$51(N)	Barker	40644
W 6-6:50 pm	2/14(5classes)	MTNV	\$34(R)/\$51(N)	Barker	40645



Check out our Youth programs offered through Scottsdale Public Libraries! See pg. 33 for more information! PARKS AND RECREATION 9

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

# SCOTTSDALE PLAYS

#### **OUTDOOR SOCCER FOR KIDS**

(5-7yrs) Taught by a former professional soccer player. This class will introduce children to stretching, passing, dribbling, and basic elements of team spirit. Children will have fun exercising, making new friends and learning basic soccer skills. Children play non-competitive games.

М	4-4:45 pm	1/8(5classes)	CACT	\$70(R)/\$105(N)	Hatfield	40694
М	4-4:45 pm	2/26(5classes)	CACT	\$70(R)/\$105(N)	Hatfield	41858

#### SCHOOL AGE SUPER SOCCER STARS

(6-8yrs) All soccer skill levels are welcome. Our Soccer Stars coaches will assess each child to make sure they are learning at their own pace. Some of the soccer specific drills we teach are based around dribbling, kicking, passing and shooting. We will play several games to help enhance children's soccer skills, while also building a sense of teamwork in a fun and safe environment.

Tu 6:05-6:50 pm	1/9(5classes)	ELDO	\$97(R)/\$146(N)	JumpBunch	41881
Tu 6:05-6:50 pm	2/13(5classes)	ELDO	\$97(R)/\$146(N)	JumpBunch	41887

#### YOGA STARS

(7-10yrs) Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength, and breathing techniques. Our stars explore simple yoga posses with songs, props and stories. Our creative curriculum will have your yoga stars increasing their endurance, concentration and confidence!

W	4:30-5:15 pm	1/10(6classes)	MMRA	\$58(R)/\$87(N)	Stretch-n-Grow	40866
W	4:30-5:15 pm	2/21(5classes)	MMRA	\$50(R)/\$75(N)	Stretch-n-Grow	40868



#### MUSIC

#### PIANO/KEYBOARDING

(5-12yrs) Elements is an innovative piano program designed to give your child the best opportunity for a successful start on the piano keyboard. Elements is a musical adventure that includes the fundamentals that are key to learning the piano; note reading, music theory, rhythm, chords, piano technique and all the skills needed to play the music from class. Keyboards are provided for students class use; recital held for family and friends on the last day of class.

Sa 9:15-10:15 am 1/13(6classes)	HRZN	\$124(R)/\$186(N)	Elements Music	40707
Sa 9:15-10:15 am 2/24(5classes)	HRZN	\$105(R)/\$158(N)	Elements Music	40708

# SPRING BREAK CAMPS

#### MINING & CRAFTING LEGO® CAMP

(5-11yrs) Minecraft is a game about placing blocks to build anything you can imagine. Experience the world of Minecraft with LEGO® bricks in this fun camp. Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO® bricks. Students will face new challenges each day, building models and crafting key elements from the popular Minecraft game. LEGO® is a registered trademark of the LEGO® Group and Mojang © 2009-2013. "Minecraft" are trademarks of Notch Development AB of companies which does not sponsor, authorize or endorse these programs.



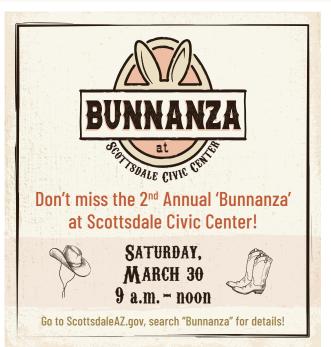
 $M\,Tu\,W\,Th\,F \quad 9\,am\mathchar`left 2 \, pm \quad 3/11 (5 classes) \qquad CHAP \quad \$166 (R)/\$249 (N) \qquad Kretsch \quad 40585$ 

#### NEW ARCADE MANIA CAMP™

(6-11yrs) This Kids-Choice Challenge island adventure puts a 100% SCREEN-FREE STEam twist on popular video games: From Super STEamio to Island Blox to Mine Island to Fort Island to retro-inspired games like Space Aliens and Pinball Machines! You and your STEam team will swap game consoles for creativity and joysticks for ingenuity and imagination as you take on Islands of low-tech STEam challenges created with game-loving kids in mind!



M Tu W Th F  $\,$  9:30 am-12:30 pm  $\,$  3/11(5classes)  $\,$  MTNV  $\,$  \$145(R)/\$218(N) Nathan  $\,$  40675  $\,$ 



 10
 RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30

 Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

#### JAN | FEB | MAR 2024

# **YOUTH CAMPS & PROGRAMS**



#### SPRING BREAK CAMPS: 1<sup>ST</sup> - 5<sup>TH</sup> GRADES

Don't sit home bored during spring break! Participate in fun and exciting recreational activities including crafts, sports, games, and much more. Morning and afternoon snack will be provided.

#### Cost is \$150 for the week

#### HOHOKAM ELEMENTARY SCHOOL - 42077 8451 E. Oak Street | 480-312-2584

M-F	8am-5pm	3/11-3/15	\$150	
		ITY CENTER 1480-312-2650	- 42076	
M-F	8am-5pm	3/11-3/15	\$150	

#### **AFTER-SCHOOL PROGRAMS**

#### **NOW THROUGH MAY 2024**

After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2023. Snack will be provided by Scottsdale Unified School District.

#### Cost is \$65 a month

#### **COMMUNITY CENTER PROGRAMS**

#### Horizon Community Center

15444 N. 100 <sup>th</sup> St.   480-312-2650							
M-F School release-6pm Grades 1-6 \$65/mo 41065							
Mountain View Community Center 8625 E. Mountain View Road   480-312-2584							
M-F	School release-6pm	Grades K-6	\$65/mo	41031			

#### SCHOOL COLLABORATION AFTER-SCHOOL PROGRAMS - 480-312-2329

After-School programming is provided in collaboration with Scottsdale Unified School District for the students attending specific Title One schools. Title One elementary after-school programs are for students in grades K-5 as of fall 2023. Snack will be provided by Scottsdale Unified School District.

#### Hohokam | 8451 E. Oak Street

	•						
M-F	School release-6pm	Grades K-5	\$65/mo	41030			
Navajo   4525 N. Granite Reef Road							
M-F	School release-6pm	Grades K-5	\$65/mo	41032			
Echo Ca	anyon   4330 N. 62nd	St.					
M-F	School release-6pm	Grades K-5	\$65/mo	41029			
Yavapai   701 N. Miller Road							
M-F	School release-6pm	Grades K-5	\$65/mo	41033			

Scottsdale After-School Programs are not licensed childcare under ARS section 23-882. To ensure a clear understanding of how the City of Scottsdale After-School Programs operate, caregivers are required to attend a mandatory parent information session before youth can attend program.

#### Register at Recreation.ScottsdaleAZ.gov and search "After-School Programs."



Parents, follow Cupid's arrow and drop off the kids for our 6th annual Valentine's Day celebration. Recreation staff will provide supervised activities including scavenger hunt, arts and crafts, pizza, ice cream sundaes, and much more.

> Friday, Feb. 9 | 6:15-10 p.m. Course #42075

#### HORIZON COMMUNITY CENTER 15444 N. 100th St. I 480-312-2650

Early registration is recommended, as space is limited. Your child must be picked up by 10 p.m. or a late fee could be assessed.

If your child has a food allergy or special diet restrictions, please contact Geoff Gerstel (email: GGerstel@ScottsdaleAZ.gov) to make special arrangements at least one week prior to the event.

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Accessibility services may be available. See page 28 for details.

#### **ARTS & CRAFTS**

To view the supply list for classes, go to ScottsdaleAZ.gov and search "Art Supply."

#### **ADVANCED OIL PAINTING**

(18+)This class is designed for those who have painted continuously in oil and can supply at least three pictures of paintings done in the last year. We will explore self-portraits, portraiture, figurative, still life, urban, and special effect painting, including challenging elements; such as hair, fur, ice cubes, glass/reflections, weathered wood, and more, in a relaxed and friendly environment with other serious artists.



#### **BEGINNING OIL PAINTING**

(18+)For beginning painters who want to grow in confidence and ability to create a good oil painting. You will begin with a simple still life picture of my choice, which I will email you at least a week prior to the first class. I have several pictures to choose from after that, that are carefully chosen to meet your needs as a beginner, but to grow your abilities as well. This class is designed to give everyone new to painting a level playing field and quickly grow in a hobby that may become a passion!

\*Note: Because the first class covers so much information, you must be present at the first class to continue, and have all of your supplies ready to go. Please check the supply list online!

W	4:45-7:45 pm	1/10(11classes)	VLSC	\$116(R)/\$174(N)	Fried	40578
---	--------------	-----------------	------	-------------------	-------	-------

**DRAW/PAINT** 

Have the freedom to use any medium you choose, pencil, colored pencils, pastels, watercolor, oil and acrylic. Teacher emphasis is on individual attention and projects. \$1 nonrefundable cash supply fee is due to instructor on first day of class. Must be present at first class for orientation and demonstrations.

#### (15+) 40622 Tu 6:30-9:30 pm 1/9(9classes) ELSO \$127(R)/\$191(N) Chestney W 9:30 am-12:30 pm 1/10(9classes) ELSO \$127(R)/\$191(N) Chestney 40623 W 1-4 pm 1/10(9classes) ELSO \$127(R)/\$191(N) Chestney 40624 Th 9:30 am-12:30 pm 1/11(9classes) ELSO \$127(R)/\$191(N) Chestney 40625 \$127(R)/\$191(N) Chestney Th 1-4 pm 1/11(9classes) ELSO 40626 not required. (18+)Sa 10 am-12 pm 1/20(1class) Th 9 am-12 pm 1/11(11classes) VLSC \$160(R)/\$240(N) Consalvo 40627

#### DRAWING

(18+) Focus on the basic fundamentals of drawing, learning various techniques including perspective, shading, proportion, and composition. Enjoy using pencil, colored pencils and charcoal.

М 9:15 am-12:15 pm 1/15(9classes) HRZN \$122(R)/\$183(N) Milman 40629

#### **DRAWING STUDIO**

(18+) Welcome beginners, intermediate, and advanced artists. Focus on the basic fundamentals of drawing/learning various techniques including perspective, shading, proportion, and composition. Enjoy using pencil, colored pencils, and charcoal.

Tu	1-4 pm	1/9(11classes)	VLSC	\$160(R)/\$240(N)	Consalvo	40628
----	--------	----------------	------	-------------------	----------	-------

#### NEW GUIDED PAINTING: FIREWORKS & FLUTES

(18+) Paint along with a guided tutorial of celebratory fireworks and bubbly glasses, creating a memorable art piece to take home with you! All materials will be provided.

Tu 9:30 am-12 pm 1/9(1class) HRZN \$22(R)/\$33(N) Dugie 41789

#### NEW EXTREME GIFT WRAPPING

(18+) Extreme Gift Wrapping will show you how to create incredible and unique packages by embellishing with toys, stuffed animals, floral arrangements, and yes, even shoes! These gifts will never fail to impress!

Sa 9:30-10:30 am 3/2(3classes) HRZN \$25(R)/\$38(N) Dupuis 41836

#### **NEW INTRO TO ART**

(18+) Get comfortable with the core concepts of creating visual art. Play, explore and try a variety of mediums along the way! Great for curious beginners or getting back into creating. Lessons explore color, composition, patterns, perspectives, style, and brief art history. All art materials and paper will be provided.

Sa 9-11:30 am 1/20(6classes) VLSC \$73(R)/\$110(N) Dugie 41791

#### **NEW INTRO TO WATERCOLOR & TECHNIQUES WORKSHOP**

(18+) Learn from the beginning about papers, brushes, paints, salt, masking, light sketching and more! We will make our watercolor color charts along with making brush stroke charts, through learning how to hold our brushes. We will work on 1-2 paintings, that you can apply the learned skills to.

Tu 5-	7 pm	1/9(2classes)	VLSC	\$31(R)/\$47(N)	Godwin	41803
			(Carlos and	AND DESCRIPTION OF	1	285
			É.			

#### **NEW MINI PAPER POCKET BOOK**

(18+) Create a small book that fits in the palm of your hand. The book unfolds to reveal eight pockets filled with inserts we'll craft using paper, rubber stamps, inks, and embellishments. This cute book can be used for goals, lists, or for a special greeting. Paper crafting experience is great, but

HRZN \$18(R)/\$27(N)

Busch

40672

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

SCOTTSDALE PLAYS

# ADULT (14+ YEARS)

NEW MIXED MEDIA PAPER TAGS

(18+) Create five amazing paper tags using multiple mixed media techniques. Embossing, collage, rubber stamping, stenciling and more. This class is great to try out new techniques or to add to your paper arts repertoire. Paper crafting experience is great, but not required.

Sa	10 am-12 pm	3/9(1class)	HRZN	\$18(R)/\$27(N)	Busch	40671
----	-------------	-------------	------	-----------------	-------	-------

#### **NEW VALENTINE CARD CRAFTING**

(18+) Start the cozy season with an open crafting session to create Valentine themed cards for your loved ones. Enjoy music and treats while we create together! Basic crafting supplies will be provided like cards, glue, stickers etc.

Th	5-7:30 pm	2/8(1class)	VLSC	\$22(R)/\$33(N)	Dugie	41790
----	-----------	-------------	------	-----------------	-------	-------

#### **NEW WATERCOLOR FLORALS WORKSHOP**

(18+) A fun 2 class workshop doing loose abstract and realistic florals. Students can either have their own floral subject or use the ones I present and demo from. Workshop is for any level.

Tu	5-7 pm	2/6(2classes)	VLSC	\$31(R)/\$47(N)	Godwin	41804
Tu	5-7 pm	3/5(2classes)	VLSC	\$31(R)/\$47(N)	Godwin	41805

#### **OIL AND ACRYLIC PAINTING**

(18+) New and continuing students will focus on developing basic skills, exploring color, style, and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract, or non-representational forms.

М	9 am-12 pm	1/8(9classes)	VLSC	\$153(R)/\$230(N)	Roberts	40691
Tu	9 am-12 pm	1/9(11classes)	VLSC	\$185(R)/\$278(N)	Roberts	40852
Tu	1-4 pm	1/9(10classes)	GRSC	\$135(R)/\$203(N)	Wilson	40690
W	1-4 pm	1/10(11classes)	VLSC	\$116(R)/\$174(N)	Fried	40692
F	1-4 pm	1/12(11classes)	VLSC	\$160(R)/\$240(N)	Consalvo	40689



#### **PAINT STUDIO**

(18+) Welcome beginners, intermediate and advanced artists. Focus on the media of your choice: oils, acrylics, watercolors, or mixed media. Enjoy exploring art making and expanding your skills.

|--|

#### PASTELS

(18+) New and continuing students will learn techniques using pastels. Learn to develop a portrait, landscape, floral, abstract, or a nonrepresentational form with ease. Color is the magical element that gives feeling and emotion to art. Once you understand the meaning of color, it will help you determine the palette to evoke strong emotional response in your paintings.

#### WATERCOLOR

(18+) Transparent watercolor for the beginning, as well as intermediate student will include basic techniques, color and composition using landscape, still life, and portrait. Individual attention with emphasis on learning to see as the artist does.

W	9 am-12 pm	1/10(10classes)	VLSC	\$162(R)/\$243(N)	Godwin	40764
F	9 am-12 pm	1/12(11classes)	VLSC	\$177(R)/\$266(N)	Amsellem	40678

#### INTERMEDIATE/ADVANCED WATERCOLOR

(18+) Watercolor learning composition using images of landscape, still life, and portrait. Attention with emphasis on learning to see as the artist does and not just copying an image. From time to time, we will also be painting with ink which is very exciting.

М	1-4 pm	1/8(9classes)	GRSC	\$147(R)/\$221(N)	Amsellem	40763

#### CERAMICS

#### ADVANCED CLAY STUDIO

(18+) NO INSTRUCTION. Proficiency in hand-building or wheel-throwing at an intermediate level or above required. Studio time for working on your clay projects independently. Equipment available includes electric wheels, slab roller, and staff-fired Cone 5/6 electric kiln, plus slips, glazes, and more. You must be able to design, carry out, and complete a project from wet clay to glazing without assistance. Pieces created at Eldorado clay studio are eligible for firing in the studio kilns. \$20 non-refundable cash material fee due at first class.

Tu	12:30-3:30 pm	1/9(11classes)	ELDO	\$178(R)/\$267(N)	Bogan	40829
Th	12:30-3:30 pm	1/11(11classes)	ELDO	\$178(R)/\$267(N)	Bogan	40831



#### **HOME ACCENTS**

(18+) Rev up your house and patio with fireplace sculptures, book shelf decorations, lamps, flower pots, bonsai dishes and more! Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form. Supplies to bring to class: 25lbs Cone 5 clay, basic pottery tools, wood knife, pin tool, cutting wire, rib, sponge, brushes, apron and small bucket. \$20 non-refundable cash material fee due at first class.

Sa	9:30 am-12:30 pr	n 1/13(10classes)	ELDO	\$163(R)/\$245(N)	Peterson	40594
Sa	1-4 pm	1/13(10classes)	ELDO	\$163(R)/\$245(N)	Peterson	40595

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

#### INTRODUCTION TO CLAY

Introduction to basic clay techniques including coil, pinch, slab, wheel and glazing. Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form, as time allows. Bring basic ceramics tools (cutting wire, brushes, sponge, needle tool) and 25 lbs Cone 5/6 clay to first class.

#### (14+)

	М	5-7:45 pm	1/8(10classes)	GRSC	\$163(R)/\$245(N)	Peterson	40598
(	18+)						
	Tu	9 am-12 pm	1/9(11classes)	ELDO	\$178(R)/\$267(N)	Bogan	40832
	Th	9 am-12 pm	1/11(11classes)	ELDO	\$178(R)/\$267(N)	Bogan	40833

#### **COOKING CLASSES**

#### NEW MEDITERRANEAN DIET 101 - ONLINE

(15+) Join a professional chef and learn the scientific research behind the Mediterranean diet while making a heart-healthy, low glycemic index, diabetic-friendly dinner. Cook from home and have all your questions answered by an expert. Instructions and recipes will be provided to all registered students. Buy your ingredients ahead of time and follow along, or simply watch and ask questions as if you were watching the food network live. All recipes can be modified for your dietary restrictions and all levels of culinary experience are welcome!

#### VISIT VIETNAM: CLEAN, CLASSIC, VIETNAMESE RECIPES

(15+) Join us for a virtual kitchen class and cook along with a professional chef. Enjoy restaurant-quality East Asian at home! (Vegan and Gluten-free options available)

Sa 1-6:30 pm 2/10(1class)

ONLINE \$38(R)/\$57(N)

Sampson 41778

#### DIGITAL PHOTOGRAPHY

#### BEGINNING

(15+) Learn the basics of photography, how to use your camera and discover what all those buttons really do. Then begin the process to really "see" your subject before clicking the shutter. Mix in weekly photo assignments to apply what you learn and you will leave this class feeling good about your photography while having fun. This class is taught using DSLR cameras. Bring your DSLR camera to each class.



Bochenek

M 6-7:30 pm 1/22(7	lasses) VLSC
--------------------	--------------

INTERMEDIATE/ADVANCED

(15+) This course is for passionate photographers who understand the basics like f/stop and shutter speed and are looking to take more eye-catching photos. We will explore different composition and framing techniques that will draw the viewer in to your photos. We'll expand on topics like the use of light, what makes an image impactful, and ideas for more artistic images.

\$54(R)/\$81(N)

COMMUNICATION & LANGUAGE
--------------------------



#### ONLINE BEGINNER SPANISH

(14+) This class is for students who have no prior background in Spanish. Learn pronunciation, essential vocabulary, and basic grammar to communicate simple ideas. Practice listening comprehension and speaking to convey basic ideas including numbers, nouns, adjectives, and frequently used verbs.

Tu	9:30-11 am	1/9(11classes)	ONLINE \$97(R)/\$146(N)	Buettner	40572

#### **SPANISH I**

(14+) Always wanted to speak Spanish but didn't keep it up after schooling? You will be introduced to typical high school level one listening, reading, and speaking grammar concepts including present tense verb conjugation, nouns, adjectives & gender and vocabulary acquisition. Emphasis is placed on conversation practice. Travel and cultural enrichment are included.

W	4:30-5:30 pm	1/17(10classes)	VI SC	\$76(R)/\$114(N)	Philipp	40850
	4.50 5.50 pm	1/11/10/00/05/05/	VLJC		rinupp	40050

#### **SPANISH II**

(14+) This class is a continuation from Spanish I. Maintaining the learning focus on conversation while expanding into writing as well as listening and reading. As we continue our focus on present tense grammar and vocabulary, additional useful tenses will be introduced. The scope & sequence will adjust according to class makeup. Travel and cultural enrichment are included.

#### NEW SPANISH I

(18+) This 10-week course will introduce adult learners to some fundamentals of the Spanish language, including nouns, adjectives, and verbs. We will focus on vocabulary building through reading, writing, listening, and speaking, as well as basic grammar. This course will cover through page 150 of the required text.

W	5-6 pm	1/10(10classes)	GRSC	\$76(R)/\$114(N)	Ellis	41854
---	--------	-----------------	------	------------------	-------	-------

ONLINE SPANISH: STEP 1

(14+) If you know just a little of the basics in Spanish (masculine/feminine gender info, present tense verbs), this class gives you practice to converse, listen, and reviewing simple vocabulary, grammar, and sentence structure. This is the class to take after "Beginner Spanish Step 1" or if you took high school Spanish long ago and want to jump start your experience. Conversation practice uses mainly easier present tense structures.

M 6-7:30 pm 1/22(6classes) HRZN \$49(R)/\$74(N) Marple 40621	M 9:30-11 am 1/8(11classes) ONLINE \$97(R)/\$146(N) Buettner 40573
--	--

**RECREATION.SCOTTSDALEAZ.GOV** - RESIDENT REGISTRATION BEGINS **NOV. 27** / NON-RESIDENT BEGINS **NOV. 30** Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

40620

PARKS AND RECREATION

# **ADULT** (14+ YEARS)

#### **ONLINE SPANISH: STEP 2**

(14+) If you are comfortable using simple sentences in Spanish, but you want to improve fluency and mix use of the present and past, this class gives you more challenging practice. We work to improve your listening/ speaking/reading abilities.

W	10-11:30am	1/10(11classes)	ONLINE \$97(R)/\$146(N)	Buettner	40838
W	6-7:30 pm	1/10(11classes)	ONLINE \$97(R)/\$146(N)	Buettner	40726

#### **FRENCH - CONTINUING**

(18+) Designed for continuing students wanting to increase their current knowledge in developing conversational skills, practicing pronunciation, and learning essential grammatical facts in a supportive and fun environment. Group participation is encouraged. Purchase: French Made Simple, by Haze, 2006 edition, \$13.

Tu	5:30-7:30 pm	1/9(5classes)	HRZN	\$76(R)/\$114(N)	Gabor	40631
Tu	5:30-7:30 pm	2/13(6classes)	HRZN	\$89(R)/\$134(N)	Gabor	40632

#### INTRODUCTION TO FRENCH AND FRENCH CULTURE

(18+) A fun and engaging course for beginners who are new to French and want to learn the conversational basics with the dream of one day using it in practice and travel. We will also learn about French culture. This class is NOT for fluent speakers due to its beginning level.

Т	u	6-7:15 pm	1/16(10classes)	VLSC	\$106(R)/\$159(N)	Philipp	40639



#### **ITALIAN - LEVEL 1**

(14+) This is an introductory class to the Italian language designed for students seeking speaking and listening abilities with minimal emphasis on grammar. In this course you will be introduced to the Italian alphabet, correct pronunciation of the individual letters and selected letter groups. Students will develop basic speaking, listening, reading, writing, comprehension and cultural awareness skills.

W	6:15-7:45 pm	1/10(11classes)	HRZN	\$105(R)/\$158(N)	Orso
---	--------------	-----------------	------	-------------------	------

#### **ITALIAN - LEVEL 2**

(14+) This intermediate Italian course is designed for students who have a basic understanding of the Italian language. If you already have knowledge of singular and plural nouns, gender differences, and the verbs "essere," "stare," and "avere," this course is the next step for you. Develop your language skills and gain the tools and strategies to continue your independent study for further improvement. This course serves as a bridge between the basics and more advanced levels, preparing you for further linguistic growth in the Italian language.

Th 6:15-7:45 pm 1/11(11classes) HRZN \$105(R)/\$158(N) Orso	
---	--

#### DANCE

#### **BALLET - BEGINNING**

(18+) This class is designed for the beginning student or those with less than two years of ballet training. This casual and fun class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations.

	Tu	2-2:50 pm	1/9(11classes)	GRSC	\$57(R)/\$86(N)	Moore	40565
--	----	-----------	----------------	------	-----------------	-------	-------

#### BALLROOM DANCE - BASICS I

(18+) Learn and improve the dances you need to feel

there will be enough partners to share during class.

comfortable in any social situation. Dances may include: foxtrot, waltz, cha-cha, tango, rumba, swing and much more. No partner required; however, we cannot guarantee 40568



Tu	5:45-6:40 pm	1/9(10classes)	GRSC	\$57(R)/\$86(N)	Dale	

#### **BALLROOM DANCE - BASICS II**

(18+) After completing 2-3 sessions of the Basics I class, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing, and more.

Tu 6:45-7:40 pm 1/9(10classes) GRSC \$57(R)/\$86(N) Dale	40569
--	-------

#### **BALLROOM DANCE - BEYOND THE BASICS**

(18+) Here's a chance for the student who has taken 4-5 sessions of the beginner's class to learn more about the basic and beginning level social dances. The focus will be to add onto the students existing step patterns and technique to help improve movement on the dance floor.

#### BALLROOM DANCE - INTERMEDIATE SMOOTH & RHYTHM

(18+) This class will focus on higher-level patterns and techniques in dances such as foxtrot, waltz, tango, rumba, cha-cha, swing, salsa, and more! A fun continuation for the student who has had at least 5 or 6 sessions of ballroom dance and who have learned 7 to 8 patterns in each of the social ballroom dances.

W	6:50-7:45 pm	1/10(11classes)	VLSC	\$62(R)/\$93(N)	Dale	40567
	0.00 1.10 pm	1/10(110(00000)	1200	\$02(iii)	Duic	10001

#### DANCING DELIGHTS - INTRODUCING MODELING -BEGINNERS

(18+) This class will focus on many different dance steps and cute routines. The goal in modeling and dancing is to walk with grace, poise, good posture, and to carry yourself with confidence.

W	1:30-2:30 pm	1/10(11classes)	GRSC	\$65(R)/\$98(N)	Goss	40618
---	--------------	-----------------	------	-----------------	------	-------

#### **DANCING DELIGHTS - DANCING FOR FUN! INTERMEDIATE/** ADVANCED

(18+) Experience, understand, and acquire the knowledge of how dance steps, movements and combinations make up dance routines. Also, learn many new dance styles, while working on showmanship and always enjoying dancing for fun.

W 2:40-3:40 pm 1/10(11classes) GRSC \$65(R)/\$98(N) Goss 41855	W	2:40-3:40 pm	1/10(11classes)	GRSC	\$65(R)/\$98(N)	Goss	41855
--	---	--------------	-----------------	------	-----------------	------	-------

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

40641

#### LINE DANCING: BEGINNERS

10:35-11:35 am 1/9(11classes)

Tu

(18+) Exercise your mind and body while dancing. Everyone is welcome to join this fun and energizing line dance class. Learn steps and line dances for country, latin, waltzes, old standbys and newer dances. No partner is required to enjoy this class. Some dance experience would be helpful.

VLSC \$82(R)/\$123(N) Chapman

#### LINE DANCING: HIGH BEGINNER/LOW INTERMEDIATE

(18+) This is a high beginner low intermediate class and it does require a full knowledge of all the basic dance moves and terminology you learned in the beginning classes. This is a much faster paced class than the beginner class. You will be learning new more intricate dance moves as we progress through the class.

Tu 9:20-10:20 am 1/9(11classes)	/LSC \$82(R)/\$123(N)	Chapman 40649
---------------------------------	-----------------------	---------------

#### **TAP - INTERMEDIATE**

(18+) This fast-paced intermediate class is for the fun of tapping to a variety of music and styles. Choreography for dances will be taught while learning and building on basic techniques of both rhythm and Hollywood styles. Tap shoes required.

Tu	6:15-7:15 pm	1/9(11classes)	MTNV	\$63(R)/\$95(N)	Campi	40749
----	--------------	----------------	------	-----------------	-------	-------

#### **TAP - SENIOR BEGINNING TECHNIQUES**

(18+) Learn the basics of different dance steps and combinations while improving your memory and having fun.

Th 2:45-3:45 pm 1/11(11c	asses) GRSC	\$63(R)/\$95(N)	Campi	40750
--------------------------	-------------	-----------------	-------	-------

#### **TAP - SENIOR INTERMEDIATE LEVEL I**

(18+) Learn the basics of dance routines while improving your memory and having fun. If you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Th	4-5 pm	1/11(11classes)	GRSC	\$63(R)/\$95(N)	Campi	40751
----	--------	-----------------	------	-----------------	-------	-------

#### **TAP - SENIOR INTERMEDIATE LEVEL II**

(18+) Learn more challenging dance routines while improving your memory and having fun. Please note, if you are not at the appropriate skill level, you will be asked to withdraw, and staff will do their best to locate a class at the correct level.

FITNESS 8	t HEALTH
-----------	----------

#### AEROBICS

40648

(18+) Start your day off right with this 'work at your own pace' cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications are provided.

М	8:15-9 am	1/8(9classes)	GRSC	\$49(R)/\$74(N)	Alfraid	40664
---	-----------	---------------	------	-----------------	---------	-------

#### **BARRE EXPRESS**

(14+) Barre Express is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga, and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and glides will be used as props. No experience necessary.

MW	6:10-7 am	1/8(15classes)	MMRA	\$133(R)/\$200(N)	Spencer	40571
М	5:45-6:35 pm	1/8(6classes)	MMRA	\$60(R)/\$90(N)	Spencer	40570



#### BETTER BALANCE FOR SENIORS

(18+) While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. The class will also offer exercises and strategies to help you get back up in case you do fall. This class will be done sitting or using the chair as a prop for standing exercises.

М	11:15 am-12:05 pm	1/8(10classes)	VLSC	\$102(R)/\$153(N)	Yancy	40558
W	11-11:50 am	1/10(12classes)	VLSC	\$121(R)/\$182(N)	Yancy	40579
Th	10:15-11:05 am	1/11(12classes)	VLSC	\$121(R)/\$182(N)	Yancy	40580

#### **BODY AND MIND**

(18+) Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga & Pilates providing a full body workout including cardio, strengthening and flexibility.

MW	9:15-10:15 am	1/8(18classes)	GRSC	\$88(R)/\$132(N)	Alfraid	40582
F	11:15 am-12:15 pm	1/12(11classes)	VLSC	\$58(R)/\$87(N)	Alfraid	40581

#### **BODY CONDITIONING**

(18+) Exercise class concentrating on enhancing body tone, strengthening and stretching. This will include an educational aspect on fitness and wellness to incorporate fitness into everyday life.

W	8:15-9 am	1/10(9classes)	GRSC	\$49(R)/\$74(N)	Alfraid	40583
---	-----------	----------------	------	-----------------	---------	-------

#### BOLLYX - THE BOLLYWOOD WORKOUT!

(14+) BollyX is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world.
50-minute cardio workout cycles between higher and lower-intensity dance sequences to get you moving, sweating, and smiling.

Th	5-6 pm	1/11(11classes)	GRSC	\$63(R)/\$95(N)	Campi	40752	М	6:45-7:45 pm	1/8(9classes)	HRZN	\$75(R)/\$113(N)	Patel	40584
		, , , ,							, , , ,				

**RECREATION.SCOTTSDALEAZ.GOV** - RESIDENT REGISTRATION BEGINS **NOV. 27** / NON-RESIDENT BEGINS **NOV. 30** Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

PARKS AND RECREATION

# ADULT (14+ YEARS)

40892

The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services, and public facilities so that the full participation may be enjoyed by all. See page 6 for details.

#### CARDIO-CORE FITNESS

(18+) A fusion of music provides a great cardio workout and lots of fun. Reduce stress, tone your body, strengthen your muscles, increase flexibility and build core strength. Foot movements are modified as needed and everyone is encouraged to work at their own pace. All levels are welcome.



#### **CORE AND MORE**

(14+) Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside weight training, is designed to strengthen your entire body. Get your heart rate up and burn calories as you jump from exercise to exercise working your way through each muscle group, with an emphasis on the core muscles (abs, lower back, hips, and butt).

Th 5:30-6:30 pm 1/11(11classes) MMRA \$60(R)/\$90(N) Teisch 40609

#### **CHAIR PILATES**

(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. This active pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving and maintain their independence as they age. We will be using the chair in sitting exercises to help warm up, stretch and lengthen the body. No pilates experience is needed! Students must be able to stand and walk independently, without the support of a walker or cane.

Tu	8:15-9:05 am	1/9(12classes)	VLSC	\$121(R)/\$182(N)	Yancy	40599
F	8:15-9:05 am	1/12(12classes)	VLSC	\$121(R)/\$182(N)	Yancy	40600

#### **GENTLE CHAIR PILATES**

9-9:50 am

(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. This gentler pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving and maintain their independence as they age but with a slower paced, gentler approach to pilates. Exercises will be done both while sitting and standing (using the chair for support) and students must be able to stand independently, without the support of a walker or cane. No pilates experience is needed and beginners are welcome!

NEW 30/30/30
--------------

(14+) The class will start off with 30 minutes of aerobics, followed by 30 minutes of strength training, and finishing up with 30 minutes of pilates, stretch and meditation.

W 5:30-7 pm 1/10(11classes) CACT \$89(R)/\$134(N) Alfraid

#### NEW AEROBICS

(18+) Start your day off right with this 'work at your own pace' cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications are provided.

 Sa
 8:05-8:55 am
 1/13(11classes)
 VLSC
 \$58(R)/\$87(N)
 Alfraid
 41306

#### NEW BEGINNER TO INTERMEDIATE MAT PILATES

(14+) Pilates is for everyone! Pilates strengthens your core and therefore your overall strength and stability. It sculpts long lean muscles and increases flexibility. This beginner to intermediate class will focus on the core principles, movements and breath of classic pilates. The class is structured to challenge you to progress to higher levels of the pilates practice. All levels are welcome. Class is performed standing and on the mat.

Sa	9-10 am	1/13(11classes)	GRSC	\$74(R)/\$111(N)	Dorsey	41863

#### PILATES

(14.)

This beginning pilates class will focus on strengthening your body core, stability and balance.\*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

(14+)						
М	10-11 am	1/8(11classes)	MMRA	\$114(R)/\$171(N)	Nicholas	40709
W	6:15-7:15 pm	1/10(11classes)	HRZN	\$82(R)/\$123(N)	Martin	40710
(18+)						
Tu	1:30-2:25 pm	1/9(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	40712
W	8:05-8:55 am	1/10(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	40788
Th	1:30-2:25 pm	1/11(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	40711

#### PILATES GENTLE

(18+) This pilates class contains all the benefits to a traditional pilates class, however this style is slower and a more gentle approach.

W	10:30-11:30 am	1/10(9classes)	GRSC	\$55(R)/\$83(N)	Alfraid	40715
---	----------------	----------------	------	-----------------	---------	-------

#### **PILATES - GOLF CONDITIONING**

(14+) This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury. Building better bodies and minds is the original purpose of pilates.

Tu	4:45-5:35 pm	1/9(11classes)	MMRA	\$82(R)/\$123(N)	Martin	40713
Tł	4:45-5:35 pm	1/11(11classes)	VLSC	\$82(R)/\$123(N)	Martin	40714

#### PILATES INTERMEDIATE/ADVANCED

(14+) This class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. Three months of Pilates experience suggested. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

1/10/10-1	14.00	6101/D\/6100/NI\	V	40000							
1/10(12classes)	VLSC	\$121(R)/\$182(N)	rancy	40633	W	10-11 am	1/10(11classes)	MMRA	\$114(R)/\$171(N)	Nicholas	40716
						10 11 0111	1/10/110(0500)	PHPHAA	\$114(IV)/\$111(IV)	Micholus	40110

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

#### SENIOR CIRCUIT - CARDIO, STRETCH AND STRENGTH TRAINING

(18+) A one hour class including cardio and strength training portions. Each class will be broken down into five segments: warm Up (including stretch), work, cool-down, final stretch and relaxation. Within the work segment, alternate cardio and strength training blocks will be offered. Each segment will offer varying levels of exertion, to permit those just starting out through those looking for a more vigorous session to experience the appropriate challenge.

MTh 1-2 pm	1/8(20classes)	GRSC	\$111(R)/\$167(N)	Herriot	40836

#### SENIOR STRENGTH TRAINING

(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You're never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens. This class will utilize basic exercises on machines and with free weights.

MW	11 am-12 pm	1/8(20classes)	VLSC	\$163(R)/\$245(N)	Smith	40717
MW	5:45-6:45 pm	1/8(20classes)	VLSC	\$112(R)/\$168(N)	Teisch	40674
M Th	9-10 am	1/11(19classes)	MMRA	\$155(R)/\$233(N)	Smith	40719
Tu Th	10-11 am	1/9(22classes)	VLSC	\$169(R)/\$254(N)	Brancati	40718
Tu Th	11:30 am-12:30pr	n 1/9(22classes)	GRSC	\$169(R)/\$254(N)	Brancati	40720



#### SENIOR STRENGTH TRAINING - ADVANCED

(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You're never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens.

WF	8-8:55 am	1/10(22classes)	MMRA	\$178(R)/\$267(N)	Smith	40837
----	-----------	-----------------	------	-------------------	-------	-------

SHIFT YOUR SHAPE

(18+) Get ready to take on the afternoon after this full body stretch and tone workout! Buttocks, back, thighs, and abdominals are strengthened; exercising at your own pace is encouraged. There is emphasis on increasing flexibility, through various yoga poses and traditional stretches. Most of the exercises are on the mat.

Tu Th 11:15 am-12pm	1/23(16classes)	ELDO	\$38(R)/\$57(N)	Reznikoff	40721
---------------------	-----------------	------	-----------------	-----------	-------

#### **STEP AEROBICS**

(14+) This class provides the ideal workout for those students who want a challenge and results. It will improve strength, muscle endurance, flexibility and balance. Steps can be adjusted for beginners and advance levels.

Tu	6-7 pm	1/9(11classes)	HRZN	\$82(R)/\$123(N)	Martin	40728
Th	6-7 pm	1/11(11classes)	HRZN	\$82(R)/\$123(N)	Martin	40729

#### **STEP AND STRENGTHEN**

(14+) Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed. Strengthen your legs, upper body and core with low intensity training.

Sa	9:15-10:15 am	1/13(10classes)	HRZN	\$54(R)/\$81(N)	Alfraid	40730
----	---------------	-----------------	------	-----------------	---------	-------

#### STRETCH IT OUT!

(18+) This class is designed to loosen tight muscles and joints at a slow and gentle pace. Perfect for those suffering from lower back pain due to limited range of motion. Assists in greater range of motion and flexibility.

W         12-1 pm         1/10(11classes)         VLSC         \$65(R)/\$98(N)         Alfraid         4	40731
--	-------

#### TAI CHI

(18+) Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration. The Yang Style Long Form is a series of postures which are broken into three sections.

#### Beginning - will cover positions from the first section

-	-					
М	10:45 am-12:15 pm	1/8(9classes)	GRSC	\$61(R)/\$92(N)	Isaacson	40746
Tu	6-7 pm	1/9(11classes)	MMRA	\$48(R)/\$72(N)	Oestreich	41777
W	9:30-10:30 am	1/10(11classes)	VLSC	\$52(R)/\$78(N)	Navarro	40741
W	10:45-11:45 am	1/10(11classes)	VLSC	\$52(R)/\$78(N)	Isaacson	40740
W	5:30-7 pm	1/10(11classes)	GRSC	\$72(R)/\$108(N)	Isaacson	40739
Th	9-10:30 am	1/11(11classes)	GRSC	\$72(R)/\$108(N)	Isaacson	40744
Th	11:15 am-12:45 pm	1/11(11classes)	VLSC	\$72(R)/\$108(N)	Navarro	40745
F	9:30-10:30 am	1/12(11classes)	VLSC	\$52(R)/\$78(N)	Navarro	40742
Sa	9-10 am	1/13(10classes)	GRSC	\$48(R)/\$72(N)	Isaacson	40743

Intermediate – Students must be proficient in positions from the first section

W 10:45-11:45 am 1/10(11classes) VLSC \$46(R)/\$69(N) Navarro 40748

Advanced – Students must be proficient in the positions from the first and second section

W	9:30-10:30 am	1/10(11classes)	VLSC	\$46(R)/\$69(N)	Isaacson	40738
F	9:30-11 am	1/12(11classes)	VLSC	\$64(R)/\$96(N)	lsaacson	40736
Sa	10:15-11:45 am	1/13(10classes)	GRSC	\$59(R)/\$89(N)	Isaacson	40737



PARKS AND RECREATION

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

# ADULT (14+ YEARS)

#### THE TOTAL WORKOUT

(18+) Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance. Cool down with gentle stretching and deep breathing.

F	8:45-9:45 am	1/12(10classes)	GRSC	\$54(R)/\$81(N)	Alfraid	40753
	0.4J-J.4J alli	1/12(10((asses)	UNJU	224(IV)/201(IV)	Allialu	40133

#### **TONE AND STRETCH**

(18+) Start your day off right with this 'work at your own pace' cardio and toning class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning, stretching and mat work exercises are all included in this total body workout. Class ends with a cool-down and a guided meditation. Modifications are provided. Please bring your own hand weights.

М	8:15-9:05 am	1/8(9classes)	VLSC	\$47(R)/\$71(N)	Robertson	40754
---	--------------	---------------	------	-----------------	-----------	-------

#### **TOTAL BODY WORKOUT**

(18+) Energize your body and mind with this total body workout. Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance. Cool down with gentle stretching and deep breathing. Working out in your comfort zone is encouraged.

	Th	8:05-9 am	1/11(11classes)	VLSC	\$56(R)/\$84(N)	Robertson	41305
--	----	-----------	-----------------	------	-----------------	-----------	-------

#### **TOTALLY TONING**

(14+) Strengthen and tone your major muscle groups using weights, exercise balls, body bars and gravity. Learn proper form and technique to maximize results. Target problem areas and increase your metabolism with more muscle.

Tu	5:30-6:30 pm	1/9(11classes)	MMRA	\$60(R)/\$90(N)	Teisch	40677

#### ZUMBA

Zumba<sup>®</sup> fuses song styles, tempos, rhythms, and dance themes from around the world to create a dynamic and effective fitness system that feels more like a party than a workout! The fun and exciting combination of dance choreography and fitness moves work the entire body, targeting major muscle groups and providing a beneficial cardio workout. The steps are easy to follow and incorporate elements of Latin dance, Swing, Hip Hop, Disco, Belly Dance, Folk Dance, and more. Come join the party!

(14+)

Th	6:15-7:15 pm	1/11(11classes)	CACT	\$83(R)/\$125(N)	Kenrick	40799
(18+)						
Tu	9:15-10:15 am	1/9(11classes)	MMRA	\$83(R)/\$125(N)	Kenrick	40634

#### ZUMBA GOLD

(18+) Perfect for anyone who is looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. This class is ideal for beginners as well as individuals seeking a low-impact exercise program.

М	1-1:55 pm	1/8(9classes)	VLSC	\$70(R)/\$105(N)	Kenrick	40803
Tu	12-1 pm	1/9(11classes)	VLSC	\$65(R)/\$98(N)	Scott	40800
W	8:15-9:10 am	1/10(11classes)	VLSC	\$83(R)/\$125(N)	Kenrick	40801
F	8:15-9:10 am	1/12(11classes)	VLSC	\$83(R)/\$125(N)	Kenrick	40802

#### ZUMBA TONING

(18+) The addition of Zumba<sup>®</sup> Toning Sticks or light dumbbells (1 to 2.5 lbs) turns up the fun and fitness at this dance party! Zumba<sup>®</sup> Toning is a circuit training that benefits cardiovascular health as well as muscle conditioning and toning. This weighted workout targets muscle groups in the arms, core, and lower body and also increases a sense of rhythm and coordination.

Tu	10:30-11:30 am	1/9(11classes)	MMRA	\$83(R)/\$125(N)	Kenrick	40805
Tu	6:15-7:15 pm	1/9(11classes)	CACT	\$83(R)/\$125(N)	Kenrick	40804

#### YOGA AND MEDITATION

#### MEDITATION FOR EVERYONE

(18+) Meditation calms the body and soothes the mind. It is also a great way to relieve stress and improve overall health and well-being. Join us and learn the basics of meditation to set up your own home practice. We will also explore various forms of meditation and relaxation methods.

-	Tu	10:45-11:35 am	1/9(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	40655
	F	12:15-1:05 pm	1/12(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	40656

#### ACTIVE CHAIR YOGA

(18+) A chair is used throughout practice for seated poses and for balance in standing poses. Safe, mindful instruction guides students through exercises to maintain and regain mobility, build strength and flexibility. Variations for poses are offered to welcome all levels of ability, including beginners.

М	9:15-10:10 am	1/8(10classes)	VLSC	\$79(R)/\$119(N)	Yancy	40554
М	10:15-11:10 am	1/8(10classes)	VLSC	\$79(R)/\$119(N)	Yancy	40559
W	10-10:55 am	1/10(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	40557
Th	9:15-10:10 am	1/11(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	40553
Th	9:30-10:30 am	1/11(11classes)	GRSC	\$83(R)/\$125(N)	Mullins Bulka	40560
F	9:15-10:10 am	1/12(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	40556
F	11:15 am-12:10 pm	1/12(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	40555

#### CHAIR REIKI I - SELF HEALING

(18+) Reiki energy is a gentle healing warmth that you direct with your hands. It is a simple, natural, and safe method of healing that is effective in treating emotional and physical ailments and works in conjunction with traditional medicine to promote recovery. Reiki treats the whole person, body, mind, and spirit, creating beneficial effects that include relaxation and feelings of well-being. It is a deeply moving experience for many students and is taught by a Reiki Master.

М	8:15-9:45 am	1/22(4classes)	VLSC	\$45(R)/\$68(N)	Jenkins	40601
М	8:15-9:45 am	2/26(4classes)	VLSC	\$45(R)/\$68(N)	Jenkins	40602

#### CHAIR REIKI II- SELF HEALING WORKSHOP

(18+) Reiki 2 is an advanced course of self-healing taught through meditation and classroom exercises. It enables the student to send healing energy through healing hands to friends, family, and others at any distance. No touching is required to do this. Reiki 1 is a prerequisite for this course.

М	10-11:30 am	1/22(4classes)	VLSC	\$45(R)/\$68(N)	Jenkins	40603
М	10-11:30 am	2/26(4classes)	VLSC	\$45(R)/\$68(N)	Jenkins	40604

#### **GENTLE CHAIR YOGA**

(18+) Practice yoga using a chair instead of a mat! This Gentle Chair Yoga Class is designed for those with limited mobility who want to practice yoga but have difficulty standing for long periods. It is also for anyone looking for a more gentle and relaxing Chair Yoga practice. Each class includes gentle stretching to release tension, stiffness and stress from tight muscles and joints, followed by gentler variations of yoga poses for strength and posture, all done seated in a chair. Approximately 15 minutes of each class will be done standing, working to improving balance and mobility.

F	10:15-11:10 am	1/12(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	40771
---	----------------	-----------------	------	------------------	-------	-------



#### **CHAIR YOGA - INTERMEDIATE**

(18+) This class is designed for those with previous yoga or chair yoga experience and who want to take a challenging yoga class but have difficulty getting up off of and down onto the floor. This quicker paced, flow style, chair yoga class will use the chair in sitting postures to help stretch and warm up the body followed by a series of standing and balance poses, using the chair for support when needed. Previous yoga or chair yoga experience is needed and students must be able to stand and walk independently, without the support of a walker or cane.

М	8:15-9:10 am	1/8(10classes)	VLSC	\$79(R)/\$119(N)	Yancy	40606
Th	8:15-9:10 am	1/11(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	40605

#### **HATHA YOGA**

(14+) The benefits of Hatha yoga include better sleep, strengthening core muscles, improving depression symptoms, and helping with stress management, as well as an effective way to lose weight. Hatha yoga is a type of yoga that emphasizes holding poses. It is made up of three main practices: body postures, breathing techniques, and meditation. You are guaranteed to walk out this type of yoga in a better mood and feeling happier while your body is more flexible. All levels welcome.

М	6-7 pm	1/8(9classes)	MMRA	\$49(R)/\$74(N)	Malaekeh	40853	
111	0 i pili	1/0(36(03563)	PIPINA	J-J(I()) JI-I(II)	muluchen	40033	

#### **JOURNEY INTO YOGA**

(18+) Take a journey into your yoga practice! Explore the fundamentals of yoga based on breath work, mindfulness, alignment, building strength and increasing flexibility. Beginner friendly and perfect for continuing students. Discover the joy in your yoga journey through foundational yoga postures while stimulate, rejuvenate, and nurture your body and mind connection.

Th	9-10:15 am	1/11(11classes)	GRSC	\$90(R)/\$135(N)	Urata	40643
----	------------	-----------------	------	------------------	-------	-------

#### **MYOFASCIA RELEASE AND RESTORATIVE**

(18+) Release your fascia that may be causing pain or limited range of mobility. Do you suffer from tight muscles, joint, foot, hip, neck, shoulder, or back pain, feeling stressed or anxious? Myofascial release aims to relax tense, constricted fascia surrounding soft tissue. This is a heavily restorative, low intensity, no impact class that uses several healing modalities (myofascia release, yoga, ancient Chinese meridian point, etc) to soften connective tissue restrictions/adhesion, release tension, stress, anxiety, and trapped energy- restoring harmony and balance within.

тh	10.20 11.4E am	1/11/(classes)	CDCC	CE4/D)/C01/NI	Urata	40660
111	10:30-11:45 am	1/11(0C(dSSES)	GROU	\$54(R)/\$61(N)	UIdld	40000

#### NEW YIN YOGA - ONLINE

(14+) Yin Yoga is a deliberate and unhurried practice that deepens your stretches and enhances your flexibility. Most poses are performed on the floor, either from a seated position or lying on your back, making it accessible to individuals of all fitness levels. We offer alternative poses to ensure a comfortable and inclusive experience for those facing knee or ankle challenges. To fully embrace your Yin Yoga journey, please have the following props: a yoga mat, one to two yoga blankets, two blocks, and a yoga strap. However, don't worry if you don't have these specific props on hand, substitutes are more than acceptable.

Sa 9-10 am 1/13(11classes) ONLINE\$74(R)/\$111(N) Jarvie 41862

#### **YOGA - ALL LEVELS**

Find balance for your body, mind and spirit!. The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Detailed instruction will offer the poses for various levels of fitness and ability, along with important alignment cues to practice safely and in such a way that you feel better at the end of practice than when you started. All levels welcome.

(14+)						
W	6:30-7:45 pm	1/10(11classes)	MMRA	\$70(R)/\$105(N)	Malaekeh	40854
(18+)						
W	9:30-10:45 am	1/10(9classes)	MMRA	\$75(R)/\$113(N)	Stewart	40784
W	12-1:15 pm	1/10(11classes)	GRSC	\$90(R)/\$135(N)	Rothman	40845
Th	9:30-10:45 am	1/11(10classes)	HRZN	\$82(R)/\$123(N)	Rothman	40844

#### **YOGA BASICS**

(18+) Focus is on essentials of the yoga practice with a gentle approach based on skillful alignment, breath, building core strength and increasing flexibility. Beginner friendly; also perfect for continuing students. Deepen your work in foundational yoga postures while linking breath, awareness, and movement from a place of stability.

W 11 am-12 pm 1/10(9classes) MMRA \$62(R)/\$93(N) Stewart 40682

#### **YOGA - BEGINNING**

(18+) This class is to help calm and heal the mind and body through principles of mindfulness meditation; gentle alignment-based yoga poses; and restorative yoga poses. Props such as straps, blocks, cushions, chairs and yoga mats will be utilized when appropriate.

W	10:30 am-12 pm	1/10(11classes)	CACT	\$101(R)/\$152(N)	Sikes	40772
Th	10:45 am-12:15 pm	1/11(11classes)	VLSC	\$109(R)/\$164(N)	Parrow	40774

**RECREATION.SCOTTSDALEAZ.GOV** - RESIDENT REGISTRATION BEGINS **NOV. 27** / NON-RESIDENT BEGINS **NOV. 30** Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

# ADULT (14+ YEARS)

#### **YOGA - GENTLE**

(18+) Discover the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This "low and slow" class takes place primarily on the floor but also includes standing poses and movement to improve posture, balance, and breath. All levels welcome.

М	11 am-12:15 pm	1/8(9classes)	VLSC	\$75(R)/\$113(N)	Rothman	40775
Tu	9:15-10:45 am	1/9(11classes)	GRSC	\$105(R)/\$158(N)	Vershure	40776
F	10:45 am-12:15 pm	1/12(11classes)	GRSC	\$109(R)/\$164(N)	Parrow	40777



#### **YOGA - GENTLE BEGINNING**

(18+) This class is to help calm and heal the mind and body through principles of mindfulness meditation; gentle alignment-based yoga poses; and restorative yoga poses. Props such as straps, blocks, cushions, chairs and yoga mats will be utilized when appropriate.

M 9:30-11 am 1/8(9classes) GRSC \$84(R)/\$126(N) Sikes 41285

#### **YOGA - GENTLE/RESTORATIVE**

(18+) This slower paced, restorative class is designed to focus on breathing, relaxation and gentle stretching and balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body.

Tu	9:15-10:40 am	1/9(12classes)	VLSC	\$135(R)/\$203(N)	Yancy	40779
Th	2:30-3:55 pm	1/11(12classes)	VLSC	\$135(R)/\$203(N)	Yancy	40778

#### YOGA - INTERMEDIATE

(18+) Intermediate requires yoga experience, with knowledge of the alignment principles of yoga for the basic postures, and balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body.

М	9:30-10:45 am	1/8(9classes)	VLSC	\$75(R)/\$113(N)	Rothman	40780
Th	9:15-10:30 am	1/11(11classes)	VLSC	\$93(R)/\$140(N)	Parrow	40781

#### YOGA - RESTORATIVE

(18+) Counteract a fast-paced, stressed-out life off the mat with restorative yoga. Yogis of all levels can enjoy this gentle, slow, still style of yoga involving long, passive holds in a series of 4-6 restful poses. Supported by props, the body releases tension and achieves physical, mental and emotional relaxation.

F	9:15-10:30 am	1/12(11classes)	GRSC	\$93(R)/\$140(N)	Parrow	40782
---	---------------	-----------------	------	------------------	--------	-------

#### YOGA FOR STRONGER BONES

(18+) This gentle class emphasizing safe and proper alignment is for anyone wanting to improve bone density and strength, posture, balance, and muscular strength. Everyone with osteopenia and osteoporosis is welcome but you must be able to get up from your mat without assistance. If you have serious osteoporosis, check with your doctor to be sure that a yoga class is appropriate for you.

Tu	11 am-12:15 pm	1/9(11classes)	GRSC	\$90(R)/\$135(N)	Vershure	40683
----	----------------	----------------	------	------------------	----------	-------

#### YOGA IN THE PARK - GENTLE

(18+) Enjoy our fabulous weather while discovering the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This "low and slow" class takes place primarily on the ground but often includes easy standing poses to improve posture, balance, and breath. Bring your mat, a blanket or large towel, and (optional) blocks.

W 10:30 am-12 pm 1/10(11classes) PMPK \$105(R)/\$158(N) Ver	rshure 40785
---	--------------

#### YOGA IN THE PRESERVE

(14+) Embrace the outdoors and join us for an all levels yoga class at the Gateway Trailhead in Scottsdale's beautiful McDowell Sonoran Preserve. Our open air, outdoor classroom is just a short walk north of the trailhead building, in a quiet spot on the Desert Parks Trail. Enjoy your yoga practice surrounded by the sights and sounds of the Sonoran desert and with a view of the most prominent peaks and Tom's Thumb! All levels of experience are welcome. Bring your mat, sun protection, and water.

Su	7:45-8:45 am	1/7(13classes)	GWTH	\$130(R)/\$195(N)	Yancy	40787
Su	9-10 am	1/7(13classes)	GWTH	\$130(R)/\$195(N)	Yancy	40786



#### **REGISTRATION QUESTIONS? 480-312-7957** Call us before Nov. 24 so we can guide you through the process, making registration a breeze!

SCOTTSDALE PLAYS

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

#### **MUSIC**

#### **BEGINNING ADULT GUITAR 1 & 2**

(14+) Beginner 1 students will cover notes on the first three strings and then we add 6-8 chords to songs. Students use their own guitar. Acoustic or electric 6 string guitars welcome, small amplifiers can be used. Beginner 2 students will cover reading music, notes on all 6 strings and 11-15 chords. Emphasis will be on smooth chord transitions and strumming and picking techniques. A \$5 nonrefundable cash supply fee is due to instructor on first day of class.

М	6-6:45 pm	1/8(6classes)	CHAP	\$51(R)/\$77(N)	Fahy	40574
М	6-6:45 pm	2/19(5classes)	CHAP	\$44(R)/\$66(N)	Fahy	40575



#### PIANO/KEYBOARD TEEN/ADULT

(13+) This unique award-winning method teaches keyboard skills on real songs you know! Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included.

W	6:30-7:30 pm	1/10(6classes)	HRZN	\$124(R)/\$186(N)	Elements Music	40705
W	6:30-7:30 pm	2/21(5classes)	HRZN	\$105(R)/\$158(N)	Elements Music	40706



#### THE JOY OF PLAYING THE RECORDER

(18+) Played by professional musicians for centuries, the recorder is actually an ancient instrument known worldwide. It is perfect for amateurs who enjoy music and appreciate a rewarding brain workout. Whether you have never played a note of music in your life, or have music experience from earlier years, this class will provide a fun and joyful way to discover or rediscover your musical self!

М	2:30-3:20 pm	1/8(9classes)	VLSC	\$62(R)/\$93(N)	Koenig
---	--------------	---------------	------	-----------------	--------

#### **HOBBIES & INTERESTS**

#### **BRIDGE - BEGINNING**

(18+) This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. You will learn the importance of counting high card and distributional points. We'll cover opening bids and responses, no trump calls, overcalls, preempts, etc. Most important, there will be a great deal of hand play. Weekly review and open discussion help players develop communications skills with their partners.

W	9:30-11:30 am	1/10(5classes)	VLSC	\$49(R)/\$74(N)	Bigham	40586
W	9:30-11:30 am	2/14(6classes)	VLSC	\$56(R)/\$84(N)	Bigham	40587

#### **BRIDGE - INTERMEDIATE**

(18+) This class is a continuation of the beginning class dealing with the play of the hand as declarer and as defender as well as further instruction in bidding. The most common conventions, e.g. Stayman, Blackwood limit raises; 4 types of doubles; forcing bids; bidding hands of exceptional strength, weakness or shape; slam bidding; requirements for gam bid; responsibility for continuing or ending the bidding; and other techniques as requested will be explained. Much of the class time will be spent on supervised practice. Please note, if you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Th	9:30-11:30 am	1/11(5classes)	VLSC	\$49(R)/\$74(N)	Bigham	40588
Th	9:30-11:30 am	2/15(6classes)	VLSC	\$56(R)/\$84(N)	Bigham	40589

#### CHESS

(18+) Learn the fundamentals of Chess. Have you ever wondered about opening theories, pins, forks, castles and endgames? How about Chess piece names, values and pawn promotions? Each class is designed to expand your knowledge of chess from the board up. You'll practice new tactics and strategies in a fun and inclusive environment.

F	9-11 am	1/12(5classes)	VLSC	\$49(R)/\$74(N)	Bigham	40607
F	9-11 am	2/16(6classes)	VLSC	\$56(R)/\$84(N)	Bigham	40608



**RECREATION.SCOTTSDALEAZ.GOV** - RESIDENT REGISTRATION BEGINS **NOV. 27** / NON-RESIDENT BEGINS **NOV. 30** Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

# ADULT (14+ YEARS)

#### ONLINE INTRODUCTION TO VOICE OVER

(18+) This course will introduce members of the community to an exciting and fulfilling part-time hobby or full-time career option. Instructor, Justine Reiss, is affiliated with a professional voice-over training company called Such A Voice. At the end of the 2-hour course, Justine lets students know if this is something they want to pursue, they can get a free voice evaluation where she will provide necessary feedback.

М	6-8 pm	2/26(1class)	ONLINE \$24(R)/\$36(N)	Reiss	40640
---	--------	--------------	------------------------	-------	-------

#### LET'S PLAY TABLE TENNIS

(16+) In this class, we will practice improving our strokes and drills, improve your serves and how to read spin better. We will mix in some footwork too, and doubles play. We will work in some game strategies to use, and there will be time for practice and open play, and match play too!

Tł	4:30-6 pm	1/25(4classes)	VLSC	\$54(R)/\$81(N)	Mack	40646
----	-----------	----------------	------	-----------------	------	-------



#### **LET'S PLAY TABLE TENNIS - INTERMEDIATE**

(15+) Ready to ramp up your game? In this class, we will practice as though you are going to play in a tournament! Strokes, spin, power and placement. We will practice more shots - the loop, block, drop shot, heavy push, smash, and how about a lob or chop? Footwork drills, more advanced service drills/motions, and third ball attack - all chances to refresh or add to your skill set!

Th	4:30-6 pm	2/22(4classes)	VLSC	\$54(R)/\$81(N)	Mack	40647
----	-----------	----------------	------	-----------------	------	-------

#### MAH JONGG - BEGINNING

М

2:45-4:45 pm

(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

M 12:30-2:30 pm 1/8(9classes) VLSC \$98(R)/\$147(N) Weiner

#### MAH JONGG INTERMEDIATE- ADVANCED

1/8(9classes)

(18+) Classes will expand the skills of the basic Mah Jongg player by focusing on the strategic and competitive elements of the game, including preparation for tournament play. This class is for people who have played Mah Jongg American Version continuously for at least 6 months. A fun "mini-tournament" will be held at the final class of the session.

VLSC \$98(R)/\$147(N) Weiner

<b>NEW AZ</b>	RESIDENTS -	TAX AND	<b>TRUST LAWS</b>

(21+) You need to attend this class if you are a new Arizona resident or have not updated your estate plans since you moved to Arizona. Explore Arizona community property, trusts, wills, powers of attorney, estate & gift taxes, and how title to your assets affects your estate plans.



#### TRUSTS, WILLS, AND ESTATE PLANNING

(21+) Unravel the mystery surrounding trusts, wills, powers of attorney and other estate planning instruments. Learn how title to your assets and how community property can save on income taxes. Discover what only an Attorney and CPA with over 30 years of experience in estate planning can tell you about estate planning and common mistakes to avoid.

Th	6:15-7:45 pm	1/25(2classes)	HRZN	\$21(R)/\$32(N)	Shellander	40762

#### FIRST AID & SAFETY

Sa 9 am-3 pm 1/13(1class) FENP \$75(R)/\$75(N)

#### DESERT HIKING FIRST AID

(18+) The Desert Hiking First Aid course is designed to enhance the natural Sonoran Desert experience and improve the overall safety of all visitors to the Scottsdale McDowell Sonoran Preserve and other urban hiking areas. This course will provide students with knowledge to improve the level of preparedness and safety of the recreational hiker/Preserve visitors. In addition, this course will provide instruction on basic treatments to manage medical emergencies that may be encountered while enjoying hikes that are expected to be less than 8 hours long. All course objectives are based on National Emergency Medical Services Education Competency Standards, as well as the National Park Service Guidelines for Emergency Medical Care.

Scottsdale Fire Department 40619

#### NEW PET CPR & FIRST AID - BE READY!

(14+) In this one day workshop learn to assess Pet's Vitals, Bleeding & Shock Management, Choking Management, Heat Emergencies, Pets & Disaster Safety Checklist, Bites & Stings, Restraining & Muzzling, Primary Assessment (know what actions to take in the first 15-25 seconds), Rescue Breathing & CPR. No pets allowed.

Sa 10 am-1 pm 2/24(1class) HRZN \$45(R)/\$68(N) American Emergency Response 40673

PARKS AND RECREATION

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Questions? Call 480-312-7957 | Accessibility services may be available. See page 28 for details.

40650

#### JAN | FEB | MAR 2024

#### **SCOTTSDALE AQUATICS OFFERS:**



**AQUATICS** 





#### For more information, go to ScottsdaleAZ.gov and search "Aquatics."

#### **POOL LOCATIONS:**

CACTUS AQUATIC & FITNESS CENTER (CACT) 7202 E. Cactus Road | 480-312-7665

CHAPARRAL AQUATIC CENTER (CHAA) 5445 N. Hayden Road | 480-312-2361

ELDORADO AQUATIC & FITNESS CENTER (ELDA) 2301 N. Miller Road | 480-312-2484

MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER (MMRA) 15525 N. Thompson Peak Parkway | 480-312-6677

#### WINTER POOL HOURS:

Visit ScottsdaleAZ.gov and search 'Aquatic' for specific hours of operation and entrance fees.

#### LAP SWIM RATES

Adult (R) \$4 / Adult (N) \$6 Child (R) \$3 / Child (N) \$4 CACT / ELDO / MMRA CACT / ELDO / MMRA



#### FREE SWIM LESSON ASSESSMENTS

Not sure which class to register for? Call our aquatic centers to schedule a swim lesson assessment, or visit ScottsdaleAZ.gov and search 'swim lessons' to take our online skills quiz.

# Did you know?

Scottsdale does a majority of training and hiring of summer lifeguards from January through March.

Sign up for a lifeguard certification class and then apply for a job at ScottsdaleAZ.gov by searching "Jobs".

GET HIRED AS A CITY OF SCOTTSDALE LIFEGUARD TO GET YOUR CLASS FEE REIMBURSED!



AQUATIC INCLEMENT WEATHER POLICY – The Aquatic facilities will be closed during electrical storms and other inclement weather. If the pool is closed & lessons are canceled, lessons will not be made up. If 4 or more days in a session are missed due to weather, a credit can be issued for each day missed, starting on the fourth day. The credit must be requested and is good for future programs. Always call ahead to verify pool closures.

**RECREATION.SCOTTSDALEAZ.GOV** - RESIDENT REGISTRATION BEGINS **NOV. 27** / NON-RESIDENT BEGINS **NOV. 30** Accessibility services may be available. See page 28 for details.

# **AQUATICS**

## **YOUTH SWIM LESSONS**

Use the age guidelines and the class descriptions to help determine the appropriate level for your child. Free swim lesson assessments are offered by the staff to help determine the best class for the child. Please call the aquatic centers directly, if you have questions.

Classes are 30 minutes.

#### WINTER SESSION DATES

Lessons run on Saturdays for 8 weeks from March 2 - April 20.



#### **SEA BABIES** (6mo-3yrs / 1:8 ratio)

- Water acclimation class
- Water safety concepts for caregivers and students
- Introduction to swimming skills



#### **TADPOLES**

#### (2.5-5yrs / 1:4 ratio)

- Students participate without caregiver presence
- Basic water safety skills (asking permission, putting on life jackets)
- Blowing bubbles, underwater exploration, assisted and unassisted submersion
- Assisted streamlines & rolling from back to front and front to back
- · Swim benchmarks in swim wear and regular clothes

#### **OTTERS**

#### (5yrs+ / 1:6 ratio)



- Students must be comfortable
- in deep water Survival float and treading water
- Head first entries
- Freestyle stroke concepts
- Introduction to backstroke

#### DOLPHINS

#### (5yrs+ / 1:6 ratio)



- Students must be comfortable in deep water
- Water safety concepts and how to call 9-1-1
- Backstroke & butterfly concepts

#### **GUPPIES**

(3-6yrs / 1:4 ratio)

- Basic water safety skills (putting on a life jacket & kick 20 ft)
- Jump in, submerge and recover for air assisted and unassisted
- Assisted and unassisted streamline, unassisted front and back floats
- Assisted and unassisted forward movement (kicking and pulling) on front and back
- Swim benchmarks in swim wear and regular clothes



#### SEA TURTLES (4-7yrs / 1:4 ratio)

#### Students must be comfortable moving independently in water 4 feet deep

- Variations of side glide and streamline assisted and unassisted
- Jump in and move independently towards the wall
- Treading water
- Swim benchmarks in swim wear and regular clothes



#### ORCAS (6yrs+ / 1:6 ratio)

#### Students must be comfortable in deep water

- Breaststroke & side stroke concepts
- Endurance building

#### **SHARKS**

#### (6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
  - Survival floating and treading water for longer durations
  - Refinement of all four competitive strokes
  - Racing starts and endurance building

#### FIND SWIM LESSON AND CLASS INFORMATION ONLINE!

#### Search for swim lessons by class name or by location at: Recreation.ScottsdaleAZ.gov

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Accessibility services may be available. See page 28 for details.

25

SCOTTSDALE PLAYS



# AQUATICS

#### LEARN TO SWIM LESSONS

Scottsdale swim instructors are certified by the StarFish Aquatic Institute. The water and safety program teaches swimming and safety skills in a logical progression. It is important for the student to be registered in the proper level. Please use the age guidelines and the class descriptions to help determine the appropriate level for your child. Swim Lesson Assessments are also offered by the staff to help determine the child's current level.

- If your child's skill level is not within the advertised age range, | please contact the aquatic facility to discuss age override options.
- Each class is 30 minutes in length.

**Please Note:** Classes must meet minimum enrollment levels. Classes will be canceled one week prior to the start date if the minimum enrollment level is not met.

**Waitlist Policy:** Wait-listed participants will be called and will have 24 hours to respond if there is an opening in a class. Wait-listed participants will be removed if they do not respond. Wait-lists will not be managed after the 3rd class.

#### ADULT SPECIALTY CLASSES

#### All classes are 50 minutes in length unless otherwise noted

Classes must meet minimum enrollment levels. Classes will be canceled one week prior to the start date if the minimum enrollment level is not met.

Fees: Check online, monthly pre-registration is recommended.

#### Drop-in Information:

- Fee: \$5 Resident / \$8 Non-Resident, space permitting
- Participation is limited due to class size
- May not be accommodated if class registration is full

#### ACHE AWAY EXERCISE

(13yrs+) Back Ache? Joints hurt? Have arthritis? Try this specially designed class for any individual who needs gentler, slower paced water exercise. Emphasizes stretching & toning.

#### **DEEP WATER EXERCISE**

(13yrs+) Challenge yourself to the next level of physical fitness! This class is performed in the deep end of the pool and features aerobic exercise, treading water, and activities that improve swimming technique & fitness. Avariety of water equipment is used for conditioning and total body toning.

#### SHALLOW WATER EXERCISE

(13yrs+) Walking, running, jumping, and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down.

#### **TONE AND TAI CHI**

(13yrs+) This class combines water exercises with Tai Chi moves. It benefits students of all ages and abilities by using the water to increase strength, flexibility, balance, and energy. A great way to start your day or prepare yourself for water exercise or lap swim.







Go to Recreation.ScottsdaleAZ.gov to search for times and locations.

# **ADULT SPORTS** [18+ YEARS]



#### **OFFERING:**

- BASKETBALL
- FLAG FOOTBALL
- **KICKBALL**
- COED SOFTBALL
- MEN'S SOFTBALL
- INDOOR VOLLEYBALL
- SAND VOLLEYBALL

Go to ScottsdaleAZ.gov and search "Adult Sports" to learn more!

#### Winter Registration

Registration Opens:11/6 (R) | 11/7 (N) at 8amEarly Registration Ends:11/26Last Day to Register:12/10

#### **Spring Registration**

**Registration Opens:** 2/5 (R) | 2/6 (N) at 8am

Early Registration Ends: 2/18

Last Day to Register:





#### **ADULT SPORTS**

5401 N. Hayden Road | 480-312-0227 | AdultSports@ScottsdaleAZ.gov

### PICKLEBALL

#### Did you know Scottsdale has 21 Pickleball courts?

- 10 courts at Horizon Park
- 8 courts at Cholla Park
- 3 courts at Thompson Peak Park

Go to ScottsdaleAZ.gov and search "Pickleball" for more information about courts and lessons.



#### SCOTTSDALE PARKS AND RECREATION HAS BEEN ACCREDITED FOR OVER 25 YEARS!

3/3



For over 25 years, Scottsdale Parks and Recreation has been accredited by the Commission for Accreditation of Park and Recreation Agencies (CAPRA). Being an accredited department is a distinguishing mark of excellence that affords external recognition of an organization's commitment to quality and improvement. CAPRA is the only national accreditation of park and recreation agencies and is a valuable measure of an agency's overall quality of operation, management, and service to the community.

Learn more at: ScottsdaleAZ.gov/Parks

# **ADAPTIVE SERVICES**





#### **ADAPTIVE SERVICES**

8102 E. Jackrabbit Road (ADSC) 480-312-2234

CONTACT: AdaptiveServices@ScottsdaleAZ.gov

Go to ScottsdaleAZ.gov, search "Adaptive Services"

The City of Scottsdale's Adaptive Services goal is to provide fun, safe and meaningful social and recreational opportunities for participants with neuro and physical diversities. Using art, dance, music, life skills, recreation and sports, we provide opportunities to grow physically, emotionally, cognitively and socially.

All program opportunities within the Scottsdale Leisure Education Guide may be available for accommodations by our Adaptive Services staff.

#### **SOCIAL OPPORTUNITIES**

(15+) Join us for fun activities as we promote socialization and life skills.

(10.)	Sonrasionane		p10111010 500	iulizatio	in uniu in	e shiits.
<b>COO</b>	KING GROU	P 1: BREAK	FAST FOR	DINNE	R	
Т	1/2	5:30-7:30pm	ADSC	\$5(R)/\$	7(NR)	41835
COC	KING GROU	P 2: BREAKI	FAST FOR	DINNE	R	
Th	1/4	5:30-7:30pm	ADSC	\$5(R)/\$	7(NR)	41837
MAF	RTIAL ARTS	FITNESS				
М	1/8, 1/22, 2/5, 3/4	, 3/18, 4/8, 4/22	5:30-7:15pm	ADSC	FREE	42069
GIRI	LS NIGHT: TA	YLOR SWIF	T PARTY			
Т	1/9	6-7:30pm	ADSC	FREE		41846
CRA	FT NIGHT: S	NOW GLOBI	ES			
Th	1/11	6-7:30pm	ADSC	FREE		42067
SOA	ZUNDERST	ANDING ME				
Т	1/16, 1/30, 2/6, 2/		6-7:30pm	ADSC	FREE	41847
.IAN	UARY BING	n				
F	1/19	6-7:30pm	ADSC	FREE		41831
.ΙΔΝ						
Th	1/25	6-7:30pm	ADSC	FREE		41842
VAI	ENTINE CRA					
Th	2/8	6-7:30pm	ADSC	FREE		41834
CED	RUARY KAR					
F	2/16	6-7:30pm	ADSC	FREE		41833
			1.500			12000
Th	2/22	6-7:30pm	ADSC	FREE		41843
	,	•				TUTJ
	OKING GROU				7/ND)	41020
Т	2/27	5:30-7:30pm	ADSC	\$5(R)/\$	r(NR)	41838
	KING GROU					
Th	2/29	5:30-7:30pm	ADSC	\$5(R)/\$	7(NR)	41839

#### **XERISCAPE GARDEN TOUR**

VERIO	CAPE UA	RDEN TUUR			
F	3/1	9-10am	CHAP	FREE	41845
GIRLS	NIGHT				
Т	3/12	6-7:30pm	ADSC	FREE	42070
CRAF	T NIGHT: I	RESH FLOW	ER ARRA	NGEMENTS	
Th	3/14	6-7:30pm	ADSC	FREE	42068
MARC	H BINGO				
F	3/15	6-7:30pm	ADSC	FREE	41832
MARCH INTRO TO YOGA					
Th	3/21	6-7:30pm	ADSC	FREE	41844
COOKING GROUP 1: HAM & CHEESE PARTY SANDWICHES					
W	3/27	5:30-7:30pm	ADSC	\$5(R)/\$7(NR)	41840
COOKING GROUP 2: HAM & CHEESE PARTY SANDWICHES					
Th	3/28	5:30-7:30pm	ADSC	\$5(R)/\$7(NR)	41841



# **ADAPTIVE SERVICES**





#### **SPECIAL OLYMPICS (SOAZ)**

The Scottsdale Bobcats is the Special Olympics Team representing Scottsdale Adaptive Services. Becoming a Special Olympian and participating on a team is full of excitement and fun!

#### SOAZ SEASONS

FALL SPORTS		PAR
Swim:	August – October	
Bocce Ball:	August – October	1
Bowling:	August – October	Pre-
Golf:	September – December	
Soccer:	October – December	

#### WINTER SPORTS

Basketball:	January – March
Flag Football:	January – March

#### **SPRING SPORTS**

Powerlifting:	March – April
Track & Field:	February – April















#### **TENNIS CENTER LOCATIONS**

#### INDIAN SCHOOL PARK (ISPK)

4829 N. Hayden Road 480-312-2740 ISPLeagues@ScottsdaleAZ.gov

#### **SCOTTSDALE RANCH PARK (SRPK)**

10400 E. Via Linda 480-312-7774 SRPLeagues@ScottsdaleAZ.gov

#### WINTER HOURS OF OPERATION

#### **SPRING HOURS OF OPERATION**

#### **ADULT LESSONS & LEAGUES**

Complete tennis programs, activity numbers, instructors, locations and more are listed online at **Recreation.ScottsdaleAZ.gov.** 

#### **TENNIS LESSONS**

#### Monday – Saturday lesson sessions

Session 1 - Winter (6 weeks) 1/8 to 2/17

Session 2 - Spring (6 weeks) 2/26 to 4/13 (no classes 3/11-3/16 for spring break)

#### ADULT & SENIOR TENNIS LESSONS

(18yrs+) Scottsdale tennis centers offer programs for all ability levels and ages. Lessons are offered using the USTA's National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants, however adult beginners (Tennis 101 or 1.0-1.9) do not require a rating.

#### **ADULT TENNIS LEAGUES**

League levels offered begin at the 2.5 level and up to the 4.5 level. Men's and women's singles, men's and women's doubles, round-robin doubles, and mixed doubles are offered. Leagues are offered using the USTA's National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants. NO MAKE-UPS permitted for tennis league matches (other than facility scheduled weather related make-ups).

#### LESSON REGISTRATION DATES

Monday	11/27	8am	Residents
Thursday	11/30	8am	Non-Residents

#### LEAGUE REGISTRATION INFORMATION

#### Winter tennis leagues begin the week of 1/8

Early registration period	11/27/23 - 12/10/23
Late registration period	12/11/23 - 12/31/23
Spring tennis leagues begin t	he week of 3/18

Early registration period	2/12/24 - 2/25/24
Late registration period	2/26/24 - 3/10/24

#### RATINGS

All participants must have an NTRP rating to register. Need a rating! Attend one of the FREE rating sessions offered at our tennis centers. Rating appointments take 20 min. Please call **SRPK** or **ISPK** for an appointment. For the tennis rating schedule, please visit **ScottsdaleAZ.gov and Search "Tennis."** 



#### **JUNIOR TENNIS**

#### JUNIOR TENNIS LESSONS

(5-17yrs) Scottsdale tennis centers offer programs for all ability levels. Juniors are registered by age. SRPK offers the Net Generation program. Juniors are grouped by ability with the program ages of 5-10yrs, 9-12yrs, & 11-17yrs. At ISPK, juniors are grouped by age; 5-8yrs and 9-12yrs.

#### JUNIOR MATCH PLAY

(10-17yrs) Scottsdale Ranch Park offers junior match play designed to prepare players for tournament style play in a fun and social environment. Participants must be able to serve, rally and keep score. Registration is required.

#### **JUNIOR LESSONS**

#### **TENNIS LESSONS**

Session 1 - Winter (6 weeks)	1/8 to 2/17	
Session 2 - Spring (6 weeks)	2/26 to 4/13	(no classes 3/11-3/16 for spring break)

For a full list of tennis lessons, go to Recreation.ScottsdaleAZ.gov and search "Tennis."

**RECREATION.SCOTTSDALEAZ.GOV** - RESIDENT REGISTRATION BEGINS **NOV. 27** / NON-RESIDENT BEGINS **NOV. 30** Accessibility services may be available. See page 28 for details.

SCOTTSDALE PLAYS

# **FITNESS CENTERS**

#### **SENIOR CENTER FITNESS FACILITIES**

Avariety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

#### **GRANITE REEF SENIOR CENTER (GRSC)**

1700 N. Granite Reef Road | 480-312-1700 Hours: M-Th: 8am - 8pm | Fri 8am - 5pm

#### **VIA LINDA SENIOR CENTER (VLSC)**

#### 10440 E. Via Linda | 480-312-5810

Hours: M-Th 8am - 8pm | Fri 8am - 5pm

Daily	\$3(R)	\$5(N)
1 Month	\$15(R)	\$25(N)
3 Month	\$40(R)	\$60(N)
Annual	\$130(R)	\$195(N)

#### **AQUATIC CENTER** FITNESS FACILITIES

Each fitness center includes a complete line of free weights, treadmills, bikes, elliptical and single station weight machines. No one under 14 is permitted in the Fitness Center at any time. Ages 14-17 must have a waiver signed by a parent or quardian.

#### **CACTUS AQUATIC & FITNESS CENTER**

7202 E. Cactus Road | 480-312-7665

#### **ELDORADO AQUATIC & FITNESS CENTER** 2301 N. Miller Road | 480-312-2484

#### **MCDOWELL MOUNTAIN RANCH AOUATIC & FITNESS CENTER**

15525 N. Thompson Peak Parkway | 480-312-6677

#### **Fitness Center Fees:**

**Adult Swipe Cards:** 

Adult \$4(R) / \$6(N)	Youth \$3(R) / \$4(N)

10 visits \$40(R) / \$60(N) 30 visits \$96(R) / \$144(N)

Youth Swipe Cards:

10 visits \$30(R) / \$40(N)

30 visits \$72(R) / \$96(N)



**CLUB SAR** 

#### **BOXING AND FITNESS CENTER** 8055 E. CAMELBACK RD. | 480-312-2669

Meet your fitness needs at our multi-sport facility, which offers various classes, cardio equipment, free weights, single station weight machines, boxing equipment and punching bags.

For more information, go to ScottsdaleAZ.gov and search "Club SAR."

#### HOURS

MONDAY – THURSDAY: 6 a.m. – 9 p.m. FRIDAY: 6 a.m. - 8 p.m. SATURDAY: 10 a.m. – 3 p.m. SUNDAY: closed

#### **CLUB SAR FEES AND MEMBERSHIP OPTIONS**

All classes are included with membership or daily fee.

	ADULT (R)	YOUTH (R)	ADULT (N)	YOUTH (N)
	(18+)	(14-17)	(18+)	(14-17)
1 Year	\$99	\$50	\$150	\$75
3 Month	\$50	\$25	\$75	\$38
1 Month	\$20	\$10	\$30	\$15
Daily Drop-In	\$4	\$4	\$6	\$6

#### **CLUB SAR CLASSES**

Subject to change, instructors may vary

Barre Workout	M&W	5:30-6:30pm	
Kick boxing	Tu & Th	5:30-6:30pm	
Spin	M&W	5-5:30pm	
Rowing / Boot Camp	Tu & Th	5-5:30pm	
Yoga	W	6:15-7:15am	
Yoga	M&Th	6:45-7:45pm	
Yoga	Sat	10:30-11:30am	
Personal Training Available On Request (additional fees)			

RECREATION.SCOTTSDALEAZ.GOV - RESIDENT REGISTRATION BEGINS NOV. 27 / NON-RESIDENT BEGINS NOV. 30 Accessibility services may be available. See page 28 for details.

# SCOTTS DALE reads for the second seco



# SCOTTSDALE LIBRARIES

JAN | FEB | MAR 2024

**Calendar of Events** 

#### LEARN MORE ABOUT LIBRARY PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

# Connect

f	ScottsdalePublicLibrary
J	@ScottsdalePublicLibrary
g	ScottsdalePublicLibrary

YouTute ScottsdaleLibrary

#### **HOLIDAY CLOSURES**

Monday, Jan. 1	New Year's Holiday
Monday, Jan. 15	Martin Luther King, Jr. Day
Monday, Feb. 19	Presidents' Day Holiday

#### **CONTACT US**

480-312-7323 (READ) 480-312-2133 (Español)

#### LIBRARY HELP LINE HOURS

Monday – Saturday	10 am – 5 pm
Sunday	closed

Checkout Li	mits
-------------	------

We are a fine-free library!

NEW ITEMS	CHECK OUT
DVDs	1 week
Books	2 weeks
CDs	3 weeks
MOST WANTED	CHECK OUT
DVDs	3 days
Books & TV Series	14 days

#### **EVERYTHING ELSE**

#### 3 weeks

Most items are eligible to be auto-renewed. Details about your account can be found by logging into "MYACCOUNT" at *ScottsdaleLibrary.org*. You can also renew items in person at the library or by calling **480-312-7323**.

#### LOCATIONS & HOURS

ScottsdaleLibrary.org/locations 480-312-READ (7323) 480-312-2133 (Español)

APPALOOSA – 7377 E. Silverstone Drive ARABIAN – 10215 E. McDowell Mtn. Ranch Rd. CIVIC CENTER – 3839 N. Drinkwater Blvd. MUSTANG – 10101 N. 90th Street

BRANCH HOURS FOR ALL	
Monday – Thursday	
Friday & Saturday	10am - 5pm
Sunday	1 – 5pm
DRIVE-THRU AND CURBSI Monday – Thursday	
Friday & Saturday Sunday	10am – 5pm

#### PONY EXPRESS @ APPALOOSA HOURS Monday – Saturday 8 – 10am Sunday 8am – 1pm

PONY EXPRESS @ GRANITE REEF SENIOR CENTER 24/7 Hold Pickup

# YOUTH (0-12 YEARS)

#### YOUTH STORYTIMES

#### BABY CUDDLES STORYTIME

(ages 0-24 months / 20 min / space is limited) This program develops babies' literacy and learning skills as they interact with their caregivers using songs, rhymes, movement and board books.

М	10:30am	1/8-3/25	FREE	Appaloosa
Tu	10:30am	1/9-3/26	FREE	Civic Center
W	10:30am	1/10-3/27	FREE	Mustang
Th	10:15 & 11am	1/11-3/28	FREE	Arabian

#### 

(ages 2-3/30 min/space is limited) This fun and interactive program uses short stories, fingerplays and action rhymes to engage children and develop their literacy and learning skills.

М	10:30am	1/8-3/25	FREE	Civic Center
Tu	10:15 & 11am	1/9-3/26	FREE	Arabian

#### BOOKS 2 BOOGIE

(ages 0-5/30 min/space is limited) Share the joy of playful learning together! Children and their caregivers participate in music, movement and song in this program that promotes bonding and highlights the natural rhythms in language.

Tu	10:30am	1/9-3/26	FREE	Mustang
W	10:30am	1/10-3/27	FREE	Appaloosa
Th	10:30am	1/11-3/28	FREE	Civic Center
Sa	10:15am	1/20, 2/17, 3/16	FREE	Arabian

#### FAMILY STORYTIME

(ages 0-5/30 min/space is limited) Listen to stories and participate in finger plays, music and rhyming activities.

М	6:15pm	1/8-3/25	FREE	Arabian
Sa	10:30am	1/13-3/30	FREE	Appaloosa
Sa	10:30am	1/13, 2/10, 3/9	FREE	Civic Center
Sa	10:30am	1/27, 2/24, 3/23	FREE	Mustang

#### SCOTTSDALE FOR ALL STORYTIME

(ages 0-5/30 min/space is limited) Listen to stories and participate in fingerplays, music and rhyming activities designed to promote diversity, equity and inclusion.

Sa	10:30am	1/27	Braille Storytime	FREE	Civic Center
Sa	10:30am	2/24	Black History Storytime	FREE	Civic Center
Sa	10:30am	3/23	Sign Language Storytime	FREE	Civic Center

#### STUFFED ANIMAL STORYTIME & SLEEPOVER

(ages 0-7/30 minutes) Wear your PJs and bring a stuffed animal for a sleepover at the library. After storytime, tuck in the animals and say goodnight. Come back the next day to see what mischief they got into overnight!

2/12

M 6pm

FREE Civic Center

9	GO	OD	NIG	HT.	YO	GA
				2.2.2. <b>4</b>		

6pm

W

W

#### (ages 3-6/30 min/space is limited) Join us as we stretch, read and relax with some Yoga moves to help us get ready for bed. We will work on breathing techniques and explore books and movement together. Come in comfy clothes or your PJs!

1/24



#### SPRING STORYTIME YOGA

(ages 3-6/30 min/space is limited) Come join us for our Spring Yoga program. We will be celebrating seasonal books with yoga stretches to wake up our bodies and minds! Please come in comfortable attire. Grown-ups, you will be doing yoga too!

6pm 3/20 FREE Mustang	6pm	3/20	FREE	Mustang
-----------------------	-----	------	------	---------

#### LUNAR NEW YEAR FAMILY STORYTIME

(ages 0-5/30 min/space is limited) Ring in the Lunar New Year with a story and craft. Celebrate the Spring Festival with Asian cultures around the world, bringing forth good luck for the upcoming year!

M 6:15pm 2/12 FREE Arabian			М	6:15pm	2/12	FREE	Arabian
----------------------------	--	--	---	--------	------	------	---------

#### **YOUTH PROGRAMS**

#### TAIL WAGGIN' TALES

(ages 6-10/45 minutes) Certified therapy dogs love listening to kids practice their reading skills at the library. Beginning readers can relax and enjoy reading in this fun and welcoming environment.

Th	3:30pm	1/18, 2/8, 3/21	FREE	Arabian

#### LUNAR NEW YEAR CELEBRATION

2/10

(all ages / 60 min) Ring in the Lunar New Year with a story and craft. Celebrate the Spring Festival with Asian cultures around the world, bringing forth good luck for the upcoming year!



FREE Mustang

#### TIME TRAVEL CLUB

11am

Sa

(ages 8-12/60 minutes / space is limited) Ever wish you could travel through time? Come learn about a topic in history through hands-on activities, science projects, arts and crafts, stories, and more!

Sa	2pm	2/10	Ancient China	FREE	Civic Center
Tu	3:30pm	2/13	Ancient China	FREE	Appaloosa
Sa	2pm	3/16	Ancient Egypt	FREE	Civic Center
Tu	3:30pm	3/26	Anicent Egypt	FREE	Appaloosa

#### AMONG US IRL

(ages 8-12/60 min) Will your crew be able to SUS out the imposter before it's too late? Board our library mothership, complete your tasks, and find the imposter before they find you in a live action version of this popular game! All materials provided; no experience necessary.



4pm	3/13	FREE	Civic Center

LIBRARY CALENDAR OF EVENTS

W

# YOUTH (0-12 YEARS)

# Knowing & Growing!

#### STAY AND PLAY

(ages 0-5/90 min/6-week series/space is limited) This six-week series of play-based learning is for children up to 5 years old and their parents/caregivers. Your child will have opportunities to explore, create, and investigate this intentional play-based environment. Each session will also feature local resource professionals who address a variety of early childhood topics.

Th	10:30am	1/11-2/15	FREE	Mustang
		-/		

#### **FUN WITH MATH AND SCIENCE** ©

(ages 3-5/45-60 min/6-week series/limit 18 children) Join us as we explore math and science concepts in an interactive, playful way! Based on the Arizona Early Learning Standards for Math and Science, this six-week course explores concepts and introduces strategies you can use with your child to help build and strengthen their mathematical and scientific thinking skills. *Registrants are expected to attend all six weeks.* 

W	10:30am	1/17-2/21	FREE	Civic Center
W	10am	2/21-3/27	FREE	Scottsdale Family Resource Center
Th	10:30am	2/22-3/28	FREE	Mustang

#### STEP UP TO LEARNING

(ages 3-5/45 min/6-week series/limit 15 children) This six-week series is designed to focus on children's approaches to learning, both socially and academically. Each session uses books, songs and parent/child interactions to help develop one of the most important domains in child development – *how* to learn. *Registrants are expected to attend all six weeks*.

W	10:15am	1/31-3/6	FREE	Arabian
W	10:30am	3/6-4/10	FREE	Civic Center

#### BOOKS CAN...©

(ages 0-4/45 min/6-week series) Books Can...© is a unique program based on Arizona's Infant & Toddler Guidelines and Arizona's Early Learning Standards that uses popular picture books, rhymes, songs and interactive activities to promote children's social and emotional development. *Registrants are expected to attend all six weeks*.

W	10am	1/10-2/14	FREE	Scottsdale Family Resource Center
Th	10:30am	3/21-4/25	FREE	Appaloosa





#### Full STEAM Ahead: Science, Technology, Engineering, Art and Math

Supporting education that helps children develop the skills to become creators and inventors.

#### LEGO MASTERS

(ages 6-11 / 45 min) Are you a LEGO Master? Join us for some build time while you complete our weekly challenge by yourself or with some friends. We'll finish each week with an opportunity to present your build to the group.

#### W 4pm 1/10, 1/24, 2/7, 2/21, 3/6, 3/20 FREE Civic Center



#### LEGO BUILDERS

(ages 5 and up / 45 min) Use your infinite imagination to create and build with LEGOs.

W	4pm	1/17, 3/20	FREE	Appaloosa
Th	4pm	1/25, 2/29, 3/28	FREE	Mustang

#### KALEIDOSCOPE KIDS CRAFT

(ages 6-11/45 min) Create your own kaleidoscope and explore how light and mirrors reflect colorful patterns.

W	4pm	1/17	FREE	Civic Center
Th	3:30pm	2/22	FREE	Arabian



#### MECHANICAL MASTER: MAKE A MECHANICAL HAND! (Ages 6-11/45 min) Discover the mechanics of engineering as you create a

working hand using everyday materials.

Th	4:30pm	1/18	FREE	Mustang
----	--------	------	------	---------

REGISTER FOR THESE PROGRAMS AT **SCOTTSDALELIBRARY.ORG** OR CALL **480-312-READ** (7323) = Space is limited / Pick up Ticket 30 mins before event = = Registration Required = \*all programs subject to change

## TWEEN & TEEN (10-18 YEARS)

#### LEGO PENNY BOAT CHALLENGE

(ages 6-12/60 minutes/space is limited) How many pennies can a LEGO boat hold? Design and engineer a solution to this sink or float challenge and find out whose boat can hold the most. Supplies provided.



#### PAPER CIRCUITS

(ages 7-13/45 min) Create a project that will light up your heart. We will use paper and LED light to create a unique light up card.

W	4:30pm	2/14	FREE	Mustang

#### MY HEART WILL GO ON

(ages 6-11/45 min) Come and learn about how the heart works while creating your own functioning heart out of recyclable materials!

W 4pm 2/14 FREE Civic Center
------------------------------

#### **PAN FLUTE PARTY!**

(ages 6-11/45 min) Make a practically pitch-perfect pan flute, learn about the math and physics of music, and play a little ditty with your new instrument!

Tu	3:30pm	2/27	FREE	Appaloosa
W	4pm	2/28	FREE	<b>Civic Center</b>

#### **CODE WRANGLERS**

(ages 7-13/45 min) Start leveling up your skills in this fun filled program using code.org.

Th	4:30pm	3/14	FREE	Mustang

#### **RUBIK'S CUBE MOSAIC ART**

(ages 6-11 / 45 min) Using hundreds of Rubik's Mini (2x2) Cubes, work collaboratively to create colorful mosaics out of multiple cubes. No Rubik's Cube solving experience is necessary, just bring your problem-solving skills, patience, and perseverance and we'll create some art together!

Tu	3:30pm	3/19	FREE	Arabian
----	--------	------	------	---------

#### EGG DROP!

(ages 6-11/45 min) Join us for some egg-citing fun with eggs! See if you can build a structure to protect an egg from cracking as we drop it from up high.

W	4nm	3/27	FREE	Civic Center
W	4pm	3/21	FREE	Civic Center

#### TWEEN & TEEN PROGRAMS

#### KNOWASIS D&D CLUB

(ages 12-18/60 min) The hardest part of Dungeons & Dragons is settling on a time and place for everyone to meet. We'll make it easy for you! Come run your campaign, start a new one, or learn how to play. All experience levels welcome!

Tu	5pm	1/9, 2/6, 3/5	FREE	Civic Center
----	-----	---------------	------	--------------

#### TWEEN SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

(ages 8-12/90 minutes/space is limited) Local artists from Scottsdale Artists' School will lead you in exploring different mediums related to unique themes.

Sa	1pm	1/6	Clay Art	FREE	Civic Center
Sa	1pm	2/3	Print Making	FREE	Civic Center
Sa	1pm	3/2	Anime Ink	FREE	Civic Center

#### **KNOWASIS SCOTTSDALE ARTISTS' SCHOOL PROGRAMS**

(ages 12-18/90 minutes / space is limited) Local artists from Scottsdale Artists' School will lead you in exploring different mediums related to fun themes.

Sa	2:30pm	1/6	Clay Art	FREE	Civic Center
Sa	2:30pm	2/3	Print Making	FREE	Civic Center
Sa	2:30pm	3/2	Anime Ink	FREE	Civic Center

#### CUBE CLUB

(ages 10-18/60 minutes) Monthly gathering for teens & tweens interested in solving the Rubik's Cube, learning new tips and tricks, practicing with a speedcubing timer, trying different twisty-puzzles, and making mosaic art out of multiple cubes. Bring your own Rubik's Cube(s) or we'll have some to borrow. Open to beginning and advanced Cubers.

Arabian

W	3:30pm	1/10, 2/14, 3/6	FREE
•	0.0000111	1/10, 2/1, 0/0	

#### KNOWASIS WRITING CLUB

(ages 12-18/60 minutes / space is limited) Whether you're working on college essays or creative projects, this writing club is for you! Bring your works in progress, your assignments, or just your imagination to this space of support and feedback.

Th	5pm	1/11, 2/8, 3/14	FREE	Civic Center
	SWEA <sup>T</sup> RATINO	TER COOKIE 3	Charles .	
ugliest	sweater p	nin) Create the possible and then ls will be provided.		
Th	5pm	1/18	FREE	Civic Center
HEAR	TSTOP	PER TRIVIA		

(ages 12-18/60 min) Flex your Heartstopper knowledge with a lively round of trivia based on the popular YA series! Come solo or with a team to play. Winner will go home with a prize.

Th	5pm	1/25	FREE	Civic Center

#### ANIME WORKSHOP

(ages 10-18/60 min) Enjoy a free anime workshop presented by Scottsdale Artists' School. All materials provided.

Tu	3pm	1/30	FREE	Arabian

#### BREAKERSPACE

4pm

(ages 12-18/60 min) Join us for some stress relief as we deconstruct, demolish and destroy old items (all items will be provided).

Sa	1pm	2/3	FREE	Mustang
Th	5pm	3/21	FREE	Civic Center

#### FOLD IT

М

(ages 10-18/60 min) Are you interested in the art of paper folding? This program will introduce the basics of origami and then we can fold to our hearts content.



#### VALENTINE'S WATERCOLOR PAINTING

2/5

(ages 10-18 / 60 min) A presenter from Scottsdale Artists' School will work with you to create a Valentine's painting to keep or gift. All materials provided.

FREE

Tu	4nm	2/6	FRFF	Appaloosa
iu	19111	-/0		7.00000

#### VALENTINE'S BUTTON ART

(ages 10-18/45 min) Unleash your creativity while experimenting with texture, shape and color to create unique button art on canvas to keep or gift. All materials provided. No experience or artistic talent required.

Tu	3pm	2/13	FREE	Arabian
	• p	-/		

#### TINY ART GALLERY

(ages 12-18/60 min) Do you like painting and making art? Create a mini masterpiece to display in our Tiny Art Gallery!

	Th	5pm	2/15	FREE	<b>Civic Center</b>
--	----	-----	------	------	---------------------

#### CRAYON CANDLES

(ages 12-18/60 min) Help us put our old crayons to use by making your own new candle to take home!

Th	5pm	2/22	FREE	Civic Center
----	-----	------	------	--------------

#### SPA DAY

(ages 12-18/60 min) Get ready to unwind at our teen spa day! Join us for DIY face mask making, some well-deserved pampering, and tips and strategies for relaxation and self-care.

	Th	5pm	2/29	FREE	Civic Center
--	----	-----	------	------	--------------



(all ages) Visit your nearest Scottsdale Public Library branch to pick up a knitting kit you can check out and bring home for up to 3 weeks starting in January. Supplies are limited.

This program was previously hosted on the Scottsdale Public Library's YouTube channel.

#### ONE SHOT! TABLETOP ROLEPLAYING

(ages 10-18 / 60 min) Explore collaborative storytelling with Tabletop Roleplaying Games. Each week features a different game. No prior experience required!

Sa 1pm 3/2-3/30 FREE	Mustang
----------------------	---------

#### SEWING MACHINE BASICS

(ages 12-18 / 150min / 3-day series) Teens! Learn the parts of a sewing machine, basic terminology, how to install a needle, thread the machine, make a bobbin and sew seams. After the basics, everyone gets to sew their own simple project. Registrants are expected to attend all three sessions. Space is limited.

M-W	1:30pm	3/11-3/13	FREE	Mustang
-----	--------	-----------	------	---------

#### COLLEGE PREP E-RESOURCES

(ages 12-18) Learn about all of Scottsdale Public Library's free -resources that will help you ace your SATS and ACTS and pave the way for college!

Th	5nm	3/28	FRFF	Civic Center
111	Jpili	5/20	INLL	CIVIC CETTER



#### **TEEN ADVISORY BOARD (TAB)**

Teen Advisory Board volunteers meet monthly to focus on what the library can do for teens by brainstorming teen programs and collections. TAB members receive service hours credit for meetings and projects.

М	5pm	1/8, 2/5, 3/4	FREE	Mustang
Tu	5pm	1/9, 2/6, 3/5	FREE	Appaloosa
Th	4pm	1/4, 2/1, 3/7	FREE	Civic Center
Th	5pm	1/11, 2/1, 3/7	FREE	Arabian



LIBRARY CALENDAR OF EVENTS

# ADULT (18+ YEARS)

# **ADULT PROGRAMS**

#### POETRY WORKSHOPS WITH AUSTIN DAVIS

Local poet and AZ Hugs for the Homeless founder Austin Davis returns to lead two new poetry workshops. No previous writing experience required. Registration encouraged.

Th	3pm	1/4	FREE	Civic Center
Th	3pm	2/22	FREE	Civic Center

#### **DUNGEONS AND DRAGONS**

Play Dungeons and Dragons at Mustang Library! Whether you have never played before or have years of experience, you are welcome. Included will be a Character-Building Workshop, a chance to play a One Shot, and a Game Master Workshop.

Th	5pm	1/11, 3/28	FREE	Mustang
Th	4:30pm	2/8, 3/14	FREE	Mustang

#### THE BEATLES: FROM LIVERPOOL TO ABBEY ROAD

The Beatles started as a cover band in Liverpool and Hamburg and ended as one of the greatest cultural experiences of the 20th Century. Join Vinnie Bruno as he explores their historic journey from their humble early days to the excitement of Beatlemania, from their unprecedented creative output in the mid-60s to their incredible final recordings at Abbey Road Studios.

	Sa	2pm	1/20	FREE	Mustang
--	----	-----	------	------	---------



#### ANYONE CAN WALK THE CAMINO IN SPAIN

Are you intrigued by the idea of walking the Camino Frances in Spain? Darryl and Kathleen Toupkin, who recently completed the entire length of the "Walk", will share their experience and helpful hints that will help you plan a stress-free itinerary and walk painlessly.

10:30am	2/3	FREE	Civic Center
---------	-----	------	--------------

# THE UNDERGROUND RAILROAD & THE DUNLAP MANSION

Sa

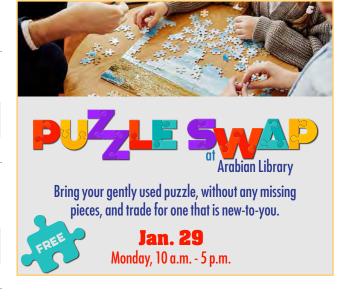
Local speaker Jim Dunlap will share the history of his family's ancestral home in Bridgewater, PA on the fork of the Ohio and Beaver Rivers. The site is of one of the stops of the Underground Railroad.

Sa	1pm	2/10	FREE	Mustang
----	-----	------	------	---------

#### WILDLIFE PHOTOGRAPHY WORKSHOPS

In this 2-part class, local birding expert and wildlife photographer Cindy Marple go over camera basics (getting proper exposure, what controls to use, etc.) as well as tips for proper composition, light, and color. Patrons are encouraged to bring their cameras. Registration encouraged.

Th	4pm	2/29 & 3/7	FREE	Civic Cente
111	4рш	2/29 & 5/1	FREE	CIVIC CEI



# **LOCAL FOCUS**

#### MCDOWELL SONORAN CONSERVANCY PROGRAMS



Talks feature a variety of topics presented by gifted and knowledgeable instructors from the McDowell Sonoran Conservancy.

#### ANIMAL MIND GAMES

Have you ever been startled by an animal on the trail or around your house and wondered why you didn't see it at all until perhaps it moved? We'll explore animal camouflage using actual examples including some from the Sonoran Desert.

Sa	2:30pm	1/6	FREE	Mustang
	1	1		-



#### SCOTTSDALE'S BEST KEPT SECRET: THE MCDOWELL SONORAN PRESERVE

There is a living treasure right in the middle of Scottsdale – 30,500 acres of natural open space that makes up the McDowell Sonoran Preserve. Learn from a local expert on how to make lifetime memories as you connect with nature and experience the unique beauty of the Sonoran Desert.

Tu	5:30pm	2/6	FREE	Mustang

#### WHERE DID THE MILKY WAY GO?

Light pollution – unnecessary artificial light at night – has increased dramatically over the past few decades to the point that it drastically reduces our view of the starry sky and threatens our environment. However, unlike many other environmental threats, most light pollution can be eliminated immediately by making good choices for exterior lighting.

nter	Sa	2:30pm	3/9	FREE	Mustang

#### CRAFT CHOCOLATE

It all starts with a bean! Dive into the world of Craft Chocolate and see what it takes to make everyone's favorite sweets. Brought to you by Zak's Chocolate.

Tu	5:30pm	1/23	FREE	Appaloosa



#### PLANT SURVIVAL 101

Guest presenter Jo Miller will cover plant selection and how to maintain healthy plants, including pruning tips and a pruning schedule specific to desert plants. Following the program, attendees will be invited to check out seed packets from Appaloosa's pop-up Seed Library while supplies last.

W	1pm	3/27	FREE	Appaloosa
---	-----	------	------	-----------

# LIFE AND WELL BEING

#### **CANCER SUPPORT IN SCOTTSDALE**

If you or someone you know has been impacted by cancer, Cancer Support Community of Arizona (CSCAz) has resources and support for you. Join CSCAz presenters to learn about all the educational and emotional support programs in Scottsdale (and virtually) for all those touched by cancer - patients, survivors, thrivers, caregivers, friends & family members.

	W	5:30pm	1/17	FREE	Arabian
--	---	--------	------	------	---------

#### WALK WITH EASE

Don't let arthritis or inactivity sideline you! This walking group program is designed to help people reduce pain and discomfort of arthritis, increase balance and strength, build confidence in the ability to be physically active, and improve overall health. This program will meet twice a week for 6 weeks and is sponsored by the local Area Agency on Aging.

Tu&Th 10:30am 1/16-2/22	FREE	Civic Center
-------------------------	------	--------------



# LIBRARY + PUBLIC ART EXHIBITION

#### COLORLOVE

Throughout history, humanity has examined, philosophized, questioned, and celebrated the full spectrum of color. The most basic extraction of color seen in nature is the rainbow: sunlight, through tiny drops of water, split into its most intense, pure hues. The beauty of this vision is hard-wired into our brains. This juried exhibition of artwork, co-curated by Tucson artist Lex Gjurasic, celebrates the power of the full rainbow of colors.

January 8 – March 30, 2024 Civic Center Public Gallery



#### **COLORLOVE OPENING RECEPTION**

Join us for an opening reception of the COLORLOVE exhibit.

Th	4pm	1/11	FREE	Civic Center

# LIBRARY CREATIVES WORKSHOPS

#### ALL THINGS COLOR!

We all know that red and blue make purple, but how on earth do we accomplish the bright hues of sunsets or the dark shadows of mountains? In this hands-on workshop, create a fun desert landscape painting with Arizona-based artist, Jackson Kloog. All materials provided.

Th	4:30pm	2/22	FREE	<b>Civic Center</b>
----	--------	------	------	---------------------



#### NATURAL PIGMENT WORKSHOP

Let's play in the dirt! Sometimes the gorgeous earthen colors can only be replicated by using the very material they are based on. Learn how to find rocks and soil that work great for natural pigments and experience processing them into watercolor paint. All materials provided.

Th 4:30pm 3/28 FREE Civi	c Center
--------------------------	----------

# ADULT (18+ YEARS)

# **ARTS AND CRAFTS**

#### PHOENIX ART MUSEUM DOCENTS PRESENT: ART ALL AROUND US

Experience a new perspective on art through this presentation and conversation series by Phoenix Art Museum Docents. Visit our online calendar or call 480-312-READ (7323) for topics and details.

Th	1pm	1/4, 2/1, 3/7	FREE	Mustang
М	1pm	1/29, 2/26, 3/25	FREE	Appaloosa

#### SEWING CLASSES FOR TRUE BEGINNERS

Learn how to operate a sewing machine from step 1. Common basic sewing techniques will be covered in sequence. Come learn a new crafting skill and walk away with your creation. Registrants are expected to attend all three classes.

M-W	2pm	2/12-2/14	FREE	<b>Civic Center</b>



Interested in crafting, but unsure of where to begin? Sample a different type of craft each month at Curious Crafter. Supplies are provided and no crafting experience is needed.

#### 🕐 Curious Crafter @ Appaloosa

W	1pm	1/3	Wire Wrap Bracelets	FREE	Appaloosa
W	1pm	2/7	Creative Collage	FREE	Appaloosa
W	1pm	3/6	Pressed Leaves Bookmarks	FREE	Appaloosa
🥑 Cu	irious	Craft	er @ Arabian		
Tu	5pm	1/9	Bath Bombs	FREE	Arabian
Tu	5pm	2/13	Wine Cork Boards	FREE	Arabian
Tu	5pm	3/12	Framed Robin's Egg & Nest	FREE	Arabian
🥑 Cu	irious	Craft	er @ Civic Center		
Th	3pm	1/11	Vision Boards	FREE	Civic Center
Th	3pm	2/1	Crafting Collages	FREE	Civic Center
🤛 Cu	🕐 Curious Crafter @ Mustang				
М	4pm	2/5	Design a Mug	FREE	Mustang

## FILM

Visit our online calendar for full details on film titles or call 480-312-READ (7323).

#### **MUSTANG FILM SERIES**

Seereo	ent release	s, familiar favorites	s, or avant-garde art.	/   \
Tu	1:30pm	1/9-3/26	FREE	Mustang

#### WAR STORIES FILM SERIES

An epic film series that takes you to the front lines of history's greatest conflicts.

W	3pm	1/3, 2/7, 3/6	FREE	Civic Center

#### SURELY, THESE CAN'T BE SERIOUS FILM SERIES

A parody film series that lovingly pokes fun at our favorite movies and pop culture moments.

W	3pm	1/17, 2/21, 3/20	FREE	Civic Center
	Jpin	1/11, 2/21, 3/20	LIVEE	

#### ITALIAN FILM SERIES

Dive deep into Italian film history with Arizona State University lecturer Enrico Minardi. Two films will be shown in each session that display the mastery of Italian filmmaking, with genres ranging from the iconic Neorealism to the country's imitable horror offerings.

Sa	12pm	1/13, 2/10	FREE	<b>Civic Center</b>
----	------	------------	------	---------------------

#### MOVIES THAT MATTER: THE 1960S

The 1960s were a watershed decade in America. This free 10-week seminar examines important American films from 1960-1969. Artistic and historic background will be provided by Tom Samp with a discussion after each screening. Films will include *The Apartment, Psycho, To Kill a Mockingbird, In the Heat of the Night and Dr. Strangelove.* More details can be found in our online calendar.

М	3pm	1/22-4/1	FREE	<b>Civic Center</b>
---	-----	----------	------	---------------------



Hoopla has it all! Use the Hoopla app or website to get ebooks, audiobooks, music, streaming films, tv shows, and comics. So much to check out!

Learn more about Hoopla and all the other ways you can access eMedia and all manner of other online services at **ScottsdaleLibrary.org/downloadables** 

# MONEY MATTERS

#### **FINANCIAL PLANNING**

Are you prepared? Join Lisa Dickholtz, CFP, Member of FINRA/SIPC and advisory services through Security American Advisors, INC, for a frank conversation to ensure you have a strong foundation to survive today's unpredictable financial environment.

Tu	5:30pm	1/23	FREE	Arabian
Tu	5:30pm	2/27	FREE	Arabian
М	10am	3/18	FREE	Arabian



#### MARKET OUTLOOK

Katrina C. Lessard, CFP®, AEP® will provide a comprehensive presentation on the markets and the global economy, and the opportunities and challenges that may lay ahead.

Tu 1pm 1/30 FREE Appalo	oosa
-------------------------	------

#### HOW TO AVOID THE TOP FIVE MEDICARE MISTAKES

This educational seminar will bring clarity to the fundamentals of Medicare and enable you to make informed decisions associated with when to enroll in Medicare, how to evaluate coverage, and how to ensure cost efficiencies going forward after you've enrolled.



#### **RETIREMENT PLANNING**

Join Katrina C. Lessard, CFP®, AEP® for a presentation on retirement income planning to support the retirement lifestyle you want and positioning your assets to provide that income.

Tu 1	pm :	3/19	FREE	Appaloosa
------	------	------	------	-----------

#### **FINANCIAL AWARENESS PROGRAMS**

Programs are presented without bias or sales by trusted professionals with non-profit, Foundation for Personal Financial Education. Online and in-person sessions for your convenience.

Th	10:30am 1/11	Understanding Annuities	FREE	Mustang
Th	10:30am 2/8	Tax Efficiency in Retirement	FREE	Mustang
Th	10:30am 3/14	Using ROTH Properly	FREE	Mustang

## **ESOL** (ENGLISH FOR SPEAKERS OF OTHER LANGUAGES)

Learning English as a second or third language can be tough, so the library is here to help. Classes are offered at several skill levels at multiple locations.

ł	BEGIN	NING CONV	ERSATION CLA	ss 🧧	
	Tu	10:30am	1/9-3/26	FREE	Mustang
ļ	NTER	MEDIATE C	ONVERSATION	CLASS	
	М	10:30am	1/8-3/25	FREE	Mustang
	Th	3:30pm	1/11-3/28	FREE	Appaloosa
	Th	4pm	1/11-3/28	FREE	Arabian
ł	BASIC	GRAMMAR	CLASS		
	W	11:30am	1/10-3/27	FREE	Mustang
	ADVAN	NCED CONV	ERSATION & MO	DRE!	
	F	10:30am	1/12-3/29	FREE	Mustang
I	DISCO	VERY OF AI	MERICAN CULTU	JRE AND CONVERS	ATION
	Th	10:30am	1/11-3/28	FREE	Civic Center

## CAREER CLASSES

Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.



#### THE BACK TO WORKSHOP

Learn strategies to prepare for the current job market: prepping resumes, submitting online applications, handling digital interviews, and more.

Th	10:30am	1/25	FREE	Civic Center
Th	10:30am	3/28	FREE	Civic Center

#### INTERVIEW TECHNIQUES

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Th 10:30am 2/29 FREE **Civic Center** 





Meet with a skilled Career Coach for guidance on your career journey! See pg. 50 for more information!

SCOTTSDALE READS

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323) 🥟 = Space is limited / Pick up Ticket 30 mins before event 🛛 🗹 = Registration Required 🛛 \*all programs subject to change

# **ADULT** (18+ YEARS)

Arabian

# **COMPUTER CLASSES**

#### **ASK THE EXPERTS**

Get free help with your computer, tablet, or smart phone from the Library Computer Learning Group's team of volunteers. Bring your device and any associated passwords for a 15-30 minute consultation Help will be first come, first served. Please visit our online calendar for dates, times, and locations.

#### **DROP-IN EMEDIA SESSION**

Get one-on-one help with learning how to access library digital materials to your eReader, tablet, or smartphone. Library digital material ranges from ebooks, audiobooks, music, streaming films, newspapers, and kids' read-alongs. Bring your device, your library card, and your questions about library eMedia resources, and knowledgeable staff will help you enjoy your digital library 24/7.

Th	2pm	1/4, 2/1, 3/7	FREE	Mustang
Th	11am	1/18, 2/15, 2/21	FREE	Civic Center

#### WORKING WITH WINDOWS

Learn to make Windows 10 easier to work with and more specific to your needs. Learn to add and remove tiles, use settings to change configuration and set up split screen to compare information on two different websites. Use Snip-it tool to copy only the information you want from a web page or document and paste it anywhere you like. Learn about other tools and programs in the Windows 10 system. Prerequisite: Proficiency in the use of computer/mouse.

Tu&Th	1:30pm	1/16 & 1/18 (2 classes)	FREE	Civic Center
e FXC	FI			

Learn basic spreadsheet functions, enter & format numbers, insert rows/ columns, simple formulas, hide/un-hide sheets/rows and columns, and freeze panes, etc. This course is taught using Excel 2016, but techniques learned are applicable with earlier versions. Basic computer and mouse skills required.

M&W	10:30am	1/22 & 1/24 (2 classes)	FREE	Civic Center
-----	---------	-------------------------	------	--------------

#### COMPUTER FUNDAMENTALS 1

Are you a computer novice who has a computer or access to one? Would you like to learn more? Learn to identify the main parts of the Windows operating system and use of the mouse and keyboard. This course is taught in the Windows 10 environment.

M&W	1:30pm	1/22-1/31 (4 classes)	FREE	Civic Center
M&W	1:30pm	3/18-3/27 (4 classes)	FREE	Mustang





Learn the basics of operating and getting the most out of your iPad by

2/6 & 2/8 (2 classes)

installing and managing apps, contacts, browsing with Safari, sending mail and messages, personalizing your device using settings and security.

FREE

#### **BACKING UP YOUR DATA**

IPHONE/IPAD

10:30am

Tu&Th

Learn the best techniques to back up your digital information, including photos, music, videos, documents, and downloads from your PC, phone, and tablet. This course covers the use of external hard drives, flash drives and various cloud services.

	-	0/15	FDFF	
Th	5pm	2/15	FREE	Arabian

#### COMPUTER FUNDAMENTALS PART 2

Build on the skills learned in Fundamentals Part 1. Edit documents by inserting, deleting, and moving text. Learn how Windows works, and use tiles, apps, email, and the internet. Prerequisites: Attendance at Fundamentals Part 1 or equivalent competency.

M&W 1:30pm 2/28-3/6 (3 classes) FREE CIVIC Center	M&W	1:30pm	2/28-3/6 (3 classes)	FREE	Civic Center
---	-----	--------	----------------------	------	--------------



#### GOOGLE SEARCH AND APPS

Search the web like a pro. Learn how to use Google maps, Google Earth, and a wealth of free apps to help create documents, spreadsheets, translate foreign language, and store data and images in the Cloud. Please bring your Google email and password to class.

М	2pm	3/4 & 3/11 (2 classes)	FREE	Mustang

#### EMAIL EFFICIENCY

Learn how to clean/remove clutter, use email 'add-ins', avoid spelling/ grammar mistakes, use Copy To and Blind Carbon Copy, etc. Taught with Gmail specifically, but the concepts/techniques work with other email clients, EG:. Outlook, Yahoo Mail, AOL.

oosa

#### **FILE MANAGEMENT**

Learn basic definitions, an overview of how files and folders are organized and strategies and how-to tips.

Tu	5pm	3/26	FREE	Arabian

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323) 🥟 = Space is limited / Pick up Ticket 30 mins before event 🛛 🗹 = Registration Required 🛛 \*all programs subject to change LIBRARY CALENDAR OF EVENTS

# ADULT (18+ YEARS)



## **DISCUSSION GROUPS**

#### STAFF PICKS BOOK DISCUSSION GROUP

Join us each month for a lively conversation centered on titles selected by staff within a variety of genres. Visit our online calendar for full details on book titles or call 480-312-READ (7323).

#### Meets Mondays at Mustang at 2 pm

1/22 - I Have Some Questions for You by Rebecca Makkai

- 2/12 The Dinner List by Rebecca Searle
- 3/18 Inheritance: A Memoir of Genealogy, Paternity, And Love by Dani Shapiro

Meets Tuesdays at Appaloosa at 1 pm

1/9 - Murder Your Employer by Rupert Holmes

2/13 - Never Let Me Go by Kazuo Ishiguro

3/12 - Foe by Ian Reid

#### Meets Wednesdays at Civic Center at 1 pm

- 1/17 The Last Thing He Told Me by Laura Dave
- 2/21 Hamnet: A Novel of the Plague by Maggie O'Farrell
- 3/20 Killing Commendatore by Haruki Murakami

#### WELL-READ WELLNESS

This quarterly informal conversation on books will feature health issues and medical conditions. Paired with the Mayo Clinic's *Read. Talk. Grow.* podcast hosted by Denise Millstine, MD., who will lead our discussions. Read or listen, join, and discuss. Visit library website for more information.



#### Meets Mondays at Civic Center at 5:30pm

1/8 - The Change by Kirsten Miller Topic: Menopause

**4/8 - We All Want Impossible Things** by Catherine Newman Topic: Caring for a friend in hospice



Check out more discussion group opportunities offered at the Senior Centers! See pg. 47 for more information!

#### ARABIAN NIGHTS BOOK DISCUSSION

Join us for an informal discussion.

#### Meets Tuesdays at Arabian Library at 5pm

- 1/2 Sea of Tranquility by Emily St. John Mandel
- 2/6 Demon Copperhead by Barbara Kingsolver

3/5-The Plot by Jean Hanff Korelitz

#### CAUGHT READ-HANDED

Join us for a fascinating discussion on true crime topics, including white collar, cults, kidnapping, and of course, murder.

Meets Wednesdays at Civic Center at 1 pm

1/10 - The Feather Thief by Kirk Wallace Johnson

**2/14 - Under the Banner of Heaven: A Story of Violent Faith** by Jon Krakauer

3/13 - Unmasked: My Life Solving America's Cold Cases by Paul Holes



#### SCOTTSDALE BAKES

Scottsdale Bakes is an informal virtual baking club. We will discuss your favorite cookbooks, recipes, and any tips and tricks you may have regarding baking savory or sweet. **Register to receive a link to the virtual meeting.** 

#### Meets Fridays online at 10:30am

1/19 - Chocolate Bakes 2/16 - Quick & Easy Bakes 3/15 - Bars





Start the year off with new goals and new experiences! Check out our Universal Class online classroom service. Classes are led by real teachers, interact with fellow students, and courses are self-paced to meet your schedule. Have fun with hobbies like baking or take on a new work skill like upping your Excel expertise. Your library card opens doors for your goals.

Learn more about Universal Class at ScottsdaleLibrary.org/research/education

LIBRARY CALENDAR OF EVENTS



# SCOTTSDALE SENIOR SERVICES

JAN | FEB | MAR 2024

Calendar of Events

TO LEARN MORE ABOUT SENIOR SERVICES, GO TO **SCOTTSDALEAZ.GOV** AND SEARCH "SENIORS"

# Come join us!

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

# HOLIDAY CLOSURES

New Year's Day: Mon	day, Jan. 1
Martin Luther King Day: Fri	day, Jan. 5
President's Day: Mond	lay, Feb. 19



Via Linda Senior Center



**Granite Reef Senior Center** 

## LOCATIONS

GRANITE REEF SENIOR CENTER 1700 N. Granite Reef Road Scottsdale, AZ 85257 480-312-1700

VIA LINDA SENIOR CENTER 10440 E. Via Linda Scottsdale, AZ 85258 480-312-5810

## HOURS

Mon - Thurs	8 am-8 pm
Friday	8 am-5 pm
Saturday	8 am-Noon
Sunday	closed

REGISTER FOR CLASSES AT **RECREATION.SCOTTSDALEAZ.GOV** TO LEARN ABOUT SENIOR SERVICES, GO TO **SCOTTSDALEAZ.GOV** AND SEARCH "**SENIORS**."

# **General Information**

## **FACILITY RESERVATIONS**

The senior centers offer a range of rooms and outdoor spaces that accommodate anywhere from eight to 300+ people. Facility reservations are available Monday through Saturday.

#### **FITNESS CENTERS**

The senior centers offer state-of-the art fitness with an extensive variety of exercise equipment that include treadmills, ellipticals, stationary bikes, cardio equipment, and free weights.

Fitness Center Closed for Senior Strength Training Classes							
Monday & Wed	lnesday	11 am -	no	on & 5:45-6	6:45 pm	VLSC	
Tuesday & Thu	rsday	10 - 11 a	am			VLSC	
Tuesday & Thu	rsday	11:30 ar	n –	12:30 pm		GRSC	
Daily Drop-in	\$3(R) / \$	5(NR)		1 Month	\$15(R)/\$	\$25(NR)	
3 Month	\$40(R)/	\$60(NR)		Annual	\$130(R)/	\$195(NR)	

### LUNCH PROGRAM

Delicious and nutritious lunches are served at both Centers! To participate in our lunch program, please call to make a lunch reservation. Monthly menus can be provided.

M-F	11:30 am	\$4 ages 50+ / \$7 under 50 years old	GRSC
Tu & Th	11:30 am	\$4 ages 50+ / \$6 under 50 years old	VLSC

### SOCIAL WORKERS

The senior centers provide social services to seniors, adults with disabilities, and their families. Master level social workers are available by appointment Monday through Friday from 8am-5pm to provide support, education, and resources - free of charge

# **Transportation/Field Trips**

## AARP DRIVER SAFETY COURSE

Driver Safety class open to anyone & could get a discount on car insurance. AARP members \$20.00 & Non-Members \$25.00. Payment will be collected by AARP on class date.

2 <sup>nd</sup> M	9 am-1 pm	\$20 (AARP)/\$25 (non-member)	GRSC
2 <sup>nd</sup> Th	12:30- 4:30pm	\$20 (AARP)/\$25 (non-member)	VLSC

## **REGISTRATION QUESTIONS?** 480-312-7957

Call us before Nov. 24 so we can guide you through the process, making registration a breeze!

# **Events**

## MAH JONGG PARTY FRIENDLY TOURNAMENT

Come meet and play with new friends. Refreshments, raffle & prizes.

Sa	12:30 pm	1/27	\$25(R)/\$30(NR) per	person VLSC	40550
----	----------	------	----------------------	-------------	-------

#### **BE MY VALENTINE DANCE**

W	noon-2pm	2/14	\$10(R)/\$13(NR)	GRSC	42072

#### **BALLROOM DANCE NIGHT**

Come and dance the night away. Dance Instruction, Live Music, refreshments&raffle prizes.

Th	6-8 pm	2/29	\$10(R)/\$13(NR)	VLSC	40552
----	--------	------	------------------	------	-------

#### **SPRING BBQ**

Join us for fun, food and friendship! We will have games and entertainment to enjoy!

W	noon-2 pm	3/27	\$10(R)/\$13(NR)	VLSC	42073
---	-----------	------	------------------	------	-------

### MATTER OF BALANCE

A.T Stills University created this eight-week program is designed to manage falls and increase activity levels. Set goals for increasing activity, reduce fall risks at home and promote exercise to increase strength and balance. 75% of the class is lecture & 25% exercise.

F	10am	1/19	FREE	GRSC	40888
F	1:30pm	1/19	FREE	VLSC	40879

### LIVING WELL WITH HEARING LOSS

Living WELL with hearing loss is free counseling-base group rehabilitation program for individuals with hearing loss and those experiencing difficulty listening in everyday situations. The Program is designed to help participants achieve effective communication in everyday situations. Classes are conducted by clinical faculty of graduate students in the Speech and Hearing Science unit of Collage of Health Solutions at Arizona State University.

#### Four weekly sessions 1.5 hours.

F	10:30am	3/11	FREE	GRSC	41890
---	---------	------	------	------	-------



COTTSDALE SENIOR

# **SENIOR SERVICES**

# **Enrichment Programs**

## LINE DANCING

F

This volunteer facilitated drop-in group is coordinated through Senior Services. Line dancing is free, with no advance registration.

Doors open at 11 am FREE GRSC



#### **BALLROOM DANCING**

Join us for ballroom dance. No advance registration needed.

2<sup>nd</sup> & 4<sup>th</sup>Th noon-2:30 pm \$8 drop-in GRSC

### WALKING CLUB (OCT.-MAY)

Come walk with Scottsdale Police Crime Prevention Team. Meet outside the entrance and walk the park/desert garden.

Tu 8 am FREE VLSC

## WALKING CLUB (STARTING JAN.2)

Come walk with Scottsdale's employee team. Meet outside of Eldorado Community Center by the Trolley stop.

Tu 9-10 am FREE GRSC



**NATURE & BIRDING WALK (OCT.-MAY)** Bring binoculars, hat and wear comfortable walking shoes. Meet outside the main entrance at Via Linda Senior Center. Please contact Via Linda front desk.

### KARAOKE

Join us for a free afternoon of singing. No registration is required.

$2^{nd}$ & $4^{th}$ Th	2-5 pm	FREE	GRSC
------------------------	--------	------	------

## OPEN ART STUDIO

During this time, the art room will be made available for you to explore your creative side. This is a self-led program open to painters, illustrators, and crafters alike.

#### Adult Art Studio

2<sup>nd</sup> & 4<sup>th</sup> W

W	9 am-noon	FREE	GRSC	
Open A	rts & Crafts			
М	9 am-noon	FREE	GRSC	
W	12:30-4 pm	FREE	VLSC	
Th	1:30-4 pm	FREE	GRSC	

## Knitting/Crocheting (Flying Needles)

4-7:45 pm FREE VLSC



### SCOTTSDALE STRUMMERS

Drop-in ukulele group that meets at Granite Reef Senior Center. There is no cost to this program, and all levels are welcome.

F	10 am-noon	FREE	GRSC	
Beginne	ers			
М	1-2 pm	FREE	GRSC	

### FRIDAY MOVIE MATINEE

Free movie at Granite Reef and Via Linda Senior Center. No registration required. Check with the senior centers for update showings.

F	1-4 pm	FREE	GRSC
F	1-4 pm	FREE	VLSC

### **TECH TIME WITH MARK**

Ask your questions about Smart Phones, Tablets, Laptops & Other Technology. Individualized Tutoring. No Registration Required. First Come, First Served.

	2nd Th	9-11am	Free	VLSC	
--	--------	--------	------	------	--

REGISTER FOR CLASSES AT **RECREATION.SCOTTSDALEAZ.GOV** TO LEARN ABOUT SENIOR SERVICES, GO TO **SCOTTSDALEAZ.GOV** AND SEARCH "**SENIORS.**"

# **SENIOR SERVICES**

Duplica	te Bridge		
Tu	12:45-4 pm	FREE	GRSC
Sanctione would like	te Sanction Brid d Duplicate Bridge gar emails concerning the bridgebum@hotmai	nes are sched schedule and	uled weekly If you
W	12:30 pm	\$10.00	VLSC
Fast Pla	ay Bridge (Intern	nediate Pl	ayers)
Tu	noon-3:30 pm	FREE	VLSC
Prickly	Pair Bridge (a pa	artner is ro	equired)
W	12:45-4 pm	FREE	GRSC
		dia ann	aral
Speedy	Bridge (Interme	diate Play	ersj



## **DROP-IN PLAY**

The senior centers provide space on a first come, first served basis for social cards and games. Rooms are shared use, with multiple groups playing different games at once, unless otherwise scheduled.

#### Open Card Play

Up	en caru	Play		
М	I-F	8 am-5 pm	FREE	GRSC
М	I,W & F	8 am-5 pm	FREE	VLSC
T	u & Th	1-5 pm	FREE	VLSC
Ca	nasta Ne	ewcomers		
Т	h	11 am-4 pm	FREE	GRSC
Ca	nasta			
Т	h	1-4 pm	FREE	GRSC
На	nd, Knee	e & Foot- Variat	ions of Car	nasta
М	l	9 am-1 pm	FREE	VLSC
Rui	mmikub			
W	Ι	10 am-1 pm	FREE	VLSC

#### **Open Chess**

open en	000			
Th	11 am-4 pm	FREE	GRSC	
Mah Jon	gg			
М	10:30-2:30 pm	FREE	GRSC	
Th	1-4 pm	FREE	VLSC	
Internati	onal Mah Jongg	]		
F	noon-5 pm	FREE	GRSC	
Mexican	Train Dominoes	6		
М	1-4 pm	FREE	VLSC	
Pinochle	}			
W	12:30-4 pm	FREE	GRSC	
Double D	eck Pinochle			
Double D Th	leck Pinochle 10 am-3 pm	FREE	GRSC	

# Recreation

#### **BILLIARDS**

Both the Granite Reef Senior Center and Via Linda Senior Center have phenomenal billiards rooms with 9-ft Gold Crown tables. Drop-in play is free and open to the public during normal hours of operation at each facility.

#### **CHAIR EXERCISE**

Drop-in chair exercise class open to participants who want to improve their strength and balance. No registration is required for this free class.

Tu & Th	10-11 am	FREE	GRSC	

#### FUNCTIONAL FITNESS

F	10 am-11 am	FREE	GRSC	

#### **TABLE TENNIS**

Open table tennis is available at both Granite Reef Senior Center and Via Linda Senior Center at various time throughout the week.

There is a \$2 activity fee for each use, and all levels are welcome.

:30-7:30 pm	\$2 drop-in	VLSC
-4 pm	\$2 drop-in	GRSC
-4:30 pm	\$2 drop-in	VLSC
	-4 pm	-4 pm \$2 drop-in

# **PICKLEBALL** Did you know Scottsdale has

21 Pickleball courts?

Go to ScottsdaleAZ.gov and search "Pickleball" for more information about courts and lessons.



SCOTTSDALE SENIOR

TO LEARN ABOUT SENIOR SERVICES, GO TO SCOTTSDALEAZ.GOV AND SEARCH "SENIORS."

# **SENIOR SERVICES**

# Support Groups

A wide variety of support groups are offered at both the Senior Centers. The groups are free of charge, are designed to meet the evolving needs of Scottsdale's aging population. Support groups are facilitated by non-profit organizations, social workers, volunteers and industry professionals.

ALZHEIM	ER'S SUPPOF	T GROUP	)
1 <sup>st</sup> M	1:30 pm	FREE	GRSC
DUET CA	REGIVER'S S	UPPORT (	GROUP
1 <sup>st</sup> & 3 <sup>rd</sup> Th	10 am	FREE	VLSC
GRIEF AN	D LOSS SUP	PORT GRO	OUP
1 <sup>st</sup> & 3 <sup>rd</sup> M	1 pm	FREE	GRSC
MENDED	HEARTS SUP	PORT GR	OUP
2 <sup>nd</sup> T	6 pm	FREE	VLSC
MULTIPLI	E SCLEROSIS	SUPPOR	T GROUP
2 <sup>nd</sup> T	4:30 pm	FREE	VLSC
TREMBLE GROUP)	CLEFS (PAR	KINSON'S	S SUPPORT
Th	3 pm	FREE	GRSC
LOW VIS	ON SUPPORT	GROUP	
2 <sup>nd</sup> W	10-11:30 am	FREE	VLSC
2 <sup>nd</sup> Th	2:30-4:30 pm	FREE	GRSC

### MINDFUL ART (STARTING JAN. 11)

Come enjoy an engaging, creative session for you and your family member. Designed for those experiencing dementia or low vision. We will sing, tell stories, and create art together on seasonal themes. You'll go home with an original piece of artwork, and materials to support you as a caregiver.

2 <sup>nd</sup> & 4 <sup>th</sup> Tu 10am FREE VLSC
---

# Social Groups

### **BOOK DISCUSSION GROUP**

Join us for our free book discussion group. Contact our front desk for upcoming monthly book discussion titles. All books are available in the Scottsdale Public Library.

2 <sup>nd</sup> Th	10-11:30 am	FREE	VLSC
<b>Date:</b> 1/11	<b>Book Title:</b> Black Cake	Cha	<b>hor:</b> rmaine Wilkerson
2/8	Born a Crime	Irev	orNoah

## CAN WE TALK?

This is a peer led discussion group open to men and women.

Th 10:30 am-noon	FREE	VLSC
------------------	------	------

## CURRENT EVENTS

Discuss current events, public policy, and both local and national issues in a spirited, yet respectful, environment.

W	10:30 am-noon	FREE	GRSC	
W	2-3:30 pm	FREE	VLSC	
Th	noon-2 pm	FREE	GRSC	



## FRIENDSHIP DISCUSSION GROUP

Fun and light-hearted group designed to make new friends while sharing stories, jokes, information, and memories.

Tu	10 am	FREE	GRSC

### **MEN'S DISCUSSION GROUP**

Informal peer led discussion group for men.

Tu	2-3:30 pm	FREE	VLSC

### WHAT'S ON YOUR MIND?

General discussion group that talks about anything and everything except politics.

2 <sup>nd</sup> & 4 <sup>th</sup> Tu	1:30-3 pm	FREE	VLSC

<b>ART ALL</b>	AROUND US	(DOCENT	ART	TALKS)

Come appreciate art in an intimate setting through a free visual lecture series presented by Phoenix Art Museum Docents.

Masterworks at Phoenix Art Museum					
Th	1/25	1 pm	FREE	VLSC	
	Hard Times, Hard Truth: American Scene Art of the Great Depression				
М	2/19	10 am	FREE	GRSC	
20th Century Fashion Innovators					
Th	2/22	1 pm	FREE	VLSC	

REGISTER FOR CLASSES AT **RECREATION.SCOTTSDALEAZ.GOV** TO LEARN ABOUT SENIOR SERVICES, GO TO **SCOTTSDALEAZ.GOV** AND SEARCH "**SENIORS.**"

# **Community Resources**

## **BENEFITS ASSISTANCE**

The state health insurance assistance program provides objective information regarding original Medicare. Trained Area Agency on Aging volunteers provide free personalized assistance with the preparation of Medicare and supplemental claims forms, appeals, applying for Medicare and more. To schedule a free appointment, please call the Granite Reef or Via Linda senior centers.

### **BROWN BAG PROGRAM**

The Brown Bag Program offers qualified seniors and people with disabilities food supplements including; fresh fruit & vegetables, canned goods and bakery items on a bi-monthly basis at both Senior Centers. *For more information please call Granite Reef Senior Center at 480-312-1700.* 

### CAB CONNECTION

This taxi voucher subsidy program is available to city of Scottsdale residents who are disabled or senior citizens (65+). The program serves full city limits. Vouchers pay 80% of the fare (up to \$10). Participants may request up to 20 one-way vouchers per month. *Please call the Cab Connection office at* 480-312-8747 for additional information.

## DUET

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits south of Frank Lloyd Wright Blvd. Services include grocery shopping, rides to medical appointments, paperwork or computer assistance, minor home repairs, visiting, phoning or respite. *Please call 602-274-5022 to register or request assistance*.



## FOOTHILLS CARING CORPS

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits north of Bell Road and the towns of Carefree and Cave Creek. Transportation services include mobile meals, van pooling, medical transportation and grocery shopping. *Please call* 480-488-1105 for additional information.

### HOME DELIVERED MEALS

The City of Scottsdale partners with local non-profits to provide nutritious, hot meals to qualified homebound seniors. The service also provides a daily check on the individual's condition and safety. For more information on programs in your area, please call the Area Agency on Aging at 602-264-4357.

### HOME SAFE HOME

Trained Scottsdale Fire Department volunteers visit seniors in their homes and point out potential tripping and falling hazards. Volunteers can replace smoke alarm batteries or install a new alarm and give free night lights to ensure you can see well at night. *Please call* 480-312-1817 to request your free visit.

## LOCKBOXES FOR SENIORS

The Scottsdale Area Association of REALTORS, the Scottsdale Police and Fire Departments and the Maricopa County Sheriff's Office offer free emergency lockboxes to seniors whose annual income is less than \$25,000 and at a charge of \$25 for all others. The service is available to Scottsdale and Fountain Hills residents only. *For additional information or to arrange delivery, please call* 877-229-5042 (toll free).

### **MEDILOAN PROGRAM**

The senior centers provide Scottsdale residents with medical equipment such as canes, walkers, wheelchairs and shower benches.

## **OPERATION FIX IT**

Operation Fix-It (OFI) works in the community with dedicated volunteers and city staff to assist qualified Scottsdale homeowners. The program helps qualified applicants with code enforcement referrals and issues related to health and safety on the property.

To apply for the program or learn about volunteer opportunities, please call 480-312-8703 or go to ScottsdaleAZ. gov and search "Operation Fix It."

## VALLEY METRO PARATRANSIT

East Valley Dial-a-Ride has a new name: Valley Metro Paratransit. A fleet of brand new accessible vans and minivans will now service you with Valley Metro signage and colors. They have also partnered with AAA Transportation (Yellow Cab) to provide additional service to the east valley. *Request a trip, check on an existing trip, or make changes to one by calling* 602-716-2200 or via TTY at 602-716-2118.

REGISTER FOR CLASSES AT **RECREATION.SCOTTSDALEAZ.GOV** TO LEARN ABOUT SENIOR SERVICES, GO TO **SCOTTSDALEAZ.GOV** AND SEARCH "**SENIORS.**"

SCOTTSDALE SENIOR

# LIVE LIFE TO THE FULLEST

Living at our award-winning senior living community gives you the chance to write the next chapter of your life focusing on the things that bring you joy. When you take away the stresses of taking care of a home by yourself, the possibilities of how you can spend your time open up more than you ever imagined. Picture living in a well-appointed apartment home — with the privacy to retreat to your own oasis whenever you please — but with a wealth of services and support, engaging activities and wellness programs, and top-notch amenities right at your fingertips.

Tour our community today and receive a complimentary lunch in our Four Peaks Restaurant!



McDowell Village

Contact us at McDowellVillage@mbk.com or (480) 400-8510

8300 East McDowell Road, Scottsdale, AZ 85257 • McDowellVillage.com INDEPENDENT & ASSISTED LIVING

# **CAREER SERVICES**





# **CAREER SERVICES**

Vista del Camino Community Center 7700 E. Roosevelt St., Scottsdale, AZ 85257 | 480-312-2323

Go to ScottsdaleAZ.gov, search "Career Center" Career Center Hours: Mon – Fri | 8 am – 5 pm | 480-312-0060

CONTACT:

Sheila Williams, 480-312-0058 | SWilliams@ScottsdaleAZ.gov

The Career Center is a space for job seekers to access computers to apply for jobs, update resumes and explore job opportunities-all for free. The Career Center maintains job and career fair information. With an appointment, you can meet with a skilled Career Coach for guidance on your career journey.



# Sign Up With A Career Coach!

Career Coaches are available, virtually or in-person, to assist job seekers with essential employment strategies including:

- Resume development
- Job search strategies
- LinkedIn consultation 
   Employment referrals
- Interview preparation

#### **ADDITIONAL EMPLOYMENT SERVICES:**

- Employment Referrals
- Webcam for digital interviews
- Career Closet



## Download our Career Center Events Calendar!

Get the most up-to-date information and view our upcoming career help programs.

# Go to ScottsdaleAZ.gov, search "Career Center"

STAY CONNECTED! Scottsdale Vista Career Center



# **CAREER CLASSES**

Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.

#### THE BACK TO WORKSHOP!

Learn new strategies to prepare for this new job market: resumes, online applications, digital interviews and more.

Th	10:30am	01/25	FREE	Civic Center Library
Th	10:30am	03/28	FREE	Civic Center Library

#### INTERVIEW TECHNIQUES

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Th	10:30am	02/29	FREE	Civic Center Library
Tu	10am	01/16	FREE	Vista Career Center
Tu	10am	02/20	FREE	Vista Career Center
Tu	10am	03/19	FREE	Vista Career Center

#### **JOB SEARCH STRATEGIES**

Explore effective strategies for job search and the tips and tricks to the next step.

Tu	10am	01/09	FREE	Vista Career Center
Tu	10am	02/13	FREE	Vista Career Center
Tu	10am	03/12	FREE	Vista Career Center

#### **RESUME RESCUE**

Learn the essentials to writing an effective resume, followed by a lab with formatting guidance.

Tu	10am	01/02	FREE	Vista Career Center
Tu	10am	02/06	FREE	Vista Career Center
Tu	10am	03/05	FREE	Vista Career Center



GO TO **SCOTTSDALEAZ.GOV**, SEARCH "CAREER SERVICES" Accessibility services may be available. See page 28 for details.

SCOTTSDALE HUMAN SERVICES

ST Sco

### JAN | FEB | MAR 2024

# FAMILY & SOCIAL SERVICES

**BUILDING STRONG COMMUNITIES** 

Human Services provides a variety of support throughout our Community. In addition to family and caregiver support, we work to assess needs and find programs that can be of assistance. This includes everything from food boxes to rent/mortgage assistance, eviction prevention



# Scottsdale Family Resource Center

Services that support families, parents, caregivers, expectant parents and their young children ages birth through age five. All programs and events are free, interactive and fun for both caregiver and child!

- Early literacy programs
- Family Play Time
- Parenting workshops
- Parent support groups
- Referrals to community resources
- Referrals for emergency assistance: food, utility & rental assistance

to utility assistance.



SUPPORTED BY -**拱** FIRST THINGS FIRST

Stay updated on events and children's literacy programs by downloading our Community Calendar! Go to ScottsdaleAZ.gov, search "Scottsdale Family Resource Center" or call 480-312-0038.

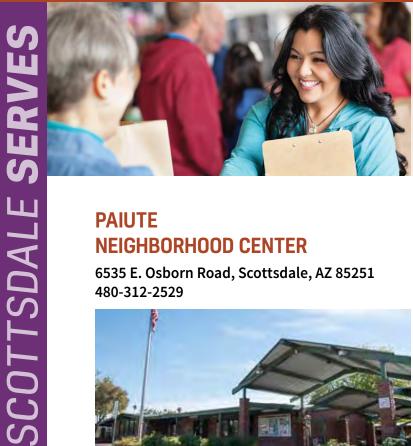
# **SOCIAL SERVICES**

Scottsdale offers a variety of social service programs from helping with housing to family assistance and back-to-school preparation. For more information on these services, go to ScottsdaleAZ.gov and search "Vista del Camino."



GO TO **SCOTTSDALEAZ.GOV,** SEARCH **"FAMILY RESOURCE CENTER"** OR **"HUMAN SERVICES"** Accessibility services may be available. See page 28 for details. SCOTTSDALE HUMAN SERVICES

# **NEIGHBORHOOD CENTERS**



# **PAIUTE NEIGHBORHOOD CENTER**

6535 E. Osborn Road, Scottsdale, AZ 85251 480-312-2529



Paiute Neighborhood Center provides a safe and diverse environment where our neighbors can come together to create a spirit of community by providing social, recreational, cultural and educational programs and services.

## **RESOURCES:**

- Family Resource Center
- Community Resources and Workshops
- WIC
- Food Pantry
- Community Assistance Office (housing)
- Head Start, Hirsch Academy and SARRC

# SERVING AND BRINGING **TOGETHER THE COMMUNITY**

Located in the heart of thriving Scottsdale Communities, our Neighborhood Centers not only offer a gathering space, but also provide Social Services, connection to other agencies, family support and more!

# VISTA DEL CAMINO **COMMUNITY CENTER**

7700 E. Roosevelt St., Scottsdale, AZ 85257 480-312-2323



Monday through Friday ...... 8 a.m. – 5 p.m.

Vista del Camino is Scottsdale's Community Action Program (CAP), providing a variety of services to residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress, and maintain self-sufficiency.

## SERVICES LIKE:

- Food Bank
- Utility Assistance
- Career Center
- Community Support Programs
- STEP (Teen Employment Program)
- Rent & Mortgage Assistance

## JAN | FEB | MAR 2024

# **HOUSING & COMMUNITY DEVELOPMENT**



# HOUSING & COMMUNITY DEVELOPMENT

Federally and locally supported programs that improve the quality of life for low to moderate-income families and assist in the stabilization of Scottsdale neighborhoods.

The Community Assistance Office (CAO) administers the city's affordable housing programs and collaborates with non-profit agencies as well as other city departments to address and meet basic and critical human needs.

- Federal Housing Choice Voucher (HCV) Program
- Housing Rehabilitation Programs:
  - <u>Green Housing Rehabilitation Program</u> offers an interest-free deferred loan to qualified low and moderate income homeowners to finance a contract for home repairs between a homeowner and a contractor.
  - Roof Repair and Replacement Program provides assistance to repair or replace deteriorated roofing systems that pose a serious threat to the health, safety or welfare of a household.
  - Emergency Repair Program provides assistance through a grant to address household repairs that affect the immediate livability of the home. Repairs are limited and assistance is based on priority of emergency.

## **Community Assistance Office**

6535 E. Osborn Road – Bldg. 8 Scottsdale, AZ 85251

#### Phone: 480-312-7156

TDD: 480-312-7411 or AZ Relay 7-1-1

Contact: ScottsdaleHousingInfo@ScottsdaleAZ.gov Go to ScottsdaleAZ.gov, search "CAO"





# Foster Youth to Independence

When transitioning from foster care, youth aged 18-25 need all the help they can get. The Scottsdale Housing Agency in partnership with the DCS Office of Prevention has a housing voucher program available that can assist with rent while allowing youth to concentrate on continued education, developing household and budget management skills, and finding stable employment.

For more information about the Foster Youth to Independence program, email: FYITPV@azdcs.gov or ScottsdaleHousingInfo@ScottsdaleAZ.gov

# SCOTTSDALE WINTER 2024 - JAN | FEB | MAR

# WINTER IS A GREAT TIME TO ENJOY THE PRESERVE!

Scottsdale's McDowell Sonoran Preserve encompasses over 30,500 acres of permanently protected Sonoran Desert and mountains. It is home to a magnificent array of desert adapted plants and animals, and affords stunning views of the McDowell Mountains.

The Scottsdale Preserve also boasts an interconnected network of over 225 miles of trails for hiking, mountain biking and horseback riding. The trails can be accessed from one of eight major trail head facilities, and are open sunrise to sundown. Amenities vary at each trail head; visit the City's website for more details. Trail maps are available free of charge at all major trail heads, and can also be downloaded by visiting **ScottsdaleAZ.gov and searching "Preserve Maps."** 

The Preserve is divided into two primary regions – the Southern and Northern.

• The **Southern Region** is home to the McDowell Mountains, and contains some of the steeper and more challenging trails of the Preserve. The trails of the southern region are very rocky, so be sure to wear sturdy footwear.

#### Trailheads: Sunrise, Lost Dog Wash, Gateway, and Tom's Thumb.

• The terrain of the **Northern Region** is comprised mainly of rolling desert topography, punctuated by a series of smaller mountains. The trails are much smoother than the south, with dramatically less rock. Because of these characteristics, the Northern Region is very popular with mountain bikers and equestrians.

Trailheads: Pima Dynamite, Brown's Ranch, Fraesfield and Granite Mountain.

# **PINNACLE PEAK PARK**

#### Pinnacle Peak Park | 26805 N. 102<sup>nd</sup> Way

Pinnacle Peak Park features a moderate out-and-back trail through the pristine Sonoran Desert environment. The park is a total of 150 acres, and the trail length is 2 miles, one way. It's a great hike for all ages and activity levels – with fantastic views!

#### Visit ScottsdaleAZ.gov and search "Pinnacle Peak Park"

for more information about the park, trail information, hours and more.

\*Dogs are not allowed on the Pinnacle Peak Park trail.



## DISCOVER MORE OF THE PRESERVE ON ONE OF OUR GUIDED WALKS!

explor

Enjoy a 1-2 mile walk in the McDowell Sonoran Preserve with a Natural Resources Coordinator or Preserve Manager. After this 2 hour walk, you will know more about the Sonoran Desert's plants, animals, geology, and so much more! Please wear proper outdoor clothes, bring enough water, and snacks for yourself! No fee but registration is required.

Su	1/7	9-11 am	Brown's Ranch
М	1/15	9-11 am	Fraesfield
W	1/24	9-11 am	Lost Dog Wash
F	2/9	9-11 am	Tom's Thumb
М	2/12	9-11 am	Brown's Ranch
W	2/21	10 am-12 pm	Pima Dynamite
F	2/23	9-11 am	Gateway
W	3/6	8-10 am	Brown's Ranch
W	3/13	7-9 am	Lost Dog Wash
F	3/15	7-9 am	Pima Dynamite
W	4/10	7-9 am	Ringtail
Th	4/11	8-10 am	Tom's Thumb
Su	4/14	8-10 am	Granite Mountain
F	4/26	7-9 am	Brown's Ranch

For more information and to register, visit **Recreation.ScottsdaleAZ.gov** and search **"Guided Walks."** 

# **PINNACLE PEAK PARK EVENTS**

#### FULL MOON & SUNSET HIKES

These cool evening hikes to the Grandview Overlook allow visitors to experience the park after hours at their own pace. These 90 minute, 1.5 mile hikes are safe and fun for the whole family! Staff and volunteers will be on the trail to assist visitors and answer questions. No fee but registration is required.

Th	1/25	5:30-7 pm	Full Moon
Sa	2/10	5:45-7:15 pm	Sunset
Sa	2/24	6-7:30 pm	Full Moon
Tu	3/16	6:30-8 pm	Sunset
М	3/25	6:30-8 pm	Full Moon

#### **ASTRONOMY EVENINGS**

NASA Solar System Ambassador Mark Johnston will highlight that evening's visible objects, including planets, multiple star systems, globular clusters and nebulae through a high end refractor telescope, Beginners are welcome and no hiking is required. Participants are encouraged to bring binoculars and a small penlight flashlight.

F	1/19	6:15-7:45 pm
F	2/2	6:30-8 pm
F	3/1	7-8:30 pm

#### WILDLIFE DISCOVERY

Local non-profit wildlife rescue, rehabilitation, and education organizations will be near the Ramada exhibiting live animals. This education opportunity is free for visitors of all ages.

Sa	2/10	10 am-noon	
Sa	2/17	10 am-noon	
Sa	2/24	10 am-noon	

For all event information, visit ScottsdaleAZ.gov/parks/pinnacle-peak-park/tours-and-events

# April 13, 2024 WestWorld Register: www.tourdescottsdale.org

SCOTTSDALE

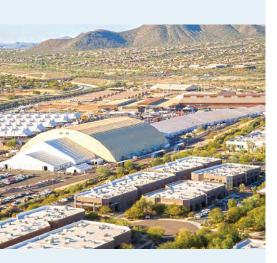
HONOR HEALTH

# **BROUGHT TO YOU BY:**





www.mcdowellsonoran.org



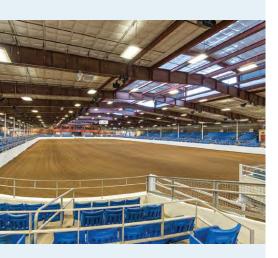




WestWorld of Scottsdale is a premier, nationally recognized, multi-use events facility serving the Scottsdale community and visitors. Located at 16601 N. Pima Road, this city-owned facility hosts a wide array of events each year, enjoyed by hundreds of thousands of people.

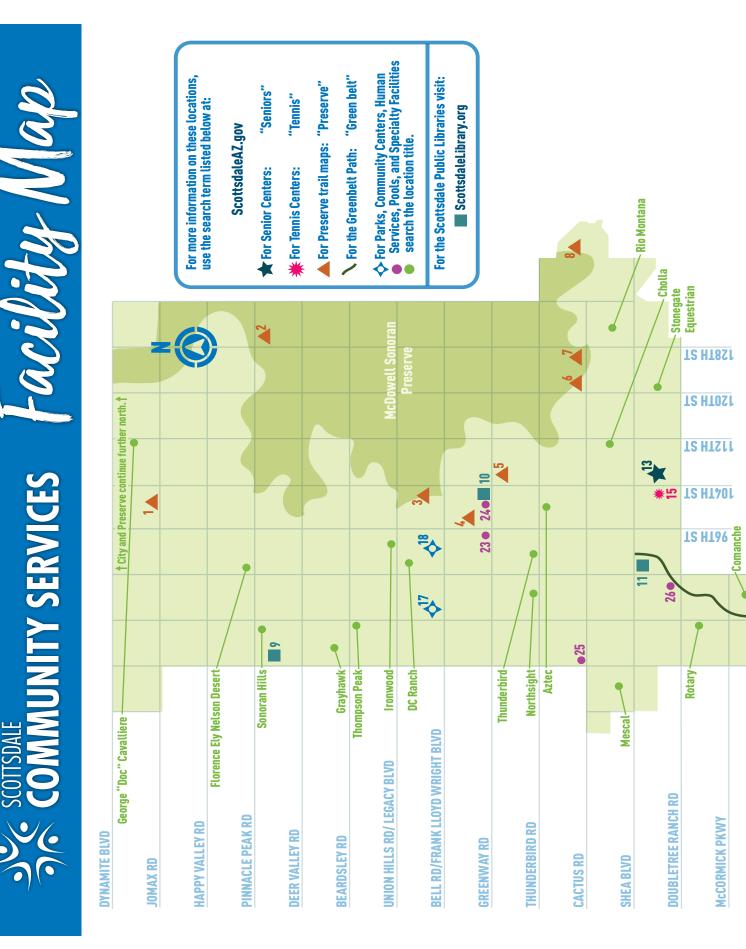
# Learn more about these events at WestWorldAZ.com.





# **Scottsdale Community Services**





<ul> <li>Parks Agua Linda Park 8732 E. McDonold Dr.</li> </ul>	Apache Park 1201 N. 85th Pl. Aztec Park 13636 N. 100th St. Camelback Park Hoyden & Comelbock	Chesnutt Park 4565 N. Granite Reet Road Cholla Park 11320 E. Via Linda Comanche Park 7639 Via Paseo del Norte DC Park Derk 7600 N 91ct St	Florence Ely Nelson Park 8950 E. Pinnocle Peok Rood George "Doc" Cavalliere Park 27775 N. Almo School Pkwy. Grayhawk Neighborhood Park 20726 N. 76th St.	Ironwood Park 18650 N. 94th St.	Latayette Park 6/45 E. Lofoyette Blvd. Mescal Park 11015 N. 68th Pl.	Nature Area 6001 N. nayaen koud Northsight Park 8400 E. Thunderbird Road Osborn Park 7775 E. Osborn Road Deinte Dark 2010 N. 6444 St	Papago Rotary Park 7316 E. Gorfield St. Pima Park 8600 E. Thomas Road Rio Montana Park 11180 N. 132nd St.	Rotary Park 7959 E. Doubletree Ronch Rood Scottsdale Civic Center Mall 3939 N. Drinkwater Blvd. Shoshone Park 8300 Via De Dorado Solstice Park 4420 N. Scottsdele Road Sonoran Hills Park 7625 E. Williams Dr. Stonegate Equestrian Park 9555 N. 120th St. Thomas Road Bike Stop 7801 E. Thomas Road Thomason Peak Park 20199 N. 78th Pl. Thunderbird Park 9170 E. Thunderbird Road Zuni Park 7343 Via del Elementol	<ul> <li>Parks, Recreation &amp; Human Services</li> <li>Community Centers and Pools</li> <li>23 Horizon Park &amp; Community Center</li> </ul>	<ul> <li>24) McDowell Mountain Ranch Park &amp; Aquatic Center 15525 N. Thompson Peak Pkwy.</li> <li>25) Cactus Park &amp; Aquatic Center 7202 E. Cactus Road</li> <li>26) Mountain View Park &amp; Community Center 8625 E. Mountain View Road</li> </ul>	<ul> <li>27) Chaparral Park, Aquatic &amp; Community Center 5401 N. Hoyden Roud</li> <li>28) Paiute Neighborhood Center 6535 E. Osborn Roud</li> <li>29) Eldorado Park, Aquatic &amp; Community Center 2311 N. Miller Roud</li> <li>30) Vista Del Camino Park &amp; Community Center 7700 E. Roosevelt St.</li> </ul>
Shoshone	y Contraction of Area	27 Agua Linda	214 Camelback **16 Chesnutt	12/ Osborn	Pima	● Ttomas Road Bike Stop	30 Apache Greenhelt	Multipurpose Path	<b>7 Senior Centers</b> (3) Via Linda Senior Center 10440 E. Via Linda (4) Granite Reef Senior Center 1700 N. Granite Reef Road	<ul> <li>Tennis Centers</li> <li>15) Scottsdale Ranch Park &amp; Tennis Center</li> <li>10400 E. Vio Lindo</li> <li>16) Indian School Park &amp; Tennis Center</li> <li>4289 N. Hoyden Road</li> </ul>	<ul> <li>Specialty Facilities</li> <li>T7) Scottsdale Sports Complex 8081 E. Princess Dr.</li> <li>18) Bell94. Sports Complex 9390 E. Bell Road</li> <li>19) McCormick-Stillman Railroad Park 7301 E. Indian Bend Road</li> <li>20) Adapted Services Center 8102 E. Jackrabbit Road</li> <li>21) Club SAR Fitness Center 8055 E. Camelback Road</li> <li>22) Scottsdale Stadium 7408 E. Osborn Road</li> </ul>
INDIAN BEND RD	McDONALD DR	CHAPARRAL RD Solstice	INDIAN SCHOOL RD LaFayette	Scottsdale Civic Center Mall	THOMAS RD Paiute Park - 22	McDOWELL RD	McKELLIPS RD Papago Rotary	TS HTAA	<ul> <li>Hiking Traits</li> <li>Pinnacle Peak Park 26802 N. 102nd Woy</li> <li>Tom's Thumb 23015 N. 128th St.</li> <li>Comment of Party 2015 N. 128th St.</li> </ul>	*	<ul> <li>Public Libraries</li> <li>9) Appaloosa Library 7377 E. Silverstone Dr.</li> <li>10) Arabian Library 10215 E. McDowell Mnt. Runch Road</li> <li>11) Mustang Library 10101 N. 90th St.</li> <li>12) Civic Center Library 3839 N. Dinkwater Blvd.</li> </ul>

Notice: This document is provided for general information purposes only. The city of Scottsdale does not warrant its accuracy, completeness, or suitability for any particular purpose. It should not be relied upon without field verification.



# JAN



Astronomy Evenings Pinnacle Peak Park 6:15 p.m. See page 54 for details



Barrett-Jackson Collector Car Auction WestWorld of Scottsdale Visit WestWorldAZ.com/events



## **The Back to Workshop**

Civic Center Library 10:30 a.m. See page 50 for details

Check online for more information!





Parent's Night Out-Cupid's Little Helpers

Horizon Community Center 6:15 – 10 p.m. See page 11 for details



MAR



**Spring Break Camps** Various Locations See page 11 for details



All Things Senior Expo & Tradeshow Scottsdale Center for the

> Performing Arts 9 a.m. – 1 p.m. See page 44 for details



## **Spring Training Begins**

Scottsdale Stadium Visit ScottsdaleAZ.gov and search "stadium"

ScottsdaleAZ.gov ScottsdaleLibrary.org



**Exclusively Little Expo** McCormick-Stillman Railroad Park 9 a.m. – 1 p.m. Visit TheRailroadPark.com/events



## **Spring BBQ** Via Linda Senior Center noon – 2 p.m. See page 44 for details

